

28211107 NEW 01/08 8810004306

HOLD DOCUMENT UP TO THE LIGHT TO VIEW TRUE WATERMARK

CASHIER'S CHECK

HOLD DOCUMENT UP TO THE LIGHT TO VIEW TRUE WATERMARK

9560105586
25-3
440

VOID after 7 years

CHASE

Date

02/09/2016

Remitter: CHRISTIAN L BINGMAN

Pay To The LFUCG
Order Of:

Pay: TWO THOUSAND EIGHT HUNDRED FORTY SEVEN DOLLARS AND 64 CENTS \$** 2,847.64 **

Do not write outside this box

Memo: 5% For Bid # 127-2015

Note: For information only. Comment has no effect on bank's payment.

Drawer: JPMORGAN CHASE BANK, N.A.

Christian L Bingham

Senior Vice President
JPMorgan Chase Bank, N.A.
Columbus, OH



⑆ 9560 105586 ⑆ ⑆ 044000037⑆ 75866 1334 ⑆



Lexington-Fayette Urban County Government

Lexington, Kentucky
Horse Capital of the World

Division of Central Purchasing

Date of Issue: January 26, 2016

INVITATION TO BID #127-2015 Fitness Equipment for Senior Citizen's Center

Bid Opening Date: February 9, 2016

Bid Opening Time: 2:00 PM

Address: 200 East Main Street, 3rd Floor, Room 338, Lexington, Kentucky 40507

Type of Bid: Firm Bid

Pre Bid Meeting: N/A

Pre Bid Time: N/A

Address: N/A

Sealed bids will be received in the office of the Division of Central Purchasing, 200 East Main Street, Lexington, Kentucky, until **2:00 PM**, prevailing local time on **2/09/2016**. Bids must be received by the above-mentioned date and time. Mailed bids should be sent to:

**Division of Central Purchasing
200 East Main Street, Room 338
Lexington, KY 40507, (859) 258-3320**

The Lexington-Fayette Urban County Government assumes no responsibility for bids that are not addressed and delivered as indicated above. **Bids that are not delivered to the Division of Central Purchasing by the stated time and date will be rejected.** All bids must be signed and have the company name and address, bid invitation number, and the name of the bid on the outside of the envelope.

Bids are to include all shipping costs to the point of delivery located at: 195 Life Lane, Lexington, KY 40502

Bid Security Required: Yes No *Cashier Check, Certified Check, Bid Bond (Personal checks and company checks will not be acceptable).*

Performance Bond Required: Yes No

<input checked="" type="checkbox"/> Bid Specifications Met <input type="checkbox"/> Exceptions to Bid Specifications. <i>Exceptions shall be itemized and attached to bid proposal submitted.</i>	Proposed Delivery: <u>30-60</u> days after acceptance of bid.
Procurement Card Usage —The Lexington-Fayette Urban County Government may be using Procurement Cards to purchase goods and services and also to make payments. Will you accept Procurement Cards? <input type="checkbox"/> Yes <input type="checkbox"/> No	

Submitted by: 123 Wellness Inc

Firm Name

618 St Joseph Ln

Address

Park Hills KY 41011

City, State & Zip

Bid must be signed:  Director of Sales
(original signature) **Signature of Authorized Company Representative – Title**

Christian Bingman
Representative's Name (Typed or printed)

559-312-9063
Area Code - Phone - Extension Fax #

Chris @ 123wellnessinc.com
E-Mail Address

The Affidavit in this bid must be completed before your firm can be considered for award of this contract.

AFFIDAVIT

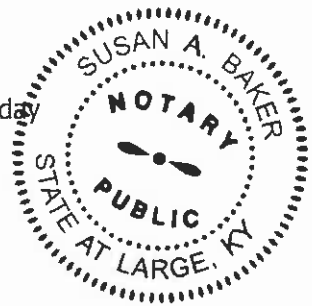
Comes the Affiant Chris Bingham, and after being first duly sworn under penalty of perjury as follows:

1. His/her name is Chris Bingham and he/she is the individual submitting the bid or is the authorized representative of 123 Wellness Inc the entity submitting the bid (hereinafter referred to as "Bidder")
2. Bidder will pay all taxes and fees, which are owed to the Lexington-Fayette Urban County Government at the time the bid is submitted, prior to award of the contract and will maintain a "current" status in regard to those taxes and fees during the life of the contract.
3. Bidder will obtain a Lexington-Fayette Urban County Government business license, if applicable, prior to award of the contract.
4. Bidder has authorized the Division of Central Purchasing to verify the above-mentioned information with the Division of Revenue and to disclose to the Urban County Council that taxes and/or fees are delinquent or that a business license has not been obtained.
5. Bidder has not knowingly violated any provision of the campaign finance laws of the Commonwealth of Kentucky within the past five (5) years and the award of a contract to the Bidder will not violate any provision of the campaign finance laws of the Commonwealth.
6. Bidder has not knowingly violated any provision of Chapter 25 of the Lexington-Fayette Urban County Government Code of Ordinances, known as "Ethics Act."
7. Bidder acknowledges that "knowingly" for purposes of this Affidavit means, with respect to conduct or to circumstances described by a statute or ordinance defining an offense, that a person is aware or should have been aware that his conduct is of that nature or that the circumstance exists

Further, Affiant sayeth naught. [Signature]

STATE OF Kentucky
COUNTY OF Fayette

The foregoing instrument was subscribed, sworn to and acknowledged before me by Christian Bingham on this the 8 day of February, 2016.



My Commission expires: February 23, 2018
[Signature]
NOTARY PUBLIC, STATE AT LARGE

Please refer to Section II. Bid Conditions, Item "U" prior to completing this form.

I. GREEN PROCUREMENT

A. ENERGY

The Lexington-Fayette Urban County Government is committed to protecting our environment and being fiscally responsible to our citizens.

The Lexington-Fayette Urban County Government mandates the use of Energy Star compliant products if they are available in the marketplace (go to www.Energystar.gov). If these products are available, but not submitted in your pricing, your bid will be rejected as non-compliant.

ENERGY STAR is a government program that offers businesses and consumers energy-efficient solutions, making it easy to save money while protecting the environment for future generations.

Key Benefits

These products use 25 to 50% less energy
Reduced energy costs without compromising quality or performance
Reduced air pollution because fewer fossil fuels are burned
Significant return on investment
Extended product life and decreased maintenance

B. GREEN SEAL CERTIFIED PRODUCTS

The Lexington-Fayette Urban County Government is also committed to using other environmentally friendly products that do not negatively impact our environment. Green Seal is a non-profit organization devoted to environmental standard setting, product certification, and public education.

Go to www.GreenSeal.org to find available certified products. These products will have a reduced impact on the environment and on human health. The products to be used must be pre-approved by the LFUCG prior to commencement of any work in any LFUCG facility. If a Green Seal product is not available, the LFUCG must provide a signed waiver to use an alternate product. Please provide information on the Green Seal products being used with your bid response.

C. GREEN COMMUNITY

The Lexington-Fayette Urban County Government (LFUCG) serves as a principal, along with the University of Kentucky and Fayette County Public Schools, in the Bluegrass Partnership for a Green Community. The Purchasing Team component of the Partnership collaborates on economy of scale purchasing that promotes and enhances environmental initiatives. Specifically, when applicable, each principal is interested in obtaining best value products and/or services which promote environment initiatives via solicitations and awards from the other principals.

If your company is the successful bidder on this Invitation For Bid, do you agree to extend the same product/service pricing to the other principals of the Bluegrass Partnership for a Green Community (i.e. University of Kentucky and Fayette County Schools) if requested?

Yes _____ No _____

II. Bid Conditions

- A. No bid may be withdrawn for a period of sixty (60) days after the date and time set for opening.
- B. No bid may be altered after the date and time set for opening. In the case of obvious errors, the Division of Central Purchasing may permit the withdrawal of a bid. The decision as to whether a bid may be withdrawn shall be that of the Division of Central Purchasing.
- C. Acceptance of this proposal shall be enactment of an Ordinance by the Urban County Council.
- D. The bidder agrees that the Urban County Government reserves the right to reject any and all bids for either fiscal or technical reasons, and to award each part of the bid separately or all parts to one vendor.
- E. Minor exceptions may not eliminate the bidder. The decision as to whether any exception is minor shall be entirely that of the head of the requisitioning Department or Division and the Director of the Division of Central Purchasing. The Urban County Government may waive technicalities and informalities where such waiver would best serve the interests of the Urban County Government.
- F. Manufacturer's catalogue numbers, trade names, etc., where shown herein are for descriptive purposes and are to guide the bidder in interpreting the standard of quality, design, and performance desired, and shall not be construed to exclude proposals based on furnishing other types of materials and/or services. However, any substitution or departure proposed by the bidder must be clearly noted and described; otherwise, it will be assumed that the bidder intends to supply items specifically mentioned in this Invitation for Bids.
- G. The Urban County Government may require demonstrations of the materials proposed herein prior to acceptance of this proposal.
- H. Bids must be submitted on this form and must be signed by the bidder or his authorized representative. Unsigned bids will not be considered.
- I. Bids must be submitted prior to the date and time indicated for opening. Bids submitted after this time will not be considered.
- J. All bids mailed must be marked on the face of the envelope:

"Bid on #127-2015 Fitness Equipment for Senior Citizen's Center"

and addressed to: Division of Central Purchasing
 200 East Main Street, Room 338
 Lexington, Kentucky 40507

The Lexington-Fayette Urban County Government assumes no responsibility for bids that are not addressed and delivered as indicated above. Bids that are not delivered to the Division of Central Purchasing by the stated time and date will be rejected.

