



National Alliance on Mental Illness

nami

Lexington

**INVESTING
IN WHAT
WORKS!**

2023

FAYETTE MENTAL HEALTH DIVERSION COURT

***Outcomes that the
community has come to
know and expect:***

***Reviewing Our
Participants' Continued
Success AFTER THE
PROGRAM...***

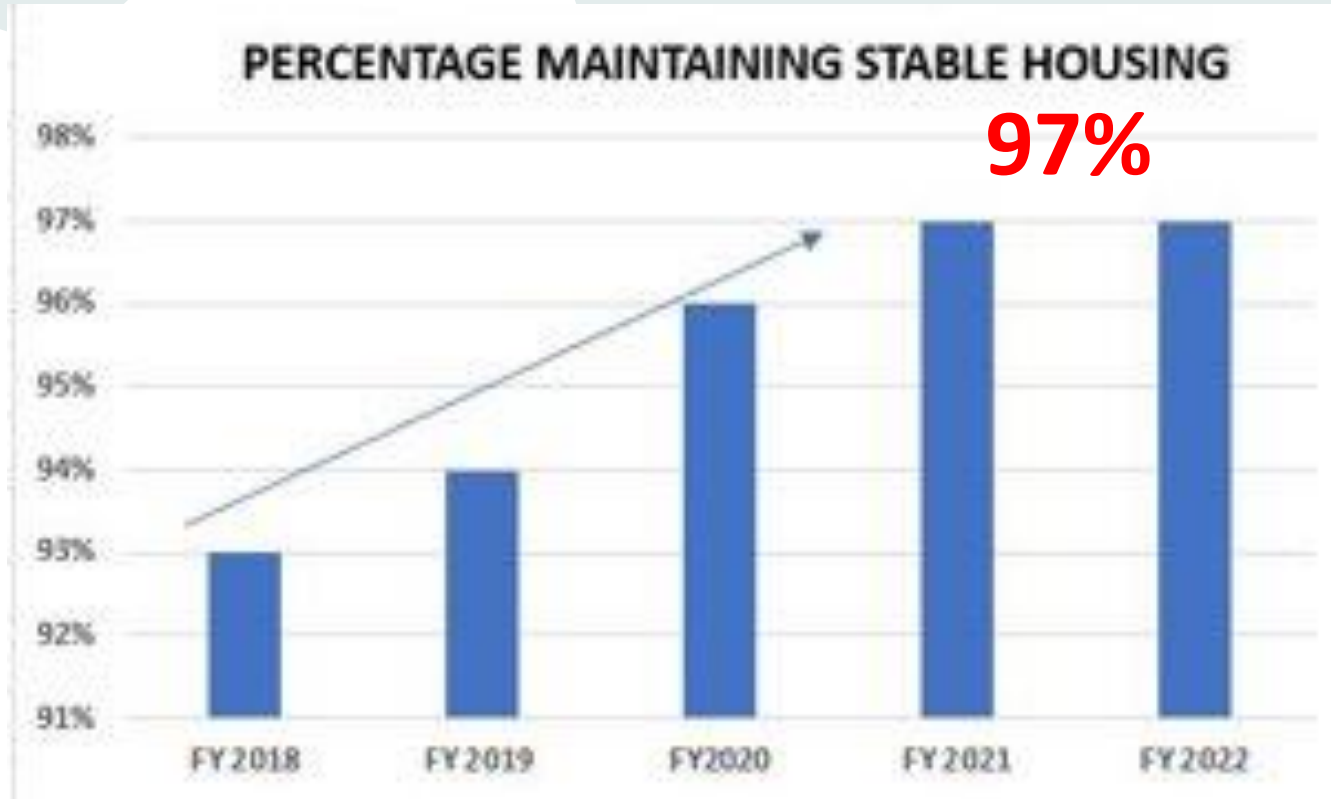
***LET'S TALK ABOUT
BEATING THE ODDS...***

*Success after a year in the program
Despite Some Very Tough Odds!*

STABLE HOUSING

31%

ENTERING
PROGRAM
UNHOUSED



The Rate of Poverty on entry is more than 6 TIMES greater than that of Fayette County residents as a whole

Intersection of Mental Illness and Substance Abuse

*90% of incoming
participants:
Severe Mental Illness
and
Substance Use Disorder*

32% of Those
with SUDs:
**MORE THAN
ONE
SUBSTANCE**

Success after a year in the program
MAINTAINING SOBRIETY



National
Average
20%
(National Institute
on Drug Abuse, 2023)

Based on
regular drug
screens

RECIDIVISM REDUCTION



KENTUCKY
Recidivism
Rate 46.6%



FMHC
Recidivism
Rate 17.7%



ALUMNI
PROGRAM
Recidivism
Rate 7%

FMHC'S ALUMNI PROGRAM



- ... a lifeline for maintaining progress made...

Need for CONTINUING CARE?



- Need for support in early recovery
- Need for connection
- Need for relapse prevention
- Need for discussing daily life struggles with others
- Need for fun sober activities, especially those that are free of charge

*Alumni Solution: **PALS*** *Participation, Alliance, Legacy, Service*

Connection to community navigation
after graduation

Continuation of engagement with peers,
socialization, & meetings

Incentivized engagement

Touchstone for community navigation
support as needed

"I graduated... my recovery did not."
-FMHC Participant



Alumni Group Impact

Recidivism rates lowered

**Over 80% retention of
participants**

**Support from peers and
staff**

**Validation of struggles and
challenges of recovery
journey through no-
pressure mentoring
opportunities**



MONETARY SAVINGS FOR LEXINGTON

July 1, 2021- June 30, 2023

15 Graduates



FCDC Savings

21,709 days of incarceration diverted

X \$72 /day

\$1,563,049

Incarcerated individuals with SMI require an average of 60% more resources than other individuals

21,709 days of incarceration diverted

X \$115 /day

\$2,496,535

Law Enforcement Savings

72 post-graduate quarters X \$5,716 /quarter

National
Average

\$703,068

FCDC plus Law Enforcement

= \$3,199,603

July 1, 2021 - June 30, 2023



\$340,000
Investment

941% ROI



\$3,199,603
Return on
Investment





EXTRA FUNDING

COMMUNITY
DEVELOPMENT BLOCK
GRANT

JULY 2021 THROUGH
JANUARY 2023

\$180,000

**THANK YOU,
WE USED IT WELL!**

FMHC Caseload



ALUMNI PROGRAM

PARTICIPANTS
SERVED:
22

AVERAGING 4 - 9
PARTICIPANTS
AT TWICE-WEEKLY
GROUPS



**THANK YOU FOR YOUR TIME
AND YOUR SUPPORT**