

First 5 Lex

Read, Talk and Play from Cradle to Kindergarten

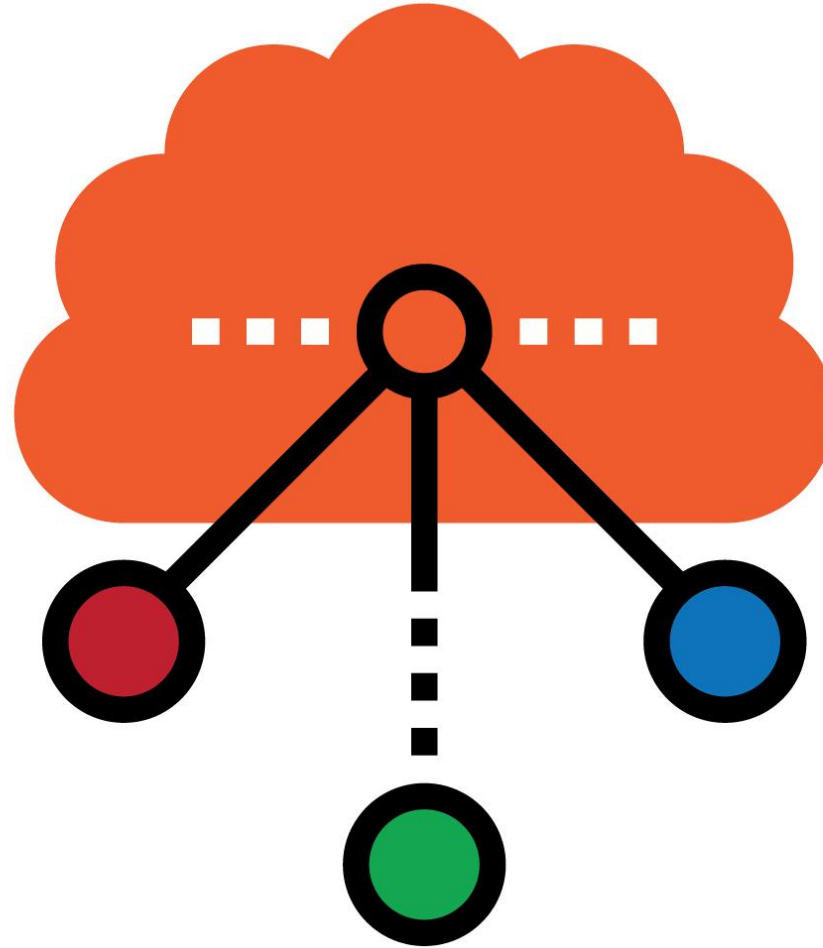
First 5 Lex MISSION

Create a collaborative community to support the whole child and the family, from quality prenatal care through early childhood, resulting in a foundation for lifelong learning.