- K. Bidder is requested to show both unit prices and lot prices. In the event of error, the unit price shall prevail.
- L. A certified check or Bid Bond in the amount of 5 percent of the bid price must be attached hereto. This check must be made payable to the Lexington-Fayette Urban County Government, and will be returned when the material and/or services specified herein have been delivered in accordance with specifications. In the event of failure to perform within the time period set forth in this bid, it is agreed the certified check may be cashed and the funds retained by the Lexington-Fayette Urban County Government as liquidated damages. Checks of unsuccessful bidders will be returned when the bid has been awarded.
- M. The delivery dates specified by bidder may be a factor in the determination of the successful bidder.
- N. Tabulations of bids received may be mailed to bidders. Bidders requesting tabulations must enclose a stamped, self-addressed envelope with the bid.
- O. The Lexington-Fayette Urban County Government is exempt from Kentucky Sales Tax and Federal Excise Tax on materials purchased from this bid invitation. Materials purchased by the bidder for construction projects are not tax exempt and are the sole responsibility of the bidder.

- P. All material furnished hereunder must be in full compliance with OSHA regulations.
- Q. If more than one bid is offered by one party, or by any person or persons representing a party, all such bids shall be rejected.
- R. Signature on the face of this bid by the Bidder or his authorized representative shall be construed as acceptance of and compliance with all terms and conditions contained herein.
- S. The Entity (regardless of whether construction contractor, non-construction contractor or supplier) agrees to provide equal opportunity in employment for all qualified persons, to prohibit discrimination in employment because of race, color, creed, national origin, sex or age, and to promote equal employment through a positive, continuing program from itself and each of its sub-contracting agents. This program of equal employment opportunity shall apply to every aspect of its employment policies and practices.
- T. The Kentucky Equal Employment Opportunity Act of 1978 (KRS 45.560-45.640) requires that any county, city, town, school district, water district, hospital district, or other political subdivision of the state shall include in directly or indirectly publicly funded contracts for supplies, materials, services, or equipment hereinafter entered into the following provisions:

During the performance of this contract, the contractor agrees as follows:

- (1) The contractor will not discriminate against any employee or applicant for employment because of race, color, religion, sex, age or national origin;*
- (2) The contractor will state in all solicitations or advertisements for employees placed by or on behalf of the contractors that all qualified applicants will receive consideration for employment without regard to race, color, religion, sex, age or national origin;*
- (3) The contractor will post notices in conspicuous places, available to employees and applicants for employment, setting forth the provisions of the non-discrimination clauses required by this section; and*
- (4) The contractor will send a notice to each labor union or representative of workers with which he has a collective bargaining agreement or other contract or understanding advising the labor union or workers' representative of the contractor's commitments under the nondiscrimination clauses.*

The Act further provides:

KRS 45.610. Hiring minorities - Information required

- (1) For the length of the contract, each contractor shall hire minorities from other sources within the drawing area, should the union with which he has collective bargaining agreements be unwilling to supply sufficient minorities to satisfy the agreed upon goals and timetable.*
- (2) Each contractor shall, for the length of the contract, furnish such information as required by KRS 45.560 to KRS 45.640 and by such rules, regulations and orders issued pursuant thereto and will permit access to all books and records pertaining to his employment practices and work sites by the contracting agency and the department for purposes of investigation to ascertain compliance with KRS 45.560 to 45.640 and such rules, regulations and orders issued pursuant thereto.*

KRS 45.620. Action against contractor - Hiring of minority contractor or subcontractor

- (1) If any contractor is found by the department to have engaged in an unlawful practice under this chapter during the course of performing under a contract or subcontract covered under KRS 45.560 to 45.640, the department shall so certify to the contracting agency and such certification shall be binding upon the contracting agency unless it is reversed in the course of judicial review.*
- (2) If the contractor is found to have committed an unlawful practice under KRS 45.560 to 45.640, the contracting agency may cancel or terminate the contract, conditioned upon a program for future compliance approved by the contracting agency and the department. The contracting agency may declare such a contractor ineligible to bid on further contracts with that agency until such time as the contractor complies in full with the requirements of KRS 45.560 to 45.640.*

- (3) *The equal employment provisions of KRS 45.560 to 45.640 may be met in part by a contractor by subcontracting to a minority contractor or subcontractor. For the provisions of KRS 45.560 to 45.640, a minority contractor or subcontractor shall mean a business that is owned and controlled by one or more persons disadvantaged by racial or ethnic circumstances.*

KRS 45.630 Termination of existing employee not required, when

Any provision of KRS 45.560 to 45.640 notwithstanding, no contractor shall be required to terminate an existing employee upon proof that that employee was employed prior to the date of the contract.

KRS 45.640 Minimum skills

Nothing in KRS 45.560 to 45.640 shall require a contractor to hire anyone who fails to demonstrate the minimum skills required to perform a particular job.

It is recommended that all of the provisions above quoted to be included as special conditions in each contract. In the case of a contract exceeding \$250,000, the contractor is required to furnish evidence that his work-force in Kentucky is representative of the available work-force in the area from which he draws employees, or to supply an Affirmative Action plan which will achieve such representation during the life of the contract.

- U. Any party, firm or individual submitting a proposal pursuant to this invitation must be in compliance with the requirements of the Lexington-Fayette Urban County Government regarding taxes and fees before they can be considered for award of this invitation and must maintain a "current" status with regard to those taxes and fees throughout the term of the contract. The contractor must be in compliance with Chapter 13 from the Code of Ordinances of the Lexington-Fayette Urban County Government. The contractor must be in compliance with Ordinance 35-2000 pursuant to contractor registration with the Division of Building Inspection. If applicable, said business must have a Fayette County business license.

Pursuant to KRS 45A.343 and KRS 45A.345, the contractor shall

- (1) *Reveal any final determination of a violation by the contractor within the previous five year period pursuant to KRS Chapters 136 (corporation and utility taxes), 139 (sales and use taxes), 141 (income taxes), 337 (wages and hours), 338 (occupational safety and health of employees), 341 (unemployment and compensation) and 342 (labor and human rights) that apply to the contractor; and*
- (2) *Be in continuous compliance with the above-mentioned KRS provisions that apply to the contractor for the duration of the contract.*

A contractor's failure to reveal the above or to comply with such provisions for the duration of the contract shall be grounds for cancellation of the contract and disqualification of the contractor from eligibility for future contracts for a period of two (2) years.

- V. Vendors who respond to this invitation have the right to file a notice of contention associated with the bid process or to file a notice of appeal of the recommendation made by the Director of Central Purchasing resulting from this invitation.

Notice of contention with the bid process must be filed within 3 business days of the bid/proposal opening by (1) sending a written notice, including sufficient documentation to support contention, to the Director of the Division of Central Purchasing or (2) submitting a written request for a meeting with the Director of Central Purchasing to explain his/her contention with the bid process. After consulting with the Commissioner of Finance the Chief Administrative Officer and reviewing the documentation and/or hearing the vendor, the Director of Central Purchasing shall promptly respond in writing findings as to the compliance with bid processes. If, based on this review, a bid process irregularity is deemed to have occurred the Director of Central Purchasing will consult with the Commissioner of Finance, the Chief Administrative Officer and the Department of Law as to the appropriate remedy.

Notice of appeal of a bid recommendation must be filed within 3 business days of the bid recommendation by (1) sending a written notice, including sufficient documentation to support appeal, to the Director, Division of Central Purchasing or (2) submitting a written request for a meeting with the Director of Central Purchasing to explain his appeal. After reviewing the documentation and/or hearing the vendor and consulting with the Commissioner of Finance and the Chief Administrative Officer, the Director of Central Purchasing shall in writing, affirm or withdraw the recommendation.

LFUCG Non-Appropriation Clause

Contractor acknowledges that the LFUCG is a governmental entity, and the contract validity is based upon the availability of public funding under the authority of its statutory mandate.

In the event that public funds are unavailable and not appropriated for the performance of the LFUCG's obligations under this contract, then this contract shall automatically expire without penalty to the LFUCG thirty (30) days after written notice to Contractor of the unavailability and non-appropriation of public funds. It is expressly agreed that the LFUCG shall not activate this non-appropriation provision for its convenience or to circumvent the requirements of this contract, but only as an emergency fiscal measure during a substantial fiscal crisis, which affects generally its governmental operations.

In the event of a change in the LFUCG's statutory authority, mandate and mandated functions, by state and federal legislative or regulatory action, which adversely affects the LFUCG's authority to continue its obligations under this contract, then this contract shall automatically terminate without penalty to the LFUCG upon written notice to Contractor of such limitation or change in the LFUCG's legal authority.

SPECIAL INSTRUCTIONS TO THE BIDDER

(DO NOT SUBMIT PERFORMANCE SECURITY WITH BID)

Performance Security: The APPARENT LOW BIDDER shall furnish, before recommendation by the Division of Central Purchasing to the Urban County Council that the BIDDER'S bid be accepted, a Performance Bond, Certified Check or Cashier's Check, payable to the Lexington-Fayette Urban County Government, in the penal sum of 100% of the price of the materials and/or services proposed in the bid.

The performance bond will not be returned to the bidder after delivery of the materials/services specified herein unless the bidder requests that the performance bond be returned.

