

## **New Case Document**

# <u>Lexington-Fayette Urban County</u> Government - CEPF

(Effective Date 01/01/2013)

NCD completed by: Crystal Taylor		Date: 8	/10/2012					
	Sales Account Representative: Robin Han Account Installation Manager: Crystal Taylor Wendolowski							
	AUTHORIZATION							
By signing below, the Employer:								
Authorizes Humana to draft the Evidence of Coverage based on the NCD; acknowledges that it is the Employer's responsibility to review and verify that the NCD and all document drafts are correct and if not correct to make necessary corrections in a timely manner; and select one of the following:								
☐ This authorizes Humana to build	product, plan benefits and p	rocess claims bas	sed upon this final approved NCD.					
	X This authorizes Humana to postpone product, plan benefit builds and postpone claim processing until the document is finalized and sign off has been received.							
This authorization and agreement is and Humana, effective January 1, 2		Lexington-Faye	ette Urban County Government					
Between the time successor drafts of the NCD are prepared and exchanged, any changes to the documents describing the Plan for these purposes must be in writing, state the effective date, and must be communicated to and accepted by Humana claims administration in a timely fashion.								
☐ New Client X Renewing Plan fo		ve date of Plan: ve date of Plan:	1/1/2013					
Employer Name:	Lexington-Fayette Urban C	ounty Governmen	t					
Signature:	X							
Title:								
Authorized Humana Signature:	X							
Title:								
Date:								

The Client and Humana have caused this agreement to be executed by their respective officers or representatives as duly authorized.

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## 1 EMPLOYER GROUP INFORMATION

1.	Legal Name of Employer:	Lexington-Fayette Urban County Government City Employees Pension Fund
2.	Employer DBA Name:	Lexington-Fayette Urban County Government City Employees Pension Fund
3.		LFUCG City Employees Pension Fund
	Federal Tax ID Number:	61-0923115
Ne	nme provided must match the tax ID	·
5.	Location Address:	200 E. Main Street
	(No PO Boxes)	Lexington, KY 40507
	County:	Fayette
6.	Mailing Address:	200 E. Main Street Lexington, KY 40507
	County:	Fayette
L	Journa, .	
7.	Management Contact: (Primary plan decision maker)	Lillian Bland
	Title:	Benefits Administrator
	Mailing Address:	200 E. Main Street Lexington, KY 40507
	Telephone:	859-258-3300
	Fax Number:	
	Email Address:	lillianb@lexingtonky.gov
L	Zindi radiood	Time to the second seco
8.	Administrative Contact: (Day to day administrative contact)	Lillian Bland
	Title:	Benefits Administrator
		200 E. Main Street
		Lexington, KY 40507
	Mailing Address:	
	Telephone:	859-258-3300
	Fax Number:	
	Email Address:	lillianb@lexingtonky.gov 💃
9.	What type of group sponsor is this ⊠ Employer ☐ Trustees of	
10	What type of organization is the group State Government Privately Held Corporation Other:	oup?    Local Government   Publicly Traded Corporation   Church / Religious Order

											11/2					- 33			
	38										211								

	What is the effective date of the Plan(s)?  01/01/2013							
2. 1	2. Is this a calendar or non-calendar year plan? ☑ Calendar Year ☐ Non-Calendar Year							
3. \	3. What is the Plan/Option and Prescription Rider being sold?							
Ту	pe of Plan	Plan Number	Option Number	Rx Option	Medical Benefit Slick	Rx Benefit Grid		
	LPPO	079	060	1	2013_LFUCG_LPPO_ 060_Rx1.pdf	2013 Standard Rx 1 Proposal Slick.pdf		
	LPPO	079	060	1	2013_LFUCG_LPPO_	2013 Standard Rx 1		
	LPPO	079	060	1	2013_LFUCG_LPPO_	2013 Standard Rx 1		
	LPPO	079	060	1	2013_LFUCG_LPPO_	2013 Standard Rx 1		

4.	Will a benefit revi	ew be conduc	ted with the group?	
	☐ Yes	⊠ No	Date of Benefit Review:	

	3. ID CARD INFORMATION
1.	Indicate Product Type  MA (Medical only)  MAPD (Medical with RX rider)  PDP (RX benefits only)
2.	The benefits that are checked below will appear on the ID Cards.  (Coinsurances do not display on the card – if all three are coinsurances, then there is no co-payment information listed.)
	☐ Office Visit ☐ Specialist ☐ Hospital Emergency
Cu	stomizations (Customizations are limited to a select few items)
3.	Will the Company Name be displayed on the card? ☑ Yes ☐ No If yes, please indicate the group name as it will appear on the ID card:  (26 characters; M and W count as 1.5)
L	FUCGCEPF
4.	Will the Company Logo be displayed on the card?
5.	Will the group have their own customer service phone number?
6.	Any additional notes:  (Any deviation requested from the standard card must be noted. If the group needs a sample ID card for a particular product, notify the ID Card team and they will send it to the group).
	None

