LFUCG ESR Grant Program Clarification Responses
Chrysalis House, Inc.
July 6, 2020

1. Is your proposal still viable for implementation as originally submitted?
Yes. Our residential treatment program for women located at Chrysalis Court has remained opened during the COVID-19 pandemic. We continue to prioritize pregnant and parenting women who meet ASAM diagnostic criteria for substance use disorders, severe or moderate. As a result of the pandemic, many people find themselves isolated and stressed and may turn to substances to cope. Those attempting to achieve or maintain recovery will face stresses and heightened urges to use substances and will be at greatly increased risk for increased use and/or relapse (Annals of Internal Medicine, April 2020).

2. Please detail any modifications you will be making to the original submission in order to comply with the new service delivery requirements in the COVID-19 environment? (i.e. social distancing, capacity requirements, group event restrictions, etc.)
During the pandemic the bed capacity at our Chrysalis Court location has decreased from 16 beds to 14 beds to allow for quarantine/isolation rooms. New admissions will be required to stay in isolation until their COVID-19 test results are received. Once they receive a negative result they will transition into a non-isolation room and must wear a mask while in common areas. The lowered bed capacity also allows for greater social distancing within the residential treatment facility.

The Commonwealth of Kentucky Cabinet for Health and Human Services has temporarily lifted Medicaid restrictions to allow telehealth in residential treatment. Therapists at Chrysalis Court are able to provide group and individual sessions via telehealth in the event therapeutic services should need to be delivered in this manner during the pandemic. Therapists are currently utilizing telehealth technology to provide clinical services to the newly admitted clients while they are in isolation. Chrysalis has set up a secure telehealth email account and telehealth therapy room so that outside medical providers (including providers of medication assisted treatment, psychiatric services and OB care) can see clients via telehealth at the facility.

Telehealth is also an option to allow for proper social distancing and a means to provide community recovery supports. Clients are currently restricted from attending outside self-help/recovery support meetings but are given access to technology so they can participate in those activities remotely.

Clients are permitted one visitor per weekend day, allowances are made for those with multiple children not living onsite; visits must take place in a designated area.

There will not be any modifications that will affect service delivery as proposed.

3. Will these new modifications increase or decrease your proposed budget? Please detail any increases or decreases to your proposed budget including additional costs and/or other secured funding.

There are no changes to the proposed budget. As of today, July 7, 2020 we have not secured other funding for this project.