The certified / cashier's check will be returned when the materials and/or services specified herein have been delivered.

In the event of bidder's failure to perform as specified herein, it is agreed that the monies represented by the performance bond or certified / cashier's check shall be retained by the Lexington-Fayette Urban County Government as liquidated damages.

Contracts that are less than \$50,000 will not require a 5% bid security or a performance and payment bond.

EQUAL OPPORTUNITY AGREEMENT

The Law

- Title VII of the Civil Rights Act of 1964 (amended 1972) states that it is unlawful for an employer to discriminate in employment because of race, color, religion, sex, age (40-70 years) or national origin.
- Executive Order No. 11246 on Nondiscrimination under Federal contract prohibits employment discrimination by contractor and sub-contractor doing business with the Federal Government or recipients of Federal funds. This order was later amended by Executive Order No. 11375 to prohibit discrimination on the basis of sex.
- Section 503 of the Rehabilitation Act of 1973 states:

The Contractor will not discriminate against any employee or applicant for employment because of physical or mental disability.

- Section 2012 of the Vietnam Era Veterans Readjustment Act of 1973 requires Affirmative Action on behalf of disabled veterans and veterans of the Vietnam Era by contractors having Federal contracts.
- Section 206(A) of Executive Order 12086, Consolidation of Contract Compliance Functions for Equal Employment Opportunity, states:

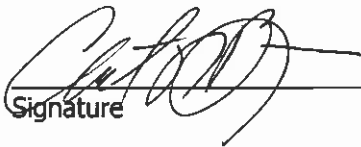
The Secretary of Labor may investigate the employment practices of any Government contractor or sub-contractor to determine whether or not the contractual provisions specified in Section 202 of this order have been violated.


The Lexington-Fayette Urban County Government practices Equal Opportunity in recruiting, hiring and promoting. It is the Government's intent to affirmatively provide employment opportunities for those individuals who have previously not been allowed to enter into the mainstream of society. Because of its importance to the local Government, this policy carries the full endorsement of the Mayor, Commissioners, Directors and all supervisory personnel. In following this commitment to Equal Employment Opportunity and because the Government is the benefactor of the Federal funds, it is both against the Urban County Government policy and illegal for the Government to let contracts to companies which knowingly or unknowingly practice discrimination in their employment practices. Violation of the above mentioned ordinances may cause a contract to be canceled and the contractors may be declared ineligible for future consideration.

Please sign this statement in the appropriate space acknowledging that you have read and understand the provisions contained herein. Return this document as part of your application packet.

Bidders

I/We agree to comply with the Civil Rights Laws listed above that govern employment rights of minorities, women, veteran status, disability and age.


Signature


Name of Business

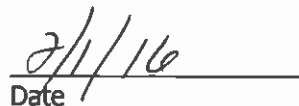
GENERAL PROVISIONS OF BID CONTRACT

By signing the below, bidder acknowledges that it understands and agrees with the following provisions related to its bid response and the provision of any goods or services to LFUCG upon selection by LFUCG pursuant to the bid request:

1. Bidder shall comply with all Federal, State & Local regulations concerning this type of service or good.
2. Failure to submit ALL forms and information required by LFUCG may be grounds for disqualification.
3. Addenda: All addenda, if any, must be considered by the bidder in making its response, and such addenda shall be made a part of the requirements of the bid contract. Before submitting a bid response, it is incumbent upon bidder to be informed as to whether any addenda have been issued, and the failure of the bidder to cover any such addenda may result in disqualification of that response.
4. Bid Reservations: LFUCG reserves the right to reject any or all bid responses, to award in whole or part, and to waive minor immaterial defects in proposals. LFUCG may consider any alternative proposal that meets its basic needs.
5. Liability: LFUCG is not responsible for any cost incurred by bidder in the preparation of its response.
6. Changes/Alterations: Bidder may change or withdraw a proposal at any time prior to the opening; however, no oral modifications will be allowed. Only letters, or other formal written requests for modifications or corrections of a previously submitted proposal which is addressed in the same manner as the bid response, and received by LFUCG prior to the scheduled closing time for receipt of bids, will be accepted. The bid response when opened, will then be corrected in accordance with such written request(s), provided that the written request is contained in a sealed envelope which is plainly marked "modifications of bid response".
7. Clarification of Submittal: LFUCG reserves the right to obtain clarification of any point in a bid or to obtain additional information from any bidder.
8. Bribery Clause: By his/her signature on its response, bidder certifies that no employee of his/hers, any affiliate or subcontractor, has bribed or attempted to bribe an officer or employee of the LFUCG.
9. Additional Information: While not necessary, the bidder may include any product brochures, software documentation, sample reports, or other documentation that may assist LFUCG in better understanding and evaluating the bid response. Additional documentation shall not serve as a substitute for other documentation which is required by the LFUCG to be submitted with the bid response.
10. Ambiguity, Conflict or other Errors: If a bidder discovers any ambiguity, conflict, discrepancy, omission or other error in the bid request of LFUCG, it shall immediately notify LFUCG of such error in writing and request modification or clarification of the document if allowable by the LFUCG.
11. Agreement to Bid Terms: In submitting its bid response, the bidder agrees that it has carefully examined the specifications and all provisions relating to LFUCG's bid request, including but not limited to the bid contract. By submission of its bid response, bidder states that it understands the meaning, intent and requirements of LFUCG's bid request and agrees to the same. The successful bidder shall warrant that it is familiar with and understands all provisions herein and shall warrant that it can comply with them. No additional compensation to bidder shall be authorized for services, expenses, or goods reasonably covered under these provisions that the bidder omits from its bid response.
12. Cancellation: LFUCG may unilaterally terminate the bid contract with the selected bidder(s) at any time, with or without cause, by providing at least thirty (30) days advance written notice unless a different advance written notice period is negotiated prior to contract approval. Payment for services or goods received prior to termination shall be made by the LFUCG provided these goods or services were provided in a manner acceptable to the LFUCG. Payment for those goods and services shall not be unreasonably withheld.

13. **Assignment of Contract:** The selected bidder(s) shall not assign or subcontract any portion of the bid contract with LFUCG without the express written consent of LFUCG. Any purported assignment or subcontract in violation hereof shall be void. It is expressly acknowledged that LFUCG shall never be required or obligated to consent to any request for assignment or subcontract; and further that such refusal to consent can be for any or no reason, fully within the sole discretion of LFUCG.
14. **No Waiver:** No failure or delay by LFUCG in exercising any right, remedy, power or privilege hereunder, nor any single or partial exercise thereof, nor the exercise of any other right, remedy, power or privilege shall operate as a waiver hereof or thereof. No failure or delay by LFUCG in exercising any right, remedy, power or privilege under or in respect of this bid proposal or bid contract shall affect the rights, remedies, powers or privileges of LFUCG hereunder or shall operate as a waiver thereof.
15. **Authority to do Business:** Each bidder must be authorized to do business under the laws of the Commonwealth of Kentucky and must be in good standing and have full legal capacity to provide the goods or services specified in the bid proposal. Each bidder must have all necessary right and lawful authority to submit the bid response and enter into the bid contract for the full term hereof including any necessary corporate or other action authorizing the bidder to submit the bid response and enter into this bid contract. If requested, the bidder will provide LFUCG with a copy of a corporate resolution authorizing this action and/or a letter from an attorney confirming that the proposer is authorized to do business in the Commonwealth of Kentucky. All bid responses must be signed by a duly authorized officer, agent or employee of the bidder.
16. **Governing Law:** This bid request and bid contract shall be governed by and construed in accordance with the laws of the Commonwealth of Kentucky. In the event of any proceedings regarding this matter, the bidder agrees that the venue shall be the Fayette County Circuit Court or the U.S. District Court for the Eastern District of Kentucky, Lexington Division and that the bidder expressly consents to personal jurisdiction and venue in such Court for the limited and sole purpose of proceedings relating to these matters or any rights or obligations arising thereunder.
17. **Ability to Meet Obligations:** Bidder affirmatively states that there are no actions, suits or proceedings of any kind pending against bidder or, to the knowledge of the bidder, threatened against the bidder before or by any court, governmental body or agency or other tribunal or authority which would, if adversely determined, have a materially adverse effect on the authority or ability of bidder to perform its obligations under this bid response or bid contract, or which question the legality, validity or enforceability hereof or thereof.
18. Bidder understands and agrees that its employees, agents, or subcontractors are not employees of LFUCG for any purpose whatsoever. Bidder is an independent contractor at all times related to the bid response or bid contract.
19. If any term or provision of this bid contract shall be found to be illegal or unenforceable, the remainder of the contract shall remain in full force and such term or provision shall be deemed stricken.


Signature


Date

Lexington-Fayette Urban County Government
Division of Lexington Senior Center
Bid #127-2015 Fitness Equipment for Senior Citizen's Center

The Lexington-Fayette Urban County Government is now accepting bids for the purchase of Fitness Equipment for the Lexington Senior Citizen's Center located at 195 Life Lane, Lexington, KY 40502 as per the following specifications.