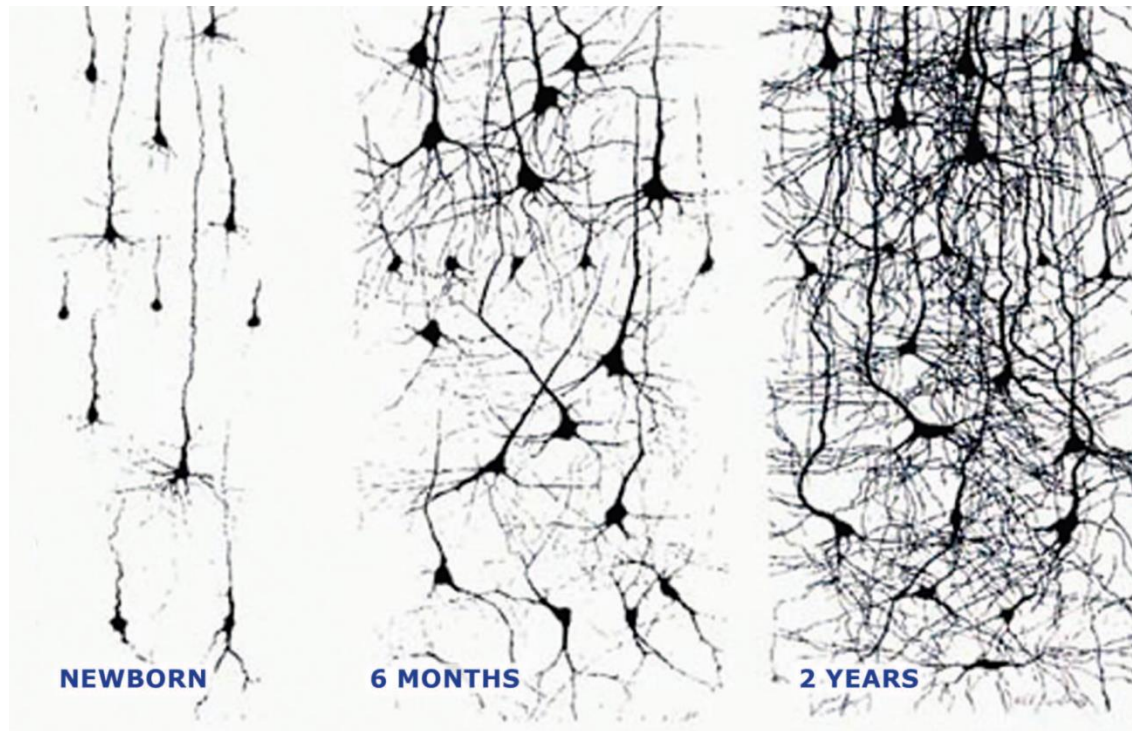
First 5 Lex PARTNERS



Build Your Child's Brain!



700 New Nerve *Connections* per Second



The three types of ACEs include

ABUSE



Physical



Emotional



Sexual

NEGLECT



Physical



Emotional

HOUSEHOLD DYSFUNCTION



Mental Illness



Mother treated violently



Divorce



Incarcerated Relative

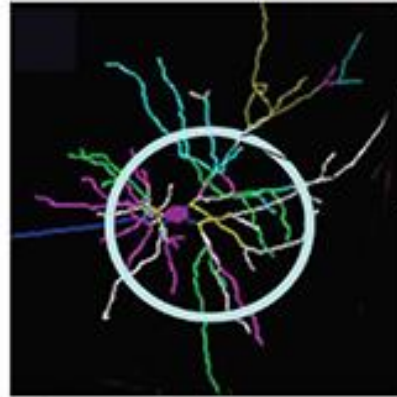


Substance Abuse

WHAT IMPACT DO ACEs HAVE?

