

# **Meals on Wheels of Lexington, Inc.**

1530 Nicholasville Road  
Senior Center  
Lexington, KY 40503-1435  
276-5391

Mission Statement – (see enclosed brochure)

Organizational Chart:

Board consists of President, Secretary, Treasurer,

Chairman of each unit (3 church kitchens)

Hospital units terminated January 01, 2012.

Funding:

Weekly charge to clients and private foundation (ended in 2010).

No funding from local, state or federal sources.

Budget: \$45,000.00

Cash Flow: summary enclosed

Space satisfactory

## Banking Summary - Last year

1/1/2011 through 12/31/2011

1/6/2012

Page 1

Category Description	1/1/2011- 12/31/2011
<b>INCOME</b>	
Gifts received	
Memorial gifts received	100.00
Other gifts received	2,624.50
Other Gifts received	5,000.00
TOTAL Gifts received	7,724.50
Income, misc.	5,238.05
Transfer from investments	30,000.00
<b>TOTAL INCOME</b>	<b>42,962.55</b>
<b>EXPENSES</b>	
Uncategorized	23.50
Cash out	110.00
Charity	
Charity orgnizations	25.00
Client meal support	1,726.22
TOTAL Charity	1,751.22
Dues and Subscriptions	150.00
Gift given	
Staff or Vol. gift	167.06
TOTAL Gift given	167.06
Insurance	
Office equipment	539.90
Volunteer	790.68
Workers Comp.	288.62
TOTAL Insurance	1,619.20
Kitchen equipment	6,959.62
Kitchen supplies	139.05
Office supplies	389.62
Postage and Delivery	284.84
Printing	21.20
Professional & legal fes	
Accoubting & tax prep.	1,130.00
Corp. Fee, annual	15.00
TOTAL Professional & legal fes	1,145.00
Taxes	
Fayette Co. quarterly	400.95
Federal quarterly	3,773.66
School Tax,quarterky	89.10
State, annual	881.98
TOTAL Taxes	5,145.69
Unit food supplements	
Sec. Pres. Unit	1,000.00
Trinity Baptist Unit	2,000.00
Trinity Hill Unit	2,000.00
TOTAL Unit food supplements	5,000.00
Utilities	
Internet	767.34
Telephone, Fax, Copies	695.85
TOTAL Utilities	1,463.19

Banking Summary - Last year

1/1/2011 through 12/31/2011

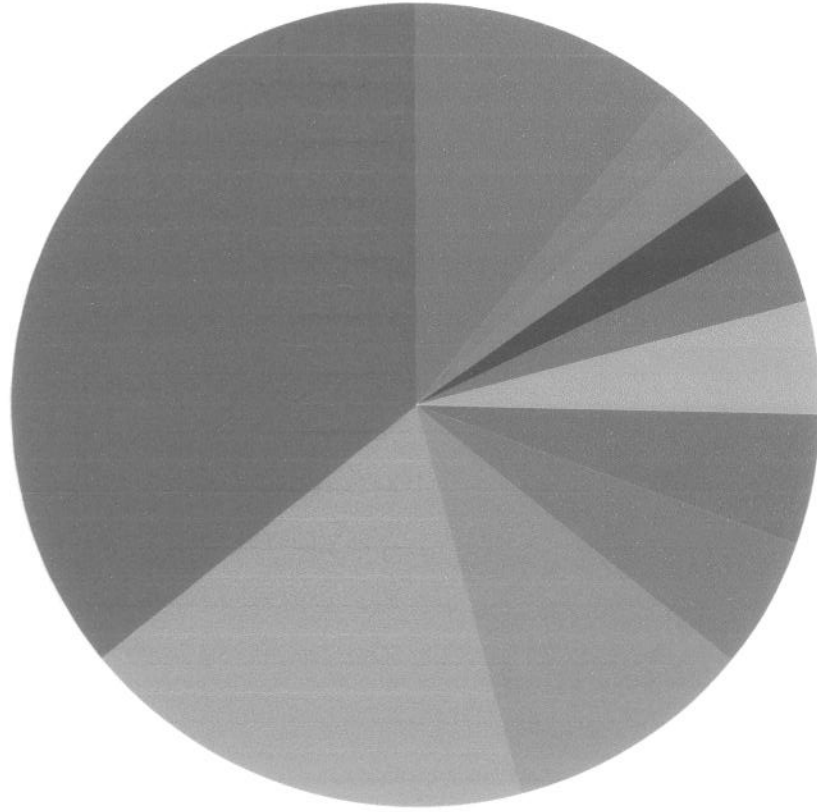
1/6/2012

Page 2

Category Description	1/1/2011- 12/31/2011
Wages	
Secretary checks	13,600.54
TOTAL Wages	13,600.54
<b>TOTAL EXPENSES</b>	<b>37,969.73</b>
<b>OVERALL TOTAL</b>	<b>4,992.82</b>

# Spending by Category - Last year

1/1/2011 through 12/31/2011



Category	Percentage
Wages:Secretary checks	35.82%
Kitchen equipment	18.33%
Taxes:Federal quarterly	9.94%
Unit food supplements:Trinity Hill Unit	5.27%
Unit food supplements:Trinity Baptist Uni	5.27%
Charity:Client meal support	4.55%
Professional & legal fes:Accounting & tax	2.98%
Unit food supplements:Sec. Pres. Unit	2.63%
Taxes:State, annual	2.32%
Insurance:Volunteer	2.08%
Other	10.82%
<b>Total</b>	<b>\$37,969.73</b>

# HISTORY

**Meals on Wheels** was started as a non-profit service at Second Presbyterian Church, October 27, 1969 with five (5) clients. In 1972 Gardenside Christian Church became a second unit until 1981. Good Samaritan Hospital began providing special diets in 1973. Trinity Baptist Church and Trinity Hill United Methodist Church became supporting units in 1979.

St. Joseph Hospital joined the program as a second special diet unit. The central office was opened in July, 1983 at the Lexington Senior Citizens Center with a 20-hour secretary.

The three (3) church cooks are paid by their respective churches. Currently 250 clients are served daily for nominal charges. There are no age or income restrictions. With an increasing waiting list and a need to expand our delivery boundaries, an additional kitchen is greatly needed.

## WHO IS ELIGIBLE?

Upon request for **Meals on Wheels**, an intake worker will determine with you your eligibility for the program. The need for the **Meals on Wheels** service by those unable to prepare or provide their own meals is the **ONLY** qualification for participation in the program.

**Meals on Wheels** is a unique humanitarian program, inspired by the desire to help solve the problems of our elderly people and the handicapped, who are primarily shut-ins.

Many people are able to live more independently in their homes with just a little outside help by **Meals on Wheels** coming with nourishing food. The impossibility of shopping and cooking no longer presents a problem.

## MEALS ON WHEELS SERVICES

### **Regular Diets:**

This service consists of three meals a day – **FIVE DAYS A WEEK** – Monday through Friday delivered between the hours of 11:00 a.m. and 1:00 p.m. This consists of a hot meal to be eaten immediately upon its arrival and a bag of cold foods (sandwich, salads, juices, beverages, milk, extra slice bread, cereals and desserts) to be refrigerated as soon as received and saved for supper and breakfast. Service provided on all weekday holidays. Deliveries are cancelled only in extremely severe weather.

### **Special Diets:**

Meals are planned by trained dietitians to meet nutritional needs of the recipients. Two meals are provided – no breakfast.

Volunteers, the backbone of the program, serve a two-fold purpose. They pack and deliver the meals, and by their friendly visit, furnish a daily outside contact. In some cases, this may be the only person the client sees or talks to during the day.