Project Identification

- 1.1 You are invited to submit a bid proposal to provide Fitness Equipment and furnishings to Lexington-Fayette Urban County Government (LFUCG) for the fabrication, delivery, set up, and installation of products to the following project site:

Senior Citizen Center
195 Life Lane
Lexington, KY 40502
- 1.2 The work generally encompasses commercial grade fitness equipment.
- 1.3 The building is under construction so there will be no access prior to bid, therefore there will not be a pre-bid meeting for this proposal. Owner building possession (after Certificate of Occupancy has been presented) is being planned for May 2016.
- 1.4 Please submit all questions either to <https://lfucg.economicengine.com> or to Conni Hayes, Buyer at chayes@lexingtonky.gov
- 1.5 The LFUCG will assess the bids and issue a purchase order to the successful bidder with a requested Fitness Equipment installation date of May 2, 2016, to be completed by May 16, 2016. The successful bidder must guarantee the selling price to the LFUCG and be able to meet the requested Fitness Equipment installation date.
- 1.6 Contract may be awarded to various vendors by section or as a whole based upon the vendor that submits the most responsive bid determined to be in the best interest of the Lexington-Fayette Urban County Government.
- 1.7 **Storage of Fitness Equipment**
 - 1.7.1 All Contractors are to submit a lump sum price for each category of equipment requested in the bid forms. These lump sum prices shall be guaranteed by the contractor until the project has been completed. Should the awarded contractor decide to purchase the fitness equipment before delivery is required, they will be responsible for all costs to store the fitness equipment. Contractors should consider this in their bids.

If construction is delayed past the projected completion date and should that delay prevent the fitness equipment from being delivered, set up, and installed, the contractor will be compensated for the storage of the furniture via a change order at the rate that is submitted on the bid forms.

In any case, Section 1.7.2 through 1.7.6 dictates what the requirements are for storage of the fitness equipment whether at the expense of the Owner or the contractor.

- 1.7.2 **Storage due to construction delays:** Construction is anticipated to be substantially complete by mid-April 2016. In the event of construction delays, the awarded Contractor will be required to store all Fitness Equipment in a secured and climate controlled environment which is fully insured. A separate price is being requested for this storage if needed. Contractor will be responsible for all stored material until it has been delivered to the project site and installed (which includes transportation to the project site).
- 1.7.3 **General Storage Criteria:** All stored materials must be stored in Fayette County and in one location at the storage site in their own designated area, which has been clearly marked off from other materials being stored at that location. These materials are not to be relocated from their designated storage area without prior approval of the Owner. The approved label shall include the names of Owner, Architect, and Contractor, the project name and address and a short statement stating these materials are to be used only for their intended purpose on the stated project and will not be diverted for any other use. The Contractor shall ensure that all materials are properly stored off of the ground, protected from damage, loss, weather, vandalism, and theft in a manner acceptable to the Owner.
- 1.7.4 **Forms:** The Contractor will submit a **Stored Material Request** prior to the established billing date. The Contractor must complete and sign LFUCG's **Agreement & Bill of Sale Certification for Stored Materials** before submitting any payment requests for stored materials. A fully executed **Agreement & Bill of Sale Certification for Stored Materials** naming the Lexington Fayette Urban County Government as purchaser and a guarantee of delivery and installation to the jobsite will be provided. **Item "C" of the Agreement & Bill of Sale Certification for Stored Materials** will list each item for which payment is requested. The insurance certificate will have to state the exact amount of stored materials to be billed for that requisition period. These forms should be submitted to the LFUCG Project Manager.
- 1.7.5 **Inspections:** An LFUCG representative shall be able to physically inspect and photograph the stored material.
- 1.7.6 **Payments:** Payments for Fitness Equipment and associated components stored off-site shall be for their substantiated cost exclusive of the amount necessary to load, transport, unload, and install these materials from their storage location to the jobsite, less the standard retainage as required by the purchase agreement.
- 1.7.7 **Insurance:** Contractor shall provide "all-risk" property insurance as evidenced by a separate certificate of insurance covering the material upon which payment is being made on an agreed amount, replacement cost basis. Such policy shall cover at a minimum any loss to the material due to theft, fire, flood, earthquake, collapse, and windstorm while the material is at an approved storage location. Any material stored off site must carry additional insurance (All Risk Rider) stating the LFUCG as insured.

Evaluation of Project Premises

- 2.1 **LFUCG: Replacement Senior Citizen Center, located at: 195 Life Lane, Lexington, KY 40502**
 - a. The delivery is to be made through the south and east entrances to the building which will be a maximum 220 foot push distance to installation point. Dealer is to provide their own Forklift and Certified Operator as needed, but be aware that all interior doors are 84" in height.

- b. The facility does have an elevator. The cab interior is 7'-9 ½" deep, 5'-8" wide, and 7'-4" high. The elevator door is 4'-0" wide and 7'-0" high. The elevator has a capacity of 4,500 pounds.
- c. All floors and walls are to be fully protected; Bidder will be liable for repairs.
- d. All deliveries and installation is to take place during normal business hours and shall be coordinated with the General Contractor for the building project.
- e. Upon acceptance of order, please indicate duration of delivery and installation for the entire project.
- f. Waste management and recycling shall be performed in accordance with the attached Construction Waste Management specification.
- g. The project site is to be left vacuumed and all Fitness Equipment is to be wiped free of dust and dirt.

SECTION 110001 – FITNESS EQUIPMENT

PART 1 - GENERAL

1.1 RELATED DOCUMENTS

- A. Drawings and general provisions of the Contract apply to this Section.

1.2 SUMMARY

- A. Section includes general information and requirements for the following types of equipment:
 - 1. Fitness equipment.
- B. Refer to equipment schedules on drawing sheets FE1.0 for equipment requirements including quantities, **basis of design** manufacturers/models, utilities and other information.
- C. Contractor-Furnished Equipment: Contractor shall furnish and install equipment unless indicated otherwise.

1.3 ACTION SUBMITTALS – SUPPLEMENT TO THE BID

- A. Product Data: For each type of product indicated. Include the following:
 - 1. Manufacturer's model number.
 - 2. Accessories and components that will be included for Project.
 - 3. Clearance requirements for access and maintenance.
 - 4. Utility service connections for water, drainage, power, and fuel; include roughing-in dimensions.
- B. Shop Drawings: For fabricated equipment. Include plans, elevations, sections, roughing-in dimensions, fabrication details, utility service requirements, and attachments to other work.
- C. Samples for Initial Selection: For upholstery finishes and colors.

1.4 INFORMATIONAL SUBMITTALS

- A. Warranty: Samples of special warranty.

1.5 CLOSEOUT SUBMITTALS

- A. Operation and Maintenance Data: Provide all operation, and maintenance manuals. Include the following:
 - I. Product Schedule: For each equipment item, include the following:
 - a. Designation indicated on Drawings.
 - b. Manufacturer's name and model number.
 - c. List of factory-authorized service agencies including addresses and telephone numbers.

1.6 QUALITY ASSURANCE

- A. UL Certification: Provide electric and fuel-burning equipment and components that are evaluated by UL for fire, electric shock, and casualty hazards according to applicable safety standards, and that are UL certified for compliance and labeled for intended use.
- B. Pre-installation Conference: Conduct conference at Project site.

1.7 PROJECT CONDITIONS

- A. Field Measurements: Verify actual dimensions of construction contiguous with equipment by field measurements before purchase or fabrication. Indicate measurements on Coordination Drawings.

1.8 COORDINATION

- A. Coordinate equipment layout and installation with other work, including layout and installation of lighting fixtures, electrical receptacles, HVAC equipment, and fire-suppression system components.
- B. Coordinate locations and requirements of utility service connections.
- C. Coordinate sizes, locations, and requirements of the following:
 - 1. Overhead equipment supports.
 - 2. Equipment bases.

1.9 WARRANTY

- A. General Equipment Warranty: Manufacturer's standard warranty in which manufacturer agrees to repair or replace equipment that fails in materials, workmanship or performance within specified warranty period. A twenty-four (24) hour response time for all warranty repair work is required. See FE1.0 Fitness Package for required warranty durations.

PART 2 - PRODUCTS

2.1 EQUIPMENT

- A. See EQUIPMENT SCHEDULES on drawing sheet FE1.0 for lists and descriptions of required equipment.
- B. MANUFACTURERS:
 - 1. **Basis-of-Design Product:** Equipment Schedules include manufacturer names and model numbers to establish the basis of design relative to equipment performance, features, quality, appearance and other characteristics. Subject to compliance with requirements, provide equipment as listed in the schedule or a comparable product by another qualified manufacturer. **Substitutions from the Basis-Of-Design product shall be reviewed by the Owner and must be approved prior to acceptance of the bid.**

2.2 MISCELLANEOUS MATERIALS

- A. Installation Accessories, General: Provide accessories recommended by manufacturer or necessary for intended function and performance.

2.3 FINISHES

- A. Powder-Coat or Similar Finishes: Immediately after cleaning and pretreating, electrostatically apply manufacturer's standard, baked-polymer, thermosetting powder finish. Comply with resin manufacturer's written instructions for application, baking, and minimum dry film thickness.

PART 3 - EXECUTION

3.1 INSTALLATION

- A. Install equipment level and plumb, according to manufacturer's written instructions.
 - 1. Connect equipment to utilities.
- B. Complete equipment assembly where field assembly is required.
- C. Install equipment with access and maintenance clearances that comply with manufacturer's written installation instructions and with requirements of authorities having jurisdiction.

3.2 CLEANING AND PROTECTING

- A. After completing installation of equipment, repair damaged finishes.
- B. Clean and adjust equipment as required to produce ready-for-use condition.
- C. Protect equipment from damage during remainder of the construction period.