Persistent Stress Changes Brain Architecture

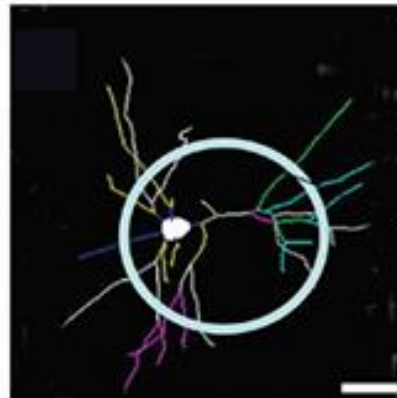
Normal



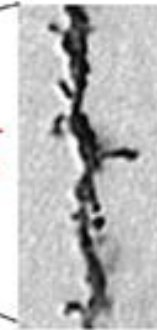
Typical neuron—
many connections



Toxic
stress



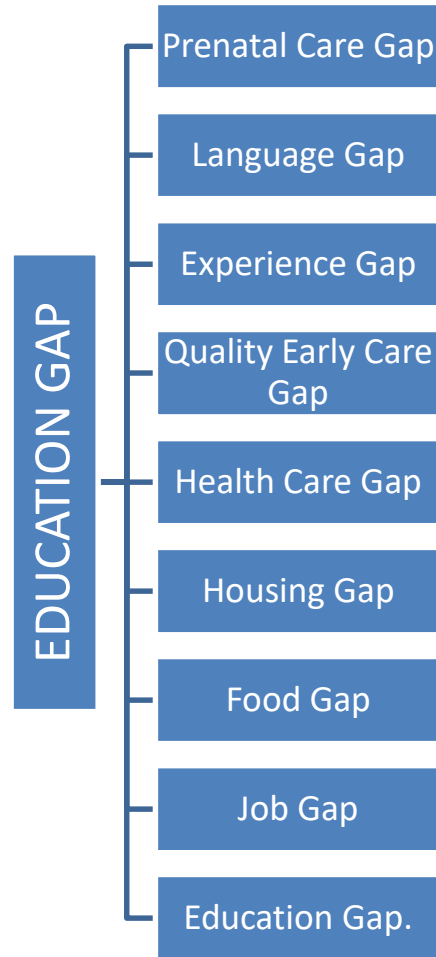
Damaged neuron—
fewer connections



Prefrontal Cortex and
Hippocampus

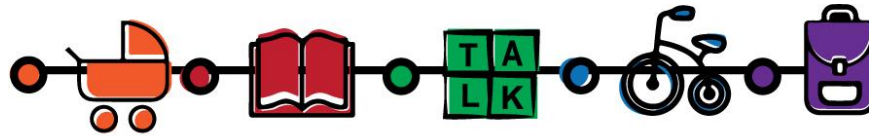
Children Birth to 5 - Poverty Levels

- 13 percent of children BIRTH TO 5 lived in deep poverty (less than 50% FPL)
- 28 percent of children BIRTH TO 5 lived in poverty (less than 100% FPL)
- 47 percent of children BIRTH TO 5 were low-income (less than 200% FPL)



Birth to five – where the Gap starts

So What Now Lexington.....



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School Readiness in Kentucky

School readiness means that each child enters school ready to engage in and benefit from early learning experiences that best promote the child's success and ability to be **Ready to Grow, Ready to Learn & Ready to Succeed.**



- Sorts and classifies objects
- Is learning to identify basic colors
- Is learning to recognize name and general shapes
- Counts up to 30
- Counts sets of objects up to 10



- Eats a balanced diet
- Gets plenty of rest
- Receives immunizations
- Receives regular medical and dental care
- Runs, jumps and does other activities



- Child is curious
- Has the ability to focus and listen
- Continues in tasks that are challenging
- Child plays in groups or pairs based on interest
- Child initiates learning experiences

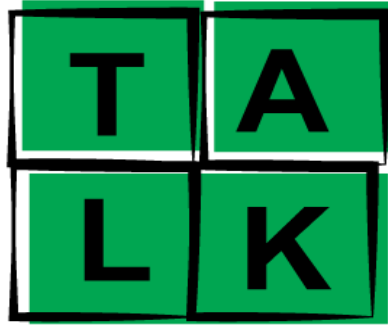


- Is learning to play and share with others
- Follows simple rules and routines
- Shows curiosity
- Is learning to explore new things
- Is learning to work alone