## 4 ENROLLMENT INFORMATION

1.	What is the total number of eligible enrollees?
	200 Retirees
2.	What type of initial enrollment method will be used?  ☐ Paper Applications ☐ Electronic Spreadsheet (one time only) ☐ EDI File
3.	What type of on-going enrollment method will be used?  ☐ Paper Applications ☐ EDI File  ☐ Telephonic Applications
4.	For paper applications, where should applications be sent?  Note: If applications are not sent directly to Humana, the applications will need to be forwarded to Humana within seven business days of the member signature date.  Humana Group's Office TPA Office
5.	How often will enrollment changes be provided?  As Needed
6.	Will the retirees have other insurance options offered through the group?  ☑ No (Full Replacement) ☐ Yes (Slice Business) ☐ Yes (Voluntary)
	If this is slice business, what other carriers are available?
7.	Will there be an initial open enrollment period?  ☐ Yes ☐ No
	Starting Date: Ending Date:
8.	Is there an annual open enrollment period that differs from the initial enrollment period?  ☐ Yes ☐ No
	Starting Date: Ending Date:
	Comments:
9.	Are Medicare Age-Ins allowed to enroll throughout the year, or will they have to wait until the next plan year or open enrollment period?  Aging-in retirees can enroll at any time Aging-in retirees must wait until the next open enrollment period
Co	mments:
10.	Can we accept enrollments after the Open Enrollment period?  (Other than retirees aging-in to Medicare)  ☐ Yes ☑ No

11. If a retiree terminates their coverage from the plan, will they be allowed to elect back into the plan at a later date?  ☐ Yes ☐ No
Comments:
12. Are there any additional options or potential consequences if a retiree terminates or opts out of coverage? (Does the retiree lose all coverage offered by the group such as Dental, Life or Vision?)
Comments:
None
13. Will Medicare eligible spouses or dependents be able to enroll?  ☐ Spouses ☐ Dependents ☐ Neither (Employees Only)
Comments:
14. If spouses and/or dependents may enroll, may they remain on the plan if the retiree terminates coverage?  ☐ Yes ☐ N/A
Comments:
15. If multiple plan options are offered and spouses and/or dependants may enroll, will a split of coverage on separate plans be allowed?  Yes No N/A
Comments:
16. Are surviving spouses allowed to join the plan at the time of implementation?  ☑ Yes ☐ No ☐ N/A
Comments:
17. If spouses and/or dependents may enroll and the retiree passes away, will the spouse or dependent have the optio to remain on the plan?  No N/A
Comments:
No time limit imposed

Please note that if time limit is set that allows the spouse or dependant to remain on the plan, the group is responsible for informing Humana 45 days prior to the desired termination date.

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## Medicare Advantage Enrollment Notes:

**Note:** Enrollment effective date is always the 1st of the month, following the receipt date or a future effective month specified by the group.

## Terminations:

Voluntary terminations are initiated by the member. Requests for terminations must be made by a signed and dated letter submitted by the member specifically requesting a termination date.

Involuntary terminations are initiated by the employer group. These requests must be made in enough time for Humana to provide the member 30 days notice of termination. No terminations can be accepted within 30 days of the termination date per CMS regulation.

	5 BILLING SET UP INFORMATION						
1.	Is the premium a blended rate or different for each market?  ☑ Blended ☐ Market						
2.	If blended, what is the composite rate?						
	Plan Type/Option Blended Rate 079/060 \$271.00						
3.	What is the level of Billing?  ☐ Employer (E-Billed) ☐ Individual (I-Billed) ☐ Split-Billed (certain criteria must be meet)						
4.	Will the group make a contribution to the premium?  ☑ Yes ☐ No						
5.	What amount will the group contribute to the premium?						
	100% for retirees, 0% for spouses						
6.	Can customer service provide premium information to the members?  ☐ Yes ☐ No						
	If no, is there a phone number that the members can be referred to? 859-258-3300						
7.	If the group is Employer- billed or Self-billed, will the group be Pay as billed or Self-billed?  ☑ Pay as billed ☐ Self-billed						
	Pay as billed: Humana bills group monthly via invoice, each group number will have a separate bill unless requested otherwise. Self-billed: Group provides roster to Humana on a monthly basis						
8.	Will the group receive a single invoice for all accounts and markets or a single invoice for each market?  ☑ Single invoice for whole group ☐ Single invoice for each market						
9.	If this group is self-billed, how will Humana reconcile account and report discrepancies?						
	N/A						
10.	. How will you pay your bill?  (Payment is due at the 1 <sup>st</sup> of the month. Example: January premium is due January 1 <sup>st</sup> .)  ☑ Check						
	☐ Wire (push from group to Humana)						
	Name of Bank:  Routing Number:						
	Account Number:						