3.3 DEMONSTRATION

- A. Engage a factory-authorized service representative to train Owner's maintenance personnel to adjust, operate, and maintain equipment.

END OF SECTION 110000

Pricing: Complete descriptions and specifications should be provided for all equipment.

Item #	Label	Description	Qty	Unit Price	Total Price
A.	FT-01	Treadmill <i>Spec</i>	3	\$ 4575	\$ 13725
B.	FT-02	Elliptical <i>Spec</i>	2	\$ 3395	\$ 6790
C.	FT-04	Free Weight Rack <i>InFlight</i>	1	\$ 410	\$ 410
D.	FT-05	Incline Bench <i>Spec</i>	1	\$ 515	\$ 515
E.	FT-06	Incline Bench <i>Spec</i>	1	\$ 580	\$ 580
F.	FT-07	Lat Pull Down Machine <i>Spec</i>	1	\$ 2625	\$ 2625
G.	FT-08	Rope Trainer <i>Spec</i>	1	\$ 3195	\$ 3195
H.	FT-10	Chest Press Machine <i>Spec</i>	1	\$ 2625	\$ 2625
I.	FT-11	Recumbent Cross Trainer <i>Spec</i>	2	\$ 3895	\$ 7790
J.	FT-14	Free Weights <i>Troy</i>	10	\$	\$ 254.80
K.	FT-15	Free Weights <i>Troy</i>	10	\$	\$ 49.70
L.	FT-17	Vertical Row Machine <i>Spec</i>	1	\$ 2580	\$ 2580
M.	FT-18	Weighted Bars <i>Body Sport</i>	1	\$ 174.45	\$ 174.45
N.	FT-20	Fitness Storage-4 <i>Spec</i>	2	\$ 205	\$ 410
O.	FT-21	Fitness Storage-1 <i>Spec</i>	2	\$ 1615	\$ 3230
P.	FT-22	Fitness Storage-2 <i>Spec</i>	1	\$ 205	\$ 205
Q.	FT-23	Fitness Storage-3 <i>Spec</i>	1	\$ 10450	\$ 10450
R.	FT-24	Fitness Storage-5 <i>Spec</i>	1	\$ 6470	\$ 6470
S.	FT-25	Dance Storage <i>Spec</i>	2	\$ 875	\$ 1750
T.	FT-32	Dual Adjustable Pulley <i>Spec</i>	1	\$ 2464	\$ 2464
U.	FT-32-A	Dual Adjustable Pulley, Add Alternate "	1	\$ 2464	\$ 2464
V.	FT-34	Seated Leg Press <i>Spec</i>	1	\$ 3995	\$ 3995
W.	FT-35-A	Mat Table - Add Alternate <i>Spec</i>	1	\$ 750	\$ 750
X.		Total Purchase Price			\$ 53,552.85
Y.	<i>Freight</i>	Fabrication and Installation	1		3400
Z.		Total Project Amount			\$ 56,952.85
AA.	Unit Price	Daily Storage Rate for delayed delivery and installation		No charge	\$ /Day 0
BB.	Add Alternate #1	Provide Quarterly Preventive Maintenance Support for all Fitness Equipment for a Period of One Year	1	\$ 0.00 FREE	\$ 0.00 FREE

#FT-18 Body Bar does not make the increments requested. Filled in with the closest sizes.

All products except for:

- FT-04 - Inflight fitness instead of York
- FT14 - Troy Barbell instead of CAP. CAP is more residential.
- FT15 - Troy Barbell
- FT18 - Body Sport instead of BodyBar.

FT-01

E-TRx TREADMILL

Model E-TRx



- Pre-wired for E Series Personal Viewing Screen entertainment system
- Easily accessible Hot Bar® is located closer to the user with one-finger speed and elevation controls, integrated stop button and contact heart rate grips
- Soft Trac® triple cell cushioning system provides maximum shock absorption
- Star Trac's popular adjustable personal fans create a more rewarding workout
- 20% max incline
- 21 5" (54.6 cm) wide belt
- 10" (25.4 cm) step-up height
- User weight capacity of 500 lbs (227 kg)

OVERALL WEIGHT	RUNNING SURFACE	WIDTH	LENGTH	HEIGHT
471 lbs (214 kg)	60" x 21 5" (152 x 54 6 cm)	36" (91 cm)	85" (215 cm)	63" (160 cm)
FEATURES AND SPECIFICATIONS				
<p>STEP-UP HEIGHT: 10" (25 5 cm)</p> <p>FRAME: Custom aluminum uniframe</p> <p>MOTOR DRIVE: 5 HP AC</p> <p>ELECTRICAL: 110 volt, dedicated NEMA 5-20 cord (20 amp), 220 volt, dedicated NEMA 6-15 cord (15 amp) (optional)</p> <p>CERTIFICATION: UL/CSA, CE, FCC, or CISPR</p> <p>SUSPENSION: Soft Trac® triple cell neoprene rubber, Deck System Reversible 1" (2 5 cm) composite fiberboard, waxing not required</p> <p>ROLLERS: 3 5" (9 cm) sealed bearings</p> <p>COLORS: Frame: Star Trac Silver, Shrouds: Slate Gray, Accents: Black</p> <p>INCLINE RANGE: 0 to 20% in 0 5% increments</p> <p>SPEED RANGE: 0 5 to 15 mph (0 8 to 24 km/h) in 0 1 mph (0 1 km/h) increments</p> <p>HR MONITORING: Polar® Telemetry and Contact Heart Rate System</p> <p>DISPLAY: intuitive, tactile response keypad with LED technology</p>		<p>READOUTS: 20-character message window, Dedicated Speed and incline, time elapsed, calories, distance, course profile, heart rate, Scrolling Time remaining, vertical distance traveled, laps completed, pace (min/mile or km), calories/hour, 1/4-mile motivational track</p> <p>PROGRAMS: 12 programs including Dynamic Heart Rate Control®, Constant Heart Control, Fitness Test (Modified Balke Ware), Firefighter Test (Modified Gerkin Protocol), ARMY Protocol, USMC Protocol, USAF Protocol and NAVY Protocol</p> <p>STANDARD FEATURES: Hot Bar® controls, personal entertainment system, personal cooling fans, CSAFE data port, dedicated heart rate display, safety lockout control, FitLinxx® certified</p> <p>ENTERTAINMENT: Pre-wired for E Series PVS entertainment system or 900 MHz wireless audio receiver</p> <p>WARRANTY: Structural frame welds 10 years, motor and MCB 5 years parts and labor, all other components warranted for 2 years parts and 1 year labor, wear items 1 year parts and labor</p> <p>Warranties are subject to change and may vary internationally Contact your Star Trac Sales Representative for full commercial, light commercial and consumer warranty detail</p>		



E-CT CROSS TRAINER

Model E-CT



- Pre-wired for E Series Personal Viewing Screen entertainment system
- User-friendly console features a large message window, motivational track, 8 user-specific workout programs, personal fans, and multiple cup and accessory holders
- Soft Trac[®] pedals provide ultimate shock-absorbing comfort throughout the entire workout
- Efficient footprint and approachable, stable platform with minimal step-up height for easy access from all angles
- Star Trac's popular adjustable personal fans create a more rewarding workout
- User weight capacity of 350 lbs (159 kg)

STEP-UP HEIGHT	OVERALL WEIGHT	WIDTH	LENGTH	HEIGHT
17.5" (443 mm)	147 lbs (66.8 kg)	36" (914 mm)	76" (1930 mm)	72" (1829 mm)
FEATURES AND SPECIFICATIONS				
<p>PEDAL SIZE: 17.5" l x 8" w (45 x 20 cm), one-sided</p> <p>DISTANCE BETWEEN PEDALS (Q-FACTOR): 2.25" (57.2 mm)</p> <p>ELECTRICAL: Self-contained power supply. No external power needed. AC adapter is available for an upgrade.</p> <p>CERTIFICATION: UL/CSA, CE, FCC, or CISPR</p> <p>COLORS FRAME: Star Trac Silver, Shroud: Slate Gray, Accents: Black</p> <p>RESISTANCE: 20 levels of intensity</p> <p>HR MONITORING: Polar[®] Telemetry and Contact Heart Rate System</p> <p>DISPLAY: Intuitive, tactile response keypad with LED technology</p> <p>READOUTS: 16-character message window, Dedicated Time, RPM, heart rate, course profile, resistance level, 1/4-mile motivational track, Scrolling Calories, calories/hour, watts, distance, speed, METs</p>		<p>PROGRAMS: 8 programs including Quick Start, Dynamic Heart Rate Control,[®] Constant Heart Rate Control, Total Body Workout</p> <p>STANDARD FEATURES: Personal entertainment system, personal cooling fans, Soft Trac[®] pedals, dedicated heart rate display, FitLinxx[®] certified and CSAFE data port</p> <p>ENTERTAINMENT: Pre-wired for E Series PVS entertainment system or 900 MHz wireless audio receiver</p> <p>WARRANTY: Limited 10 year warranty on structural frame not including coatings, all other components warranted for 2 years parts and 1 year labor</p> <p>Warranties are subject to change and may vary internationally. Contact your Star Trac Sales Representative for full commercial, light commercial and consumer warranty detail.</p>		

FT-04
in place of
York -



5007-2

69" 2-Tier Dumbbell Rack



FEATURES

- ✓ The two heavy duty tray shelves of this commercial grade rack are properly spaced and angled for the easy removal and storage of a variety of dumbbells or kettle bells.
- ✓ One inch tube front edge protects rubber dumbbells.
- ✓ The rack feet are drilled for bolting down and have rubber pads to protect the floor.
- ✓ 69.5"L x 35.5"W x 45"H and 204lb. shipping weight.