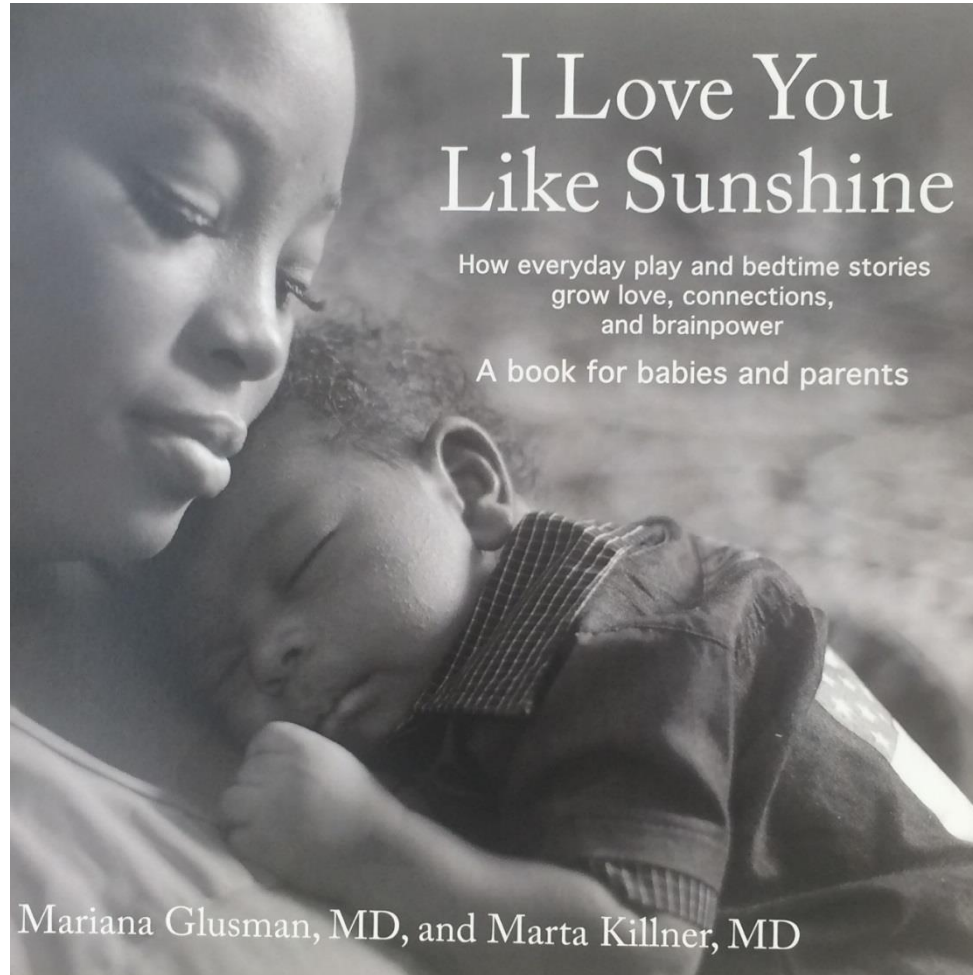


- Knows full name
- Is learning to write own name
- Uses pictures to tell stories
- Is learning home address
- Speaks in five or six word sentences

Targeted Outreach Activities



Partnering with Reach Out & Read



where great stories begin™




Outreach through Public Health





First 5 Lex
Read, Talk and Play from Cradle to Kindergarten

90% of a child's brain develops before age 5

Build your child's brain!

- 

Grab a book and start reading! It's never too early to start reading books, signs, and words to your little one.
- 

Talk about your day! Ask your child about what they see and do. Have a conversation. Talk with your baby by responding to the sounds they make.
- 

Explore the world around you! Play peek-a-boo, and hide-and-seek. Pretend to be animals, sing songs, and go outside together. Play is learning.

Connect with us for more ways to READ, TALK and PLAY with your child!

  
Like us on Facebook, Instagram & Pinterest


Download our app or visit our website:
www.First5Lex.com

Read to Me Libraries



PHONE APP FOR PARENTS & CAREGIVERS

- Available on i-phone and Android
- FREE



Quality Early Care: Read, Talk, Play for EC Professionals

- Professional Learning in Fayette County
 - Early Childhood Summit
 - Lunch & Learn
 - Child Care Council Spring Institute
 - Outreach training for childcare centers in East End and other specific zip codes



