

A CARING PLACE VILLAGE

Incorporated 2019

501c3

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A Caring Place



A Caring Place



Introduction

WHAT DOES HEALTHY AGING MEAN TO YOU?

Strong interest in changing how society thinks about aging:
instead of a negative decline, focus on being better prepared
for changes that come with getting older



Mission-Vision-Values

Mission Statement: Recognizing that loneliness is an epidemic with adverse effects on physical and mental health, A Caring Place, a faith-based volunteer organization, takes an intergenerational approach to building friendships with people over 60 years old or disabled and live in the Bluegrass region.

Vision Statement: We imagine a world where everyone feels loved.

We Value:

Compassion to others and ourselves.

Friendships and relationships which meet our need to belong.

Hospitality which opens the door to trusting relationships & connectedness with others.

Respect and dignity for all people, as their God given right.

Inclusion and **equity** in our culture so that all can feel a sense of fulfillment.



What We Currently Offer

- Partner with UK undergrad students to provide an intergenerational approach.
- Phone buddy system: Trained volunteers are assigned referred participants, who are unable to attend our virtual or in-person socialization groups., and need daily wellness checks, or socialization.
- Semi-weekly Virtual and in person socialization groups
- Home Visits-Recreation-Events
- Mentored Volunteer opportunities: Example-Read On!
- Classes in Mindfulness and Coordinated Muscle Movement
- Free Community Education Presentations
- Resource Hub: help our participants locate community resources
- Spiritual Support
- Letters-cards sent for birthdays, holidays, thinking of you.

Who We Serve

- Seniors (60+)
- **Functionally disabled.** (Can this be people with disabilities)?
- Caregivers
- **People who are Economically Disadvantaged** People
- **Individuals who are Socially isolated or lonely** individuals

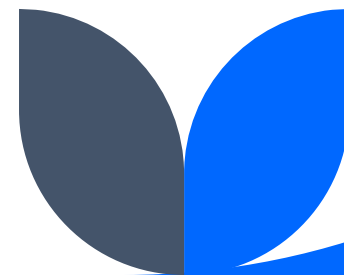


REIMAGINING HOME BLUEPRINTS



What is a Village

Maybe do a side-by-side comparison of a “village” and A Caring Place Village

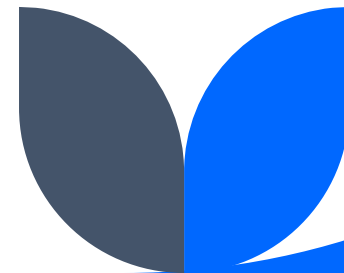


We Are A Village

A Caring Place is a community-based, nonprofit, grassroots organizations formed through a cadre of caring people who want to change the paradigm of aging.

Currently we have over 150 volunteers and over 100 participants that we serve.

Currently, we have no paid staff, and receive our funds through grants, individual donations, and events.



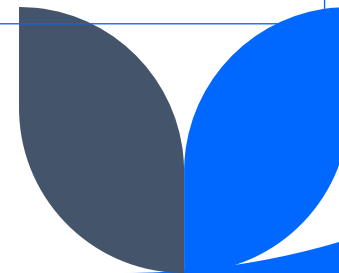
Impact



What A Caring Place has accomplished

<https://www.guidestar.org/Profile/84-3093905>

How ACP measures its results	2020	2021	2022	2023
Participants who feel more cared for	48/48	54/57	63/66	81/82
Number of youth who volunteer/participate in community service	40	45	50	12
Hours of support group services offered	3,727	4,962	4,763	6,128
Total revenue earned to support advocacy efforts	\$17,500	\$33,534	\$37,203	\$46,697



Testimonials

1. 12/25/2019: “Oh my gosh, was just getting ready to eat my crackers, when all of a sudden, here comes Christmas. I can’t believe it. And, with turkey!!!!”(88 y.o. lady at Xmas, living alone, socially isolated. Meals were crackers and peanut butter.)
2. 6/21/2020: “I do not know what I would do without A Caring Place. You have become my family”. (72 year old retired nurse. Family lives in other States. She lives independently)
3. 2/14/22: “My very first Valentine card. I can’t believe it (said while laughing). Had to wait 78 years to receive my first Valentine card. I love you too” (Velta Anderson, 76 year old Native American, living on the edge of homelessness)
4. 3/01/23: “Walter doesn’t mind if I no longer have half my chin or lower teeth. He loves me anyway, and I love him”(Paulette B: oral Cancer, and radical surgery)
5. 7/13/24: “My mother appreciated you so much. You made her feel she was still making meaningful contributions. I don’t know how she would have managed without A Caring Place in her life (Judith Bradley’s daughter, after Judy passed away)

Survey of Stonewall Neighborhood

1. 48 participants responded to a survey.
 - Get-together with neighbors for a beverage at a restaurant – 22 responses
 - Exercise (walking, swimming, yoga, etc.) – 22 responses
 - Volunteering opportunities – 20 responses
 - Discussion groups on topics of interest – 19 responses
 - Book discussion – 17 responses
 - Games (cards, board games, chess) – 16 responses
 - Hobbies and crafts – 16 responses
2. Small study indicated varying types of socialization activities were requested
3. Participants were willing to pay for this service.

