



FAYETTE MENTAL HEALTH DIVERSION COURT

Going Strong in 2024:

Expanding the Mental Health Court With an
Aftercare Program

***Outcomes that the
community has come to
know and expect***

*Reviewing Our
Participants'
Continued Success
AFTER THE PROGRAM...*

***LET'S TALK ABOUT
BEATING THE ODDS...***

STABLE HOUSING

ALMOST 50% ENTER PROGRAM
UNHOUSED

97% MAINTAINING STABLE
HOUSING AFTER 1 YEAR

THE RATE OF POVERTY ON ENTRY
IS MORE THAN 6 TIMES GREATER
THAN THAT OF FAYETTE COUNTY
RESIDENTS AS A WHOLE

Intersection of Mental Illness and Substance Abuse

*90% of incoming
participants:
Severe Mental
Illness
and
Substance Use
Disorder*

32% of
Those with
SUDs: **MORE
THAN ONE
SUBSTANCE**

*Success
after a
year in
the
program*

MAINTAINING SOBRIETY

Based on random urine drug
screens

- 60% of participants have maintained complete sobriety at 1 year in the program
- Compare this to the national average of 20% (National Institute on Drug Abuse, 2023)

**RECIDIVIS
M
REDUCTION**



KENTUCKY
Recidivism
Rate
46.6%



FMHC
Recidivism
Rate
17.7%



ALUMNI
PROGRAM
Recidivism
Rate **7%**

Kentucky Recidivism Rate

[Recidivism Rates by State 2022 \(worldpopulationreview.com\)](http://worldpopulationreview.com)

... a lifeline for maintaining progress made...

FMHC'S ALUMNI PROGRAM



Need for CONTINUING CARE?

- Need for support in early recovery
- Need for connection
- Need for relapse prevention
- Need for discussing daily life struggles with others
- Need for fun sober activities, especially those that are free of charge



Alumni Solution: PALS ***Participation, Alliance,*** ***Legacy, Service***

Connection to community
navigation after graduation

Continuation of engagement
with peers, socialization, &
meetings

Incentivized engagement

Trauma informed care – a
safe, supportive environment

"I graduated... my recovery did not."
-FMHC Participant



Alumni Group Impact

- Recidivism rates lowered
- Over 80% retention of participants
- Support from peers and staff
- Validation of struggles and challenges of recovery journey through no-pressure mentoring opportunities



MONETARY SAVINGS
FOR LEXINGTON

July 1, 2021– August 31, 2024
32 Graduates



FCDC Savings

Incarcerated individuals with SMI require an average of 60% more resources than other individuals

40,869 days of incarceration diverted
X \$115 /day

\$4,699,935

Law Enforcement Savings

99 post-graduate quarters X \$5,716 /quarter

National average expenditure

\$565,884

FCDC plus Law Enforcement

= \$5,265,819

July 1, 2021 – August 31, 2024



\$790,000
Investment



589% ROI

\$4,655,819
Return on
Investment



One-Time Funding

COMMUNITY DEVELOPMENT
BLOCK GRANT

JULY 2021 THROUGH
JANUARY 2023

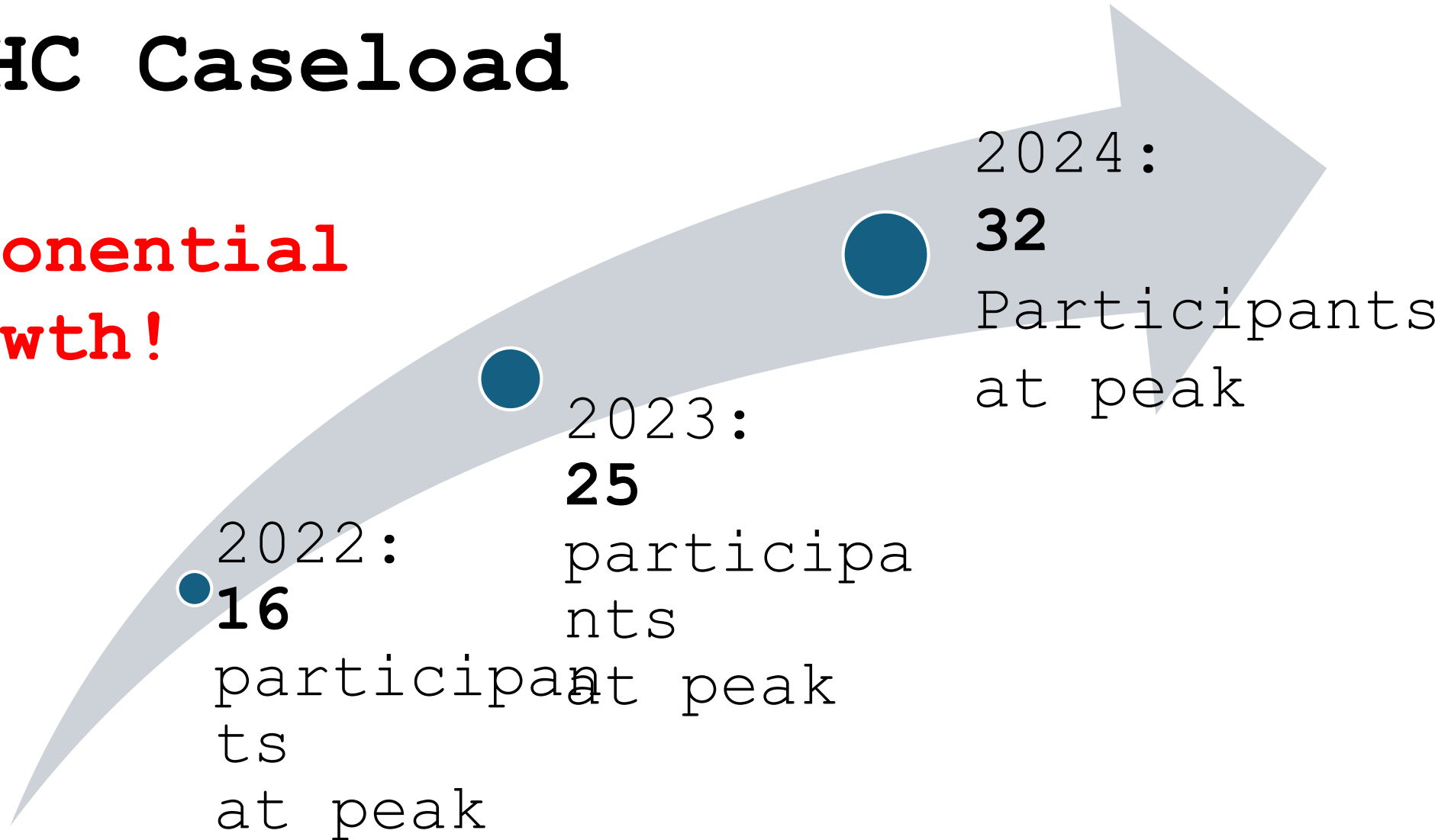
\$180,000

THANK YOU,
WE USED IT WELL!



FMHC Caseload

**Exponential
Growth!**



ALUMNI PROGRAM

PARTICIPANTS
SERVED:
25

AVERAGING **7**
PARTICIPANTS
AT TWICE-WEEKLY
GROUPS

1st
Calendar
half of
2024:
GOING
STRONG!

15 new participants!

35 Alumni Group meetings held!

Expanding our model to other KY communities; Bullitt County is up and running!

Over 80 referrals made to community partners!

Providing internship and observation opportunities to UK students!

Thank you for your time and
support!