OPTIONS

- ✓ Third tray available for an additional five pair 55-75lb. hex dumbbells or kettle bells.
- ✓ Available with 10 pair set of 5-50lb. rubber hex dumbbells (5007-2-550).



Visit www.inflightfitness.com to see our entire line of exercise equipment.

Limited lifetime warranty on frame and welds. Two year limited warranty on hex rubber dumbbells.

FT-05

FLAT / INCLINE BENCH

CF-3160

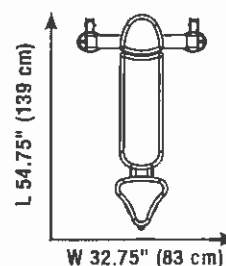


FEATURES

- 6 adjustable back pad positions from 0° to 80° in 15° increments for incline and flat bench exercises
- 5 adjustable ratcheting seat positions accommodate varying user heights
- Thermoplastic Polyurethane covers for back pad adjusters to reduce wear
- Integrated hand grip and wheels provide tilt 'n roll capability for easy storage

SPECS


- Product Dimensions L x W x H
53.00" x 33.00" x 20.00"
(134 cm x 83 cm x 51 cm)
- Product Weight: 104 lbs. (47 kg)
- Maximum Exercise Weight Capacity
1,000 lbs. (454 kg)



HOIST® offers one of the best warranty policies in the industry, reaffirming our commitment to quality and customer satisfaction. HOIST warranties this product to the original purchaser only. HOIST guarantees this product to be free from defects in workmanship and/or materials under normal use or service.

For complete Warranty Information, visit www.hoistfitness.com and click on the "Support" link.

Warranty policy applies to defects from the manufacturer only. HOIST reserves the right to change product specifications, design, and function at any time.

 GSA Contract # GS-07F-0322K
Gene Bruton 866.488.6853

FT-06 **SUPER FLAT INCLINE / DECLINE BENCH**

CF-3165

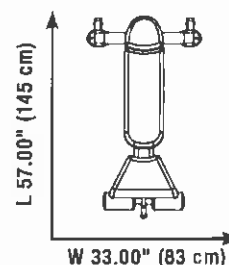


FEATURES

- 7 back pad positions adjust from -15° to 80° for flat, incline and decline bench exercises
- Thermoplastic Polyurethane covers for back pad adjusters to reduce wear
- Self-aligning roller pads provide leg support during exercises
- Gas-shock assisted seat easily adjusts into 5 seat positions for varying user heights
- Integrated hand grip and wheels provide tilt 'n roll capability for easy storage

SPECS

- Product Dimensions L x W x H
57.00" x 33.00" x 20.00"
(145 cm x 83 cm x 51 cm)
- Product Weight: 121 lbs. (55 kg)
- Maximum Exercise Weight Capacity
1,000 lbs. (454 kg)



HOIST® offers one of the best warranty policies in the industry, reaffirming our commitment to quality and customer satisfaction. HOIST warranties this product to the original purchaser only. HOIST guarantees this product to be free from defects in workmanship and/or materials under normal use or service.

For complete Warranty Information, visit www.hoistfitness.com and click on the "Support" link.

Warranty policy applies to defects from the manufacturer only. HOIST reserves the right to change product specifications, design, and function at any time.

GSA GSA Contract # GS-07F-0322K
Gene Bruton 866.488.6853

FT-07

LAT PULL DOWN

Model LA S3305



- User-friendly weight stack selection
- Adjustable knee stabilization pad
- Lock N Load[®] weight selection
- Lock N Load incremental add-on weight system

STACK WEIGHT	SHIP WEIGHT	WIDTH	LENGTH	HEIGHT
280 lbs (127 kg)	435 lbs (197 kg)	55" (140 cm)	47" (119 cm)	98" (249 cm)

FEATURES AND SPECIFICATIONS

AVAILABLE COLORS

Options for upholstery and frame.

HARMONY



Black
Upholstery



Star Trac Silver
Frame

LEGACY



Brown
Upholstery



White
Frame

WARRANTY: Limited 10 year warranty on structural frame not including coatings, 5 years part on major mechanical components – guide rods, plates, bearings etc. 1 year on minor mechanical components – plate switches, cables, grips etc., 90 days on upholstery, 1 year labor

Warranties are subject to change and may vary internationally
Contact your Star Trac Sales representative for full commercial, light commercial and consumer warranty detail



VLT ROPE TRAINER

VLT COMPACT

The VLT Rope Trainer is a compact, lightweight and easy-to-use model that accommodates facilities with ceiling height limitations while delivering the same intense exercise experience provided by larger models. Features quick-release seat to allow for lower body, standing exercises and wheelchair accessibility. The VLT Rope Trainer allows for strength and cardio conditioning, rehabilitative exercise and provides a safe, accessible and more versatile rope climbing alternative for sports training programs.



SPECIFICATIONS

OPTIONS

WORKOUTS

- Dynamic Magnetic Brake System (DMB)
- Dynamic Resistance range 1-200 pounds (0.5- 90.7kg)
- Brake Mechanism allows for Bidirectional Rope Pulling
- Quick Release/Remove Seat for standing workout modes
- Specially designed rope is soft and easy to grip, durable and long-lasting
- Electronic display tracks distance, time, speed, and calories
- Unit Power Requirement: 3 AA batteries (unit does NOT require AC power source)
- Unit dimensions: 94"H X 49"L X 40"W (239cm X 124cm X 101cm)
- Weight: 175 lbs (77kg)
- Shipping Weight: 220 lbs (100kg)
- Shipping Size: 21"H X 57"L X 42"W
- ADA compliant



MANUAL & WARRANTY
PACKAGE REMOVAL INSTRUCTIONS

WORKOUTS

Strength, power and endurance programs to maximize your workouts.

VIDEOS

Watch demonstrations and workout videos.

CONTACT US

Call or email us with any questions or comments.

FT-10 CHEST PRESS

Model LA-S4301



- User-friendly weight stack selection
- Ratcheting seat adjustment
- Horizontal and vertical grip options
- Pre-stretch range of motion adjustment
- Lock N Load® weight selection
- 5 lb incremental add-on weight system

STACK WEIGHT	SHIP WEIGHT	WIDTH	LENGTH	HEIGHT
280 lbs (127 kg)	545 lbs (247 kg)	52" (132 cm)	50" (127 cm)	60" (152 cm)

FEATURES AND SPECIFICATIONS

AVAILABLE COLORS

Options for upholstery and frame.

HARMONY



Black
Upholstery



StarTrac Silver
Frame

LEGACY



Brown
Upholstery



White
Frame

WARRANTY Limited 10 year warranty on structural frame not including coatings, 5 years part on major mechanical components – guide rods, plates, bearings etc, 1 year on minor mechanical components – plate switches, cables, grips etc, 90 days on upholstery, 1 year labor

Warranties are subject to change and may vary internationally
Contact your StarTrac Sales representative for full commercial, light commercial and consumer warranty detail

FT-11

T4r Product Specifications

T4r Product Specs

T4r Preventive Maintenance

T4r FAQs

T4r Product Service Manuals

Order Service Parts

Dimensions and Weight

- Length: 60" (152 cm)
- Width: 27" (69 cm)
- Height: 45" (115 cm)
- Weight: 210 lbs (95 kg)

User Height and Weight Limits

- Height: 4'6" to 6'4" (137 cm to 193 cm)
- Weight: 400 lbs (182 kg)



Overview

- Total body conditioning of the cardiovascular and muscular systems.
- Use arms alone, legs alone, or both.
- Closed-kinetic chain exercise.
- Low 9.5"-13.5" step-through height for easy access.
- Biomechanically correct workout position.
- Contralateral movement arm linked with opposite leg.
- Smooth, fully connected motion between arms and legs.
- User-controlled step length of 2"-8.5" (5-22 cm).

Resistance System

- Quiet, frictionless, permanent magnetic eddy current system with 10 workload levels
- User power output from 0-800 watts
- All-belt drive
- Long-life, high-grade bearings

Frame

- Durable, heavy-duty welded steel frame
- Powder-coated frame and zinc-plated components resist rust
- Four-point contact with the floor and leveling feet increase stability
- Strong, impact-resistant poly-styrene cover is easy to clean
- Lift unit with front handle and roll on rear wheels or user optional NuStep transporter device

Arms

- Anodized aluminum arms with extra-long, comfortable hand grips
- Ergonomically correct hand position
- Long, 15" (38 cm) arm adjustment range

Seat and Arm Rests

- Swivel seat rotates 360° and locks at 45° increments
- Foam-covered seat and swivel release levers work from front, sides or back
- Seat slides and adjusts smoothly

- 15" (38 cm) forward/backward seat adjustment range
- Ergonomically designed padded seat has contoured back support.

Display

- Simple, one-button quick start and reset; automatic power on/off
- Easy-to-read display shows:
 - SPM: 5–210
 - Watts: 5–800
 - METS: 2–24
 - Time: Starts at 0:00, counts up
 - Steps: Counts cumulative steps up to 9999
 - Distance: MI or Km
 - Load levels: 10 load levels
 - Calories: Up to 999 KCal
- User selects English or metric measurement system
- Optional Polar® transmitter belt enables heart rate display on console
- Cordless design uses 4 AA alkaline batteries (NiMH rechargeable batteries may also be used).
- USB port for data download

Foot Pedals

- Pedals are made of durable molded plastic
- Four-bar linkage and nonskid tread keep feet secure

*If you are not totally satisfied within 30 days of delivery, NuStep will refund your entire purchase price, minus shipping and delivery costs. NuStep pays for return shipping. U.S. only.