11. Will there be a separate billing add ☐ Yes ☐ No	dress for the invoices? ☐ N/A
11a. If yes, who would be the contact a	and what is their contact information?
Billing Contact:	
Mailing Address:	
Telephone:	
Fax Number:	
Email Address:	
12. Does the group receive the Retired BOS BOWP	e Drug Subsidy (RDS) or do they have an Employer Group Waiver Plan (EGWP)?  Neither
13. Does the group have another Pres ☐ Yes ☐ No	scription Drug Plan?
Coverage prior to enrolling? Medic	of the retirees enrolling in our plan(s) have had Creditable Prescription Drug care requires continuous prescription drug coverage at or above the Original became Medicare Eligible. Continuous coverage means going no more than 63
15. Will the group be willing to pay for Creditable Drug Coverage? ☐ Yes ☐ No	Late Enrollment Penalties, assessed by CMS for member's that did not have  N/A
	es not pay for the members' late enrollment penalty, Humana will send the y for the LEP portion of their premium.
Any additional notes:	
None	

## ABBOOK OF STREET WANTED AND STREET

Each year we must conduct a renewal process for group Medicare plans. In the interest of protecting the member's coverage, we will automatically terminate the Medicare Advantage plan if the employer does not respond to their renewal prior to December 1, 2012.

1. Renewal Date for next plan year: 01/01/2014

## 7. ANNUAL MEMBER MAILINGS

#### Coordination of Benefits (COB)

Humana's standard is to obtain Coordination of Benefit information at time of enrollment, and then annually thereafter. This information is collected in compliance with the Medicare Secondary Payer Act to ensure that Medicare should be the primary payer for the member.

## Annual Notification of Change (ANOC) Information

Renewing members will receive an ANOC informing members of changes to their plan from one year to the next. The members will receive this information during the fourth quarter of each year, provided that the employer group has chosen to renew their plan.

## **Evidence of Coverage (EOC)**

All new members receive a detailed description of their specific benefits through the Evidence of Coverage, which will arrive within 30 days of the effective date. Renewing member will receive a copy of the upcoming year's EOC along with the ANOC.

## E CLINICAL PROGRAM SUMMARY

Clinical Programs	Costs	Description of Program	Vendor Name
ActiveHealth Management Care Engine	Additional	No     Yes, ActiveHealth	
(Available to groups with 1,000 + )	Charge	L Yes, ActiveHealth	
	COMPANY OF THE COMPAN	Humana partners with ActiveHealth	
		Management (AHM), a care	
		management vendor that works with providers and members to improve	
		members' quality of health care	
	A. The state of th	AHM partners with other insurance	
		companies, employers, and government	
		payors to:	
		Improve the quality of care for patients with ongoing illnesses,	
		<ul> <li>Prevent medical errors, and</li> </ul>	
		Reduce medical costs.	
		AHM has developed technology that	
		analyzes a member's claims, pharmacy	
		information, and lab data to evaluate	
		gaps in care and offer recommendations on a patient's care to	
		members and providers.	
		AHM offers the following programs:	
		Case Management (CM)	
		Utilization Management (UM)	
		Informed Care Management     Materniah als	
		Maternichek     CareEngine	
	The state of the s	Health Risk Assessment (HRA)	
Bariatric Management	Automatically	Dedicated Bariatric RNs, provide	
banatho wanagement	included	Bariatric Case Management to eligible	
		members during the surgery process	
		through 6 months after surgery. This includes inpatient and outpatient	
		surgeries, discharge planning,	
		coordination of care, including post	
Case Management	Automatically	surgery home health needs.  Assist members with short-term case	
Case Management	included	management needs following a	
		hospitalization or health event	
	1100	Program Components:	
		Coordination of medical services such as home health	
		Assessment for unmet medical	
		needs and working with provider to	
	TAXABLE PROPERTY OF THE PROPER	<ul> <li>address those concerns</li> <li>Educate member on medications,</li> </ul>	
		physician's treatment plan, and care	
	***	following a health event	
		Referral to appropriate disease management and condition	
		management programs as	
		appropriate	