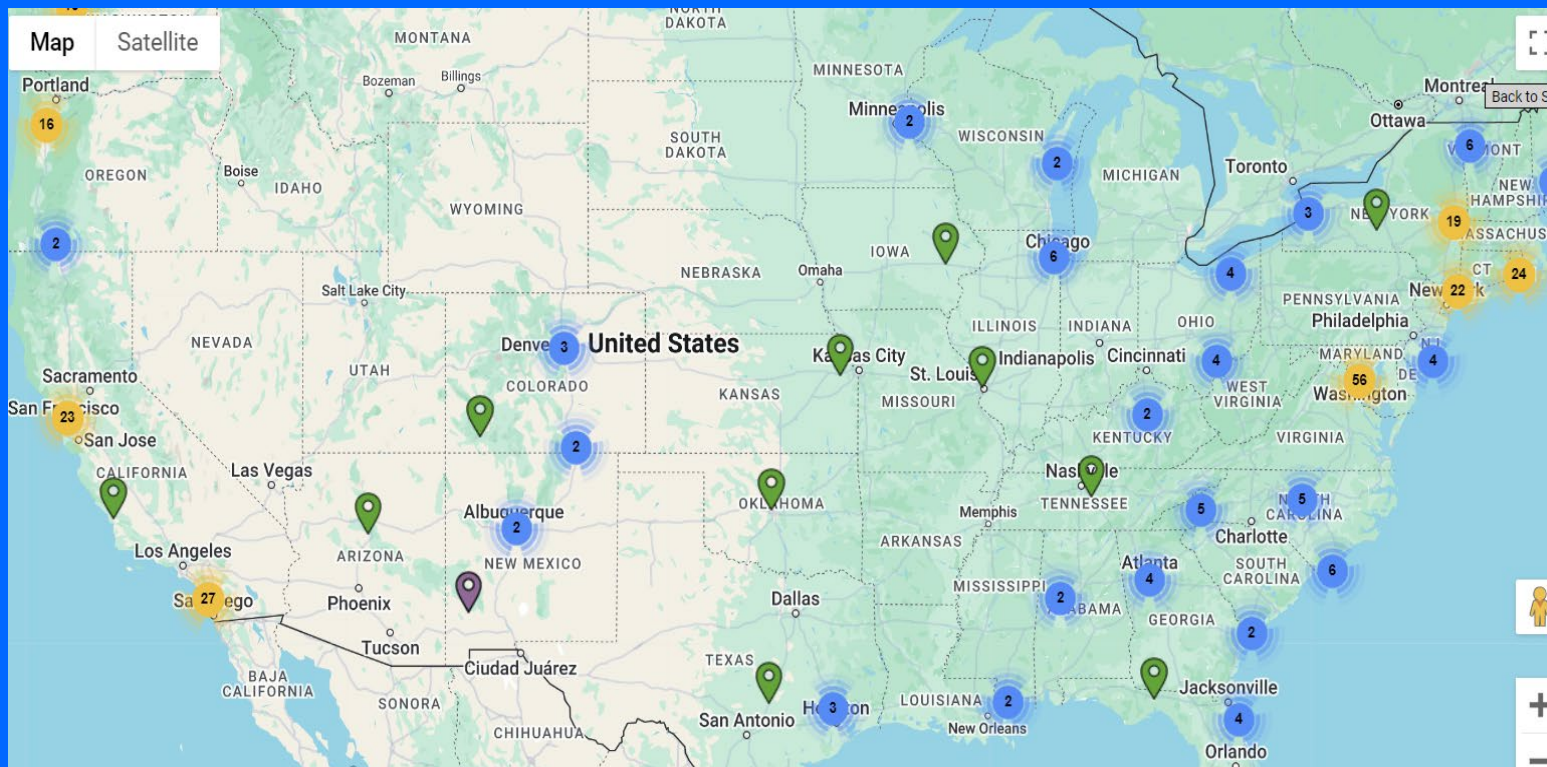


Comparison with other Villages



Location of Villages

1. Started in Beacon Hill Massachusetts in 2001
2. Two hundred currently throughout the US
3. **Kentucky has two Villages: Berea & Paducah & Lexington**
4. Louisville is currently starting a Village



Outcome of other Villages

1. A 2010 survey by AARP found that nearly 90% of older adults in America want to stay in their homes and communities as they age. The Village model helps older adults to age in a place of their choosing, connected to their communities with the practical supports and tools they need to create successful aging of their own design.
2. Villages are well positioned to improve the population health of the communities they serve. In Britain and the United States, roughly one in three people older than 65 live alone, and in the United States, half of those older than 85 live alone. Studies in both countries show the prevalence of loneliness among people older than 60 ranging from 10% to 46%. The Village Model works! Village members consistently report a positive impact on their well-being and quality of life as a direct result of their participation in their Village.