FT-14

Q Search
Advanced Search



Home

Benches

NEW ITEM Dumbbells

NEW ITEM Kettlebells

Plates

Weight Sets

NEW ITEM Bars

Group Exercise

Fitness Balls

Racks

Attachments

Contact Us

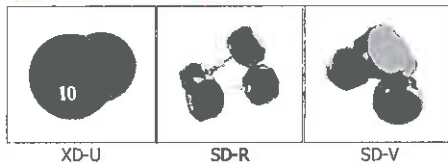
DUMBBELLS

TYPES: SOLID PREMIUM CHROME, BLACK PLATE CHROME ENDCAPS, RUBBER ENCASED ENDCAPS, URETHANE ENCASED & MORE

TROY Barbell carries a wide variety of dumbbells from the highest quality TROY pro style dumbbells to the basic cast hex dumbbell, all built with the user in mind. We have fully commercial dumbbells such as our TROY pro style series, TROY urethane encased solid dumbbells and our TROY 12 sided rubber encased dumbbells which will stand up to the most strenuous of workouts. We also carry dumbbells for the home such as our basic cast hex dumbbell, VTX 12 sided cast dumbbell and our VTX rubber encased dumbbell. As you can see, we have a dumbbell for any application.

REQUEST A QUOTE

VIEW ALL DUMBBELLS



XD-U

SD-R

SD-V



8 Sided Rubber Encased Dumbbells

Item SKU: SD-R

Product Dimensions:

Product/Shipping Weight : Per Order Request

Product Options:

Available In 3 lb., 5 lb., 8 lb., 10 lb., 12 lb., and 15 lb. through 100 lb. in 5 lb. increments.

Product Description: Our VTX 8 sided rubber encased dumbbells are perfect for home use or light institutional setting. These dumbbells will help reduce noise and protect flooring and equipment. Built with all steel chrome contoured handles, our VTX rubber encased dumbbells are built to last.

**Disclaimer: VTX SDR dumbbells are not recommended for use with saddle racks. Use of the VTX SDR dumbbell in conjunction with saddle racks will void the warranty.*



©2010 All Rights Reserved | TROY Barbell & Fitness
10600 Shadow Wood Drive STE 301 | Houston, Texas 77043 | 713-957-2882 | info@troybarbell.com

TROY TALK TO TROY

FT 15



DUMBBELLS

TYPES: SOLID PREMIUM CHROME, BLACK PLATE CHROME ENDCAPS, RUBBER ENCASED ENDCAPS, URETHANE ENCASED & MORE

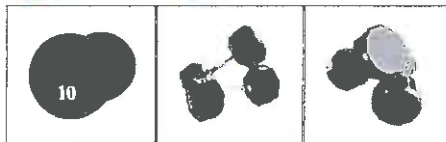
TROY Barbell carries a wide variety of dumbbells from the highest quality TROY pro style dumbbells to the basic cast hex dumbbell, all built with the user in mind. We have fully commercial dumbbells such as our TROY pro style series, TROY urethane encased solid dumbbells and our TROY 12 sided rubber encased dumbbells which will stand up to the most strenuous of workouts. We also carry dumbbells for the home such as our basic cast hex dumbbell, VTX 12 sided cast dumbbell and our VTX rubber encased dumbbell. As you can see, we have a dumbbell for any application.



- Home
- Benches
- NEW ITEM** Dumbbells
- NEW ITEM** Kettlebells
- Plates
- Weight Sets
- NEW ITEM** Bars
- Group Exercise
- Fitness Balls
- Racks
- Attachments
- Contact Us

REQUEST A QUOTE

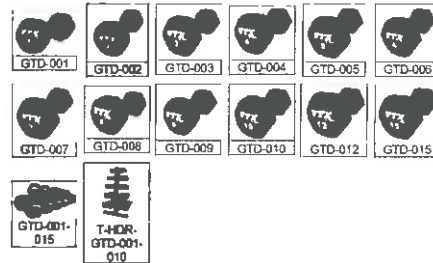
VIEW ALL DUMBBELLS



XD-U

SD-R

SD-V



Neoprene Dumbbells

Item SKU: GTD

Product Dimensions:

Product/Shipping Weight : Per Order Request

Product Options:

Available in 1 lb through 10 lb., 12 lb and 15 lb Available In Black Only

Product Description: Unique hex head design prevents rolling and is easily stackable. Neoprene coverings are comfortable to use and should not rust, crack or fade under normal usage. Excellent for commercial or home settings. Available in black only and each size is marked with poundage.







FT-17 VERTICAL ROW

Model LA-S3301



- User-friendly weight stack selection
- Ratcheting seat adjustment
- Horizontal and vertical grip options
- Pre-stretch range of motion adjustment
- Angled foot support pads
- Lock N Load[®] weight selection
- 5 lb incremental add-on weight system

STACK WEIGHT	SHIP WEIGHT	WIDTH	LENGTH	HEIGHT
280 lbs (127 kg)	575 lbs (261 kg)	45" (114 cm)	62" (157 cm)	60" (152 cm)
FEATURES AND SPECIFICATIONS				
<p>AVAILABLE COLORS Options for upholstery and frame.</p> <p>HARMONY</p> <hr/> <p> Black Upholstery</p> <p> Star Trac Silver Frame</p> <p>LEGACY</p> <hr/> <p> Brown Upholstery</p> <p> White Frame</p>		<p>WARRANTY: Limited 10 year warranty on structural frame not including coatings, 5 years part on major mechanical components – guide rods, plates, bearings etc, 1 year on minor mechanical components – plate switches, cables, grips etc., 90 days on upholstery, 1 year labor</p> <p>Warranties are subject to change and may vary internationally Contact your Star Trac Sales representative for full commercial, light commercial and consumer warranty detail</p>		

FT-18



BODY SPORT Weighted Bars

ITEM # W-ZRWB10

0 Reviews | Write a Review

Muscle Definition & Lean Body Mass Come Naturally after Body Sport Weighted Bars Workouts

Help yourself build lean body mass and gain muscle definition when you use Body Sport Weighted Bars. These versatile bars are available in a variety of weights, making them ideal for any level of fitness. They are used in a variety of workouts and exercises including strength training, conditioning, yoga and Pilates sessions, flexibility routines and more. The durable black rubber end caps on these bars help to protect your floors and walls from damage and the rubber coating gives you a sure grip. The Body Sport Weighted Bars are available in 9 different weight options. Choose from 1 lb., 4 lbs., 6 lbs., 9 lbs., 12 lbs., 15 lbs., 18 lbs., 24 lbs. and 30 lbs. bars. Bars ranging from 1 lb. - 24 lbs. are 4' long and 30 lbs. bars are 5' long.

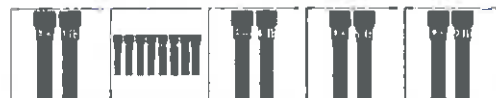
Pricing so sweet, we can't reveal it until you add to your cart! Save on 1 and 30 lb. options!

YOUR PRICE: [Select an option below to view pricing.](#)

Weight: [Select Weight](#)

Quantity:

[ADD TO CART](#)



YOU MAY ALSO LIKE



Hampton Fitness Urethane Jelly Bells

JELLY BELLS URETHANE-COATED AEROBIC DUMBBELL 15 LB PURPLE

\$103.50
6 Options Available
[ADD TO CART](#)



Body Sport Kettlebells

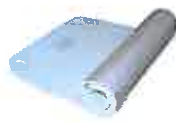
20LB KETTLEBELL LATEX-FREE LIGHT PURPLE

\$44.73
12 Options Available
[ADD TO CART](#)

RECENTLY VIEWED



Body Sport Neoprene Dumbbells



Body Sport Deluxe Exercise Mat

PRODUCT INFO	WARRANTY	REVIEWS
--------------	----------	---------

Weighted Bar Features

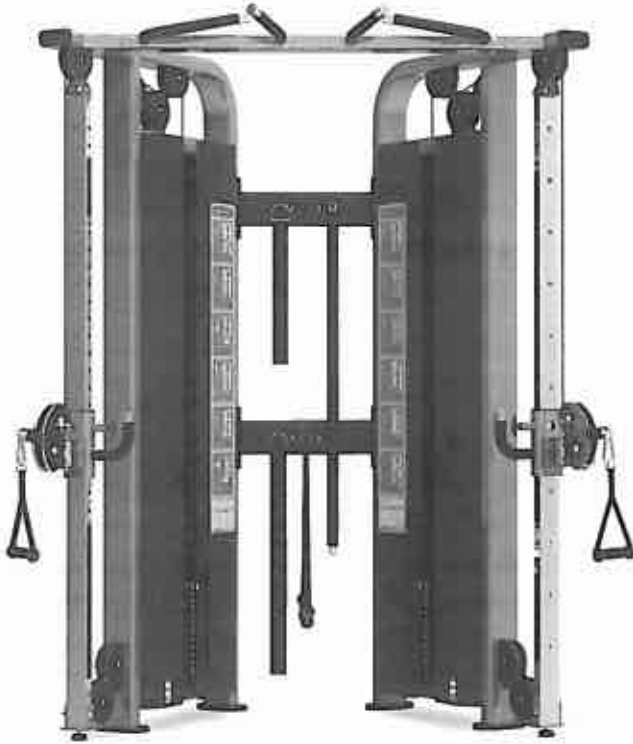
- Black, with stickers on both ends for easy weight identification
- Features black rubber end caps that protect wood floors and make it easier to grip the bar when it's on the floor.
- Features durable rubber coating for a comfortable, secure grip
- Available in 9 different weight options: 1 lb., 4 lb., 6 lb., 9 lb., 12 lb., 15 lb., 18 lb., 24 lb. and 30 lb. weights
- Bars are 4' long, the 30 lb. lifting bars are 5' long