Clinical Programs	Costs	Description of Program	Vendor Name
Disease Management	Automatically included	Disease Management is the proactive management of a relatively few members with chronic medical conditions that require frequent and costly medical care. The main tenet of disease management is an intervention	
		(education, medication compliance, prevention and/or maintenance) that changes the natural course of the condition to create better outcomes and	
		lower costs. Disease Management contains all elements of case management enhanced by evidence-based guidelines/protocols for a defined set of medical conditions.	
Utilization Management (UM) (Medical/Surgical Authorizations)	Automatically included	Utilization Management is the series of processes related to managing the authorization and notification requirements of our insurance products. This includes a clinical review of services that are prospective, concurrent, and retrospective.  -10% reduction in admissions per thousand over traditional Medicare.	
		Humana consistently refines its clinical review processes to provide guidance around the appropriate use of providers who participate in the network.  Opportunities to positively impact cost through care delivery include authorization requirements on high-volume or high-risk procedures such as experimental or investigational treatments.  Prior to a hospitalization or service, Humana's Clinical Intake Team completes a preauthorization review for medical necessity and length of stay. This gives Humana an opportunity to impact care delivery through authorization requirements on high-volume or high-risk procedures such as experimental treatments.  -10% reduction in admissions per thousand over traditional Medicare	
Transplant Management	Automatically included	The specialized Transplant Department provides effective ways to help members and their families manage the complex and emotional process of organ and tissue transplants. These specialists review coverage, coordinate benefits, facilitate services, and follow the transplant recipient's progress from initial referral through treatment and recovery.	
		Humana's NTN reduces costs of transplant services by nearly 50% on average	

Clinical Programs	Costs	Description of Program	Vendor Name
Therapeutic Review Services (Utilization Management of Physical Therapy, Occupational Therapy, Speech Therapy, and Spinal Fusion)	Automatically included	OrthoNet services include an array of medical management, claims, and administrative services.  Manage all physical, occupational, and speech therapy (PT, OT, and ST) requests provided in an outpatient setting  Manage post-acute inpatient musculoskeletal care (Acute Rehab, Skilled Nursing Facility, and Long-Term Acute Care)  Review focused claims (based on provider) for variances and communicating claims adjustments to Humana for payment  Provide and administer an acute back pain case management program  Manage the pain management services listed on Humana's Commercial and Medicare Preauthorization and Notification Lists in an outpatient and inpatient setting, including spinal fusion	Humana has a partnership with OrthoNet, an expert vendor that offers orthopedic utilization and network management. The agreement with OrthoNet gives Humana access to their large network of providers and also assists in the easing of health care costs among Humana's members utilizing inpatient and outpatient therapeutic services.
RadConsult – Radiology Authorizations	Automatically included	Provides evaluation and consultation for providers ordering radiology services for members. Providers can request consultation via the telephone, fax, or internet.	Humana has a partnership with HealthHelp, an expert vendor who offers guidance and programs to ensure patients receive the appropriate outpatient advanced imaging radiology tests and treatments. HealthHelp's services improve the quality of care patients receive and also prevent illnesses caused by unnecessary exposure to radiation.

Clinical Programs	Costs	Description of Program	Vendor Name
Radiation Therapy	Automatically included	In an effort to control radiology expenses while also improving patient safety, this call center service offers convenient scheduling of imaging procedures as well as peer-to-peer consultation. Inappropriate and unnecessary imaging studies are a significant source of expense and patient inconvenience. This program is designed to help avoid those issues by educating ordering physicians on imaging procedures and best practice guidelines before the procedure is scheduled. Physicians call a toll-free number to initiate the consultation.	Humana has a partnership with HealthHelp, an expert vendor who offers guidance and programs to ensure patients receive the appropriate outpatient advanced imaging radiology tests and treatments. HealthHelp's services improve the quality of care patients receive and also prevent illnesses caused by unnecessary exposure to radiation
Humana Cares	Automatically included	<ul> <li>Involves the assignment of complex-chronic Members to one primary nurse who will become the Members primary contact</li> <li>Builds long term relationships while actively managing their comorbidities and coordinating access between internal/external programs</li> <li>Supports the most fragile of our Members with a multidisciplinary team comprised of medical, behavioral, social work, pharmacy, and home visits</li> <li>Applies evidence-based medicine to drive Member adherence to proven standards of care</li> <li>Comprised of a centralized management team to ensure consistency, performance, and flexibility</li> <li>Member for life</li> </ul>	
HumanaFirst (Nurse Assistance)	Automatically included	Members are provided an easy way to get information on health care questions by calling the HumanaFirst phone number. A staff of registered nurses listens to the caller's symptoms and helps direct the caller to the appropriate level of care based on the responses to physician-developed questions that assess specific medical complaints.  HumanaFirst is also able to provide information unique to the member's participating provider network; to make sure the member is directed to a participating physician or facility. Thirty percent of the callers are given self care instructions and do not have to seek care elsewhere making	