Strengthening Families

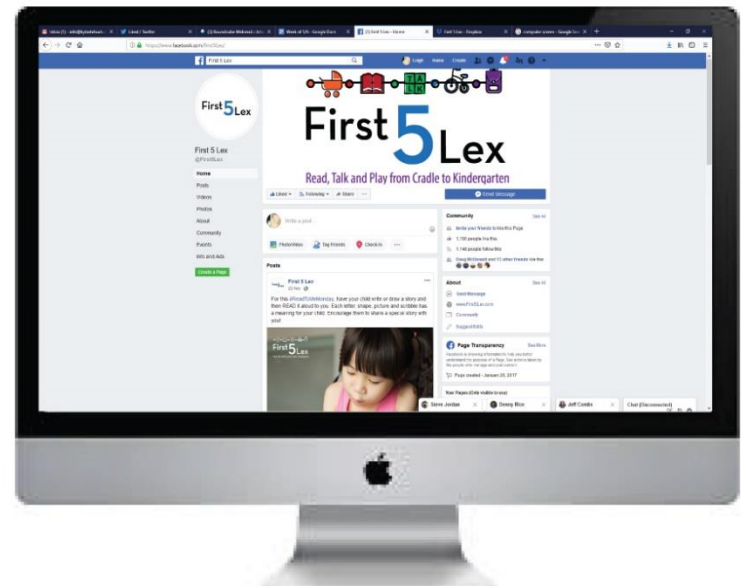


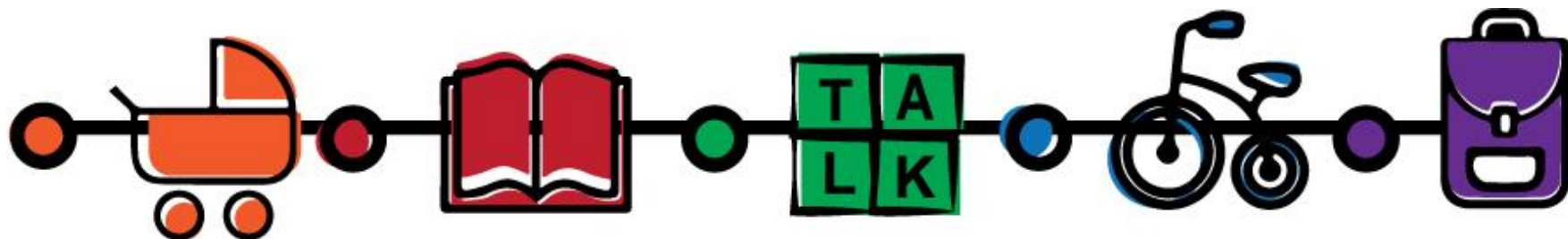
- Born Learning Academies
- Family Café
- Kindergarten Readiness Workshops
- Pre-K Learning Guides for Families

Community-Wide Communication Plan



- Social Media
- Website
- PSAs
- Signage & Materials - available for families through partnering agencies and businesses



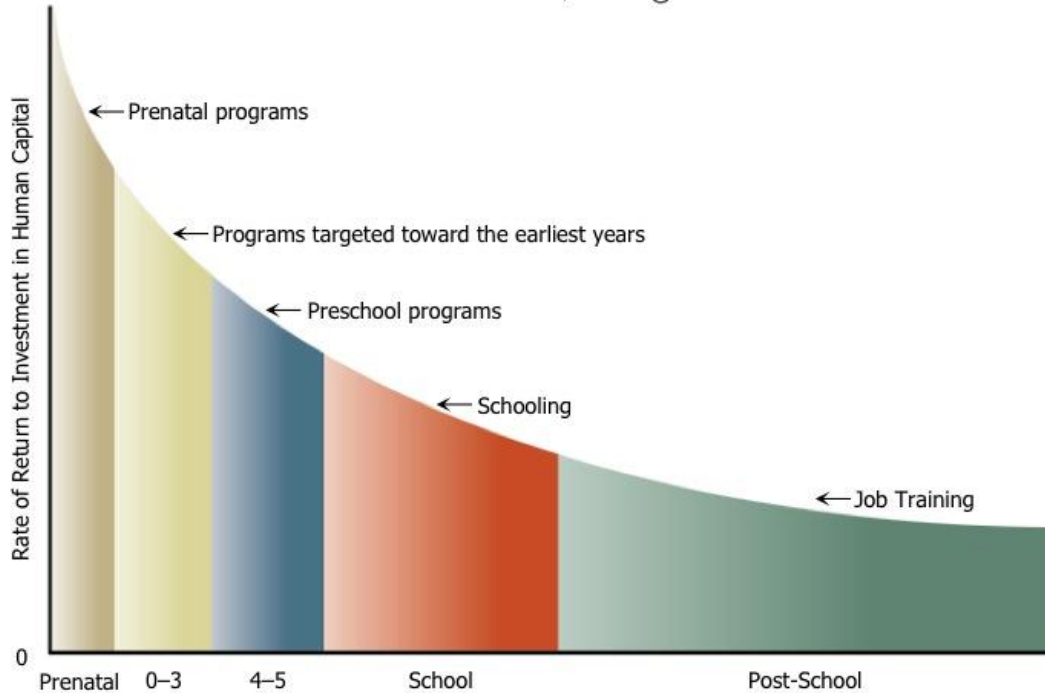


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EARLY CHILDHOOD DEVELOPMENT IS A SMART INVESTMENT

The earlier the investment, the greater the return



Source: James Heckman, Nobel Laureate in Economics