“Villages are instrumental in helping people remain in their homes and independent in their communities.” - Ilene Henshaw, AARP, Department of Government Affairs.



Structure of a Village Model

Per Barbara Sullivan, Executive Director of the Village to Village Network, the most common structure for a Village Model is a Hub and Spoke

The hub is a non-profit, that neighborhood associations or groups can join as Associate Members to reap the benefits of being a non-profit, such as fund development and optimization of resources.

Spokes would be the Neighborhood groups either physical or virtual that would connect to the Hub (A Caring Place). We have the opportunity to spread our values throughout LFUCG.

Can you begin to reimagine our town to be a more friendly, less lonely place for our elderly and disabled who would like to age in place?

The “Ask”

Questions we do not know:

- a. Which neighborhoods to involve?
- b. What services, other than our core services, should we provide?
- c. What should the cost be per member, should it be a sliding scale?
- d. What staff do we need to manage the ‘spokes’, and should it be a paid position?

*according to www.mfn.com/Kentucky-feasibility-study/

Feasibility study is needed

According to Market Feasibility Network (MFN), the cost of a feasibility study in Kentucky for our organization is approximately \$150,000*.

A Caring Place is asking for a minimum of \$150,000 to contract with a skilled individual/or group to conduct a feasibility study.

A feasibility study will help us minimize risks, optimize resources, and increase the likelihood of our success.

*according to www.mfn.com/Kentucky-feasibility-study/

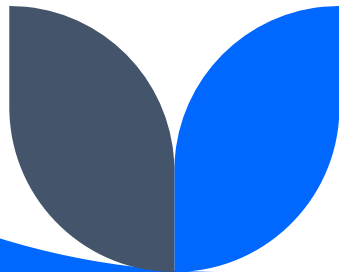
Final Takeaways





Summary

- A Caring Place Village will be a membership-based organization that brings Villages together to share best practices for enabling older adults to live independent, healthy, purposeful lives with connections to their communities. We will provide expert guidance, resources and support to help our community establish and maintain a thriving Village, and we champion the Village model at state and national levels as a best practice for healthy, vibrant aging.



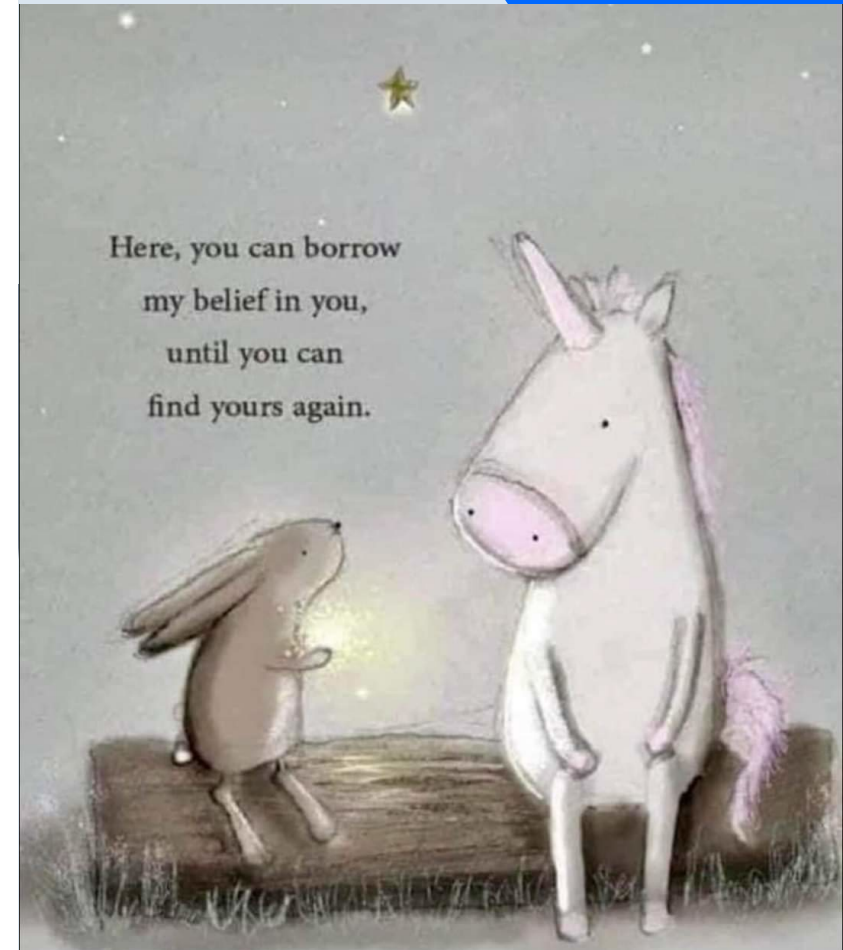
Thank you

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<https://SupportACaringPlace.org>



Here, you can borrow
my belief in you,
until you can
find yours again.