SPECS

Color:	Black
Weight:	1 lb., 12 lb., 15 lb., 18 lb., 24 lb., 30 lb., 4 lb., 6 lb., 9 lb.
Type:	Weighted Bars

FT-32 DUAL ADJUSTABLE PULLEY

Model IL-D2002



- Simple, intuitive placards
- Numerous high-low cable positioning combinations
- Multi-position pull-up bars
- 2 to 1 lifting ratio for reduced starting weight
- Accessory rack for multiple pulley attachments:
 - Stirrup grips (2)
 - Ankle strap
 - Long bar
 - Triceps/Biceps curl bar
- 5 lb (2 kg) (user) increments
- Cable travel of 7 ft (2.1 m)
- Rubber feet for floor protection
- Featuring the patented Lock N Load[®] weight selection system





STACK WEIGHT	EFFECTIVE RESISTANCE	SHIP WEIGHT	WIDTH	LENGTH	HEIGHT
2 x 220 lbs (2 x 100 kg)	2 x 100 lbs (2 x 50 kg)	894 lbs (406 kg)	36" (91 cm)	66" (168 cm)	88" (224cm)
FEATURES AND SPECIFICATIONS					
<p>AVAILABLE COLORS Options for upholstery and frame.</p> <p>SLATE / SILVER</p> <hr/> <p> Slate Upholstery</p> <p> Star Trac Silver Frame</p>			<p>WARRANTY Limited 10 year warranty on structural frame not including coatings, 5 years parts on major mechanical components – guide rods, plates, bearings etc., 1 year on minor mechanical components – plate switches, cables, grips etc., 6 months on upholstery, 1 year labor</p> <p>Warranties are subject to change and may vary internationally Contact your Star Trac Sales Representative for full commercial, light commercial and consumer warranty detail</p>		

FT-34 SEATED LEG PRESS

Model LA-S1305



- User-friendly weight stack selection
- Range of motion adjustment
- Oversized foot plate for variety in foot placement
- User handles for stabilization
- Lock N Load® weight selection
- 5 lb incremental add-on weight system

STACK WEIGHT	SHIP WEIGHT	WIDTH	LENGTH	HEIGHT
400 lbs (181 kg)	825 lbs (374 kg)	47" (119 cm)	74" (188 cm)	65" (165 cm)
FEATURES AND SPECIFICATIONS				
<p>AVAILABLE COLORS Options for upholstery and frame.</p> <p>HARMONY</p> <p>.....</p> <p> </p> <p>Black Upholstery Star Trac Silver Frame</p> <p>LEGACY</p> <p>.....</p> <p> </p> <p>Brown Upholstery White Frame</p>		<p>WARRANTY Limited 10 year warranty on structural frame not including coatings, 5 years part on major mechanical components – guide rods, plates, bearings etc, 1 year on minor mechanical components – plate switches, cables, grips etc, 90 days on upholstery, 1 year labor</p> <p>Warranties are subject to change and may vary internationally Contact your Star Trac Sales representative for full commercial, light commercial and consumer warranty detail</p>		

FT-35A

Clinton Space Saving Folding Mat Platform

1. [Home](#)
2. [Institutional/Clinic](#)
3. [Treatment Mats - Static](#)
4. Clinton Space Saving Folding Mat Platform



[View Larger Image](#)

The Clinton Space Saving Folding Mat Platform is a great choice for tight spaces; it projects only eight inches when folded back against the wall. While standing upright, it is supported on the three rear legs, which are hinged to form a strong plywood shelf. The frame has steel angles to add stability and strength, and two inches of firm foam padding on top are covered with heavyweight, stain-resistant vinyl upholstery. The Clinton Space Saving Folding Mat Platform's front three legs can be folded down towards the center of the frame. This product typically ships 2-3 weeks from order date.

If ordering multiple units of this product, please call for shipping quote. The shipping options listed are for single units ONLY.



**Space Saving, Folding Mat Platform
CLI-243-47**

- **Features full back wall that is floor supported**
 - **Sturdy 3 front-leg design**
- **Projects only 8" from wall when folded**
 - **500 lbs. load capacity**

SKU Number	Width	Length	Height
CLI-243-47	4'	7'	18"
CLI-243-47	5'	7'	18"

Optional 21" total height available

**RISK MANAGEMENT PROVISIONS
INSURANCE AND INDEMNIFICATION
Bid #127-2015 Fitness Equipment for Senior Citizen Center**

INDEMNIFICATION AND HOLD HARMLESS PROVISION

- (1) It is understood and agreed by the parties that Contractor hereby assumes the entire responsibility and liability for any and all damages to persons or property caused by or resulting from or arising out of any act or omission on the part of Contractor or its employees, agents, servants, owners, principals, licensees, assigns or subcontractors of any tier (hereinafter "CONTRACTOR") under or in connection with this agreement and/or the provision of goods or services and the performance or failure to perform any work required thereby.
- (2) CONTRACTOR shall indemnify, save, hold harmless and defend the Lexington-Fayette Urban County Government and its elected and appointed officials, employees, agents, volunteers, and successors in interest (hereinafter "LFUCG") from and against all liability, damages, and losses, including but not limited to, demands, claims, obligations, causes of action, judgments, penalties, fines, liens, costs, expenses, interest, defense costs and reasonable attorney's fees that are in any way incidental to or connected with, or that arise or are alleged to have arisen, directly or indirectly, from or by CONTRACTOR's performance or breach of the agreement and/or the provision of goods or services provided that: (a) it is attributable to personal injury, bodily injury, sickness, or death, or to injury to or destruction of property (including the loss of use resulting therefrom), or to or from the negligent acts, errors or omissions or willful misconduct of the CONTRACTOR; and (b) not caused solely by the active negligence or willful misconduct of LFUCG.
- (3) In the event LFUCG is alleged to be liable based upon the above, CONTRACTOR shall defend such allegations and shall bear all costs, fees and expenses of such defense, including but not limited to, all reasonable attorneys' fees and expenses, court costs, and expert witness fees and expenses, using attorneys approved in writing by LFUCG, which approval shall not be unreasonably withheld.
- (4) These provisions shall in no way be limited by any financial responsibility or insurance requirements, and shall survive the termination of this agreement.
- (5) LFUCG is a political subdivision of the Commonwealth of Kentucky. CONTRACTOR acknowledges and agrees that LFUCG is unable to provide indemnity or otherwise save, hold harmless, or defend the CONTRACTOR in any manner.

FINANCIAL RESPONSIBILITY

BIDDER/CONTRACTOR understands and agrees that it shall, prior to final acceptance of its bid and the commencement of any work, demonstrate the ability to assure compliance with the above Indemnity provisions and these other risk management provisions.

INSURANCE REQUIREMENTS

YOUR ATTENTION IS DIRECTED TO THE INSURANCE REQUIREMENTS BELOW, AAND YOU MAY NEED TO CONFER WITH YOUR INSURANCE AGENTS, BROKERS, OR CARRIERS TO DETERMINE IN ADVANCE OF SUBMISSION OF A RESPONSE THE AVAILABILITY OF THE INSURANCE COVERAGES AND ENDORSEMENTS REQUIRED

HEREIN. IF YOU FAIL TO COMPLY WITH THE INSURANCE REQUIREMENTS BELOW, YOU MAY BE DISQUALIFIED FROM AWARD OF THE CONTRACT.

Required Insurance Coverage

BIDDER/CONTRACTOR shall procure and maintain for the duration of this contract the following or equivalent insurance policies at no less than the limits shown below and cause its subcontractors to maintain similar insurance with limits acceptable to LFUCG in order to protect LFUCG against claims for injuries to persons or damages to property which may arise from or in connection with the performance of the work hereunder by CONTRACTOR. The cost of such insurance shall be included in any bid:

<u>Coverage</u>	<u>Limits</u>
General Liability (Insurance Services Office Form CG 00 01)	\$1 million per occurrence, \$2 million aggregate or \$2 million combined single limit
Commercial Automobile Liability (Insurance Services Office Form CA 0001)	combined single, \$1 million per occurrence
Worker's Compensation	Statutory
Employer's Liability	\$500,000.00

The policies above shall contain the following conditions:

- a. All Certificates of Insurance forms used by the insurance carrier shall be properly filed and approved by the Department of Insurance for the Commonwealth of Kentucky (DOI). LFUCG shall be named as an additional insured in the General Liability Policy and Commercial Automobile Liability Policy using the Kentucky DOI approved forms.
- b. The General Liability Policy shall be primary to any insurance or self-insurance retained by LFUCG.
- c. The General Liability Policy shall include a Products and Completed Operations endorsement or Premises and Operations Liability endorsement unless deemed not to apply by LFUCG.