Clinical Programs	Costs	Description of Program	Vendor Name
Humana Active Outlook	Automatically included	Humana Active Outlook (HAO) is a health and wellness program that offers timely, interesting information on healthy living, invites members to members-only local classes and national health education events and brings them discounts and money-saving offers on products they use most.	
Member Assistance Program (MAP)	Automatically	Elements of the program include:         HAO Magazine         Live It Up! Digest         www.HumanaActiveOutlook.com         Classes         Seminars         Personalized Health Programs         HAO Marketplace  The program provides counseling,	
Member Assistance Program (MAP) [Telephonic]	included	support and guidance in the form of health and wellness information to help seniors face everyday challenges.  Members experiencing stress, anxiety or any other personal or emotional issue can benefit from the Lifeworks program.	
Humana <i>Beginnings</i> (Maternity Program)**	Automatically included	<ul> <li>Provides prenatal and postpartum guidance, education and support to all eligible pregnant Humana members.</li> <li>HumanaBeginning nurses work with ALL eligible pregnant members regardless of gestational age or pregnancy risk status. (Note: eligible age 12-50)</li> </ul>	
Telephonic Health Coaching and Tailored Web Program	Automatically included	These programs connect members to a personal health coach, who will schedule calls with members focused on changing behaviors. Members may call in to their health coach as often as needed.  Programs:  • Educate members about preventive care screenings and health practices to maintain good health  • Identify appropriate candidates for clinical programs and initiatives  • Provide education and guidance in maintaining good health and reducing risk factors that lead to illness	

#### 

## If any of the clinical programs has been outsourced, list the name of the organization below:

## Vendor #1

Service Provided	
Company Name	
Address	
Telephone Number	
Point of Contact	
Hours of Operation	

## Vendor #2

Service Provided	
Company Name	
Address	
Telephone Number	
Point of Contact	
Hours of Operation	

## 10 HUMANA UTILIZATION MANAGEMENT

## **Definition of Medical Necessity:**

Medically necessary or medical necessity means the extent of services required to diagnose or treat a bodily injury or sickness which is known to be safe and effective by the majority of qualified practitioners who are licensed to diagnose or treat that bodily injury or sickness. Such services must be:

- 1. Appropriate for and consistent with your symptoms or diagnosis of the sickness or bodily injury
- 2. Furnished for an appropriate duration and frequency in accordance with accepted medical
- Substantiated by the records and documentation maintained by the provider of service
- 4. Achieves optimally efficient use of medical resources

**Humana MA HMO and PPO members** will follow Humana Standard Preauthorization guidelines (found on Humana.com) for preauthorization.

## Referrals (HMO Products Only):

Humana will receive and complete all referral requests for members with an HMO product. All of Humana's HMO markets require referrals, except for those listed below.

No referral required. Preauthorization may be required.

Alabama	
Miabania	
Louisiana	
Mississippi	
Tennessee	

## And the Annual CLINICAL PROGRAMS IN THUMANA CLINICAL PROGRAMS IN THE

**Disease Management:** Groups will be enrolled into all programs by default if they select Humana as their choice for Disease Management services unless otherwise specified.

## ENGLISH BERNANDAR BE

## Outsourcing to another Vendor:

If the group is outsourcing Disease Management to another vendor, list the clinical conditions the outsourced vendor will follow:

Clinical Conditions: (example Asthma, Diabetes, etc):					
None					
スペング TO かたた 西西北部の南岸世界市場の いっとう かっしゃ シェン・ディー ディー・ディー	A Company of the Company				
er Afrika na Najvafalene, ana kasala Nelada (Alba a Sala) ili kabana katika katika katika katika katika katika					
大型的,是名表现国际竞技的证据的 BD 提出的 10 多数 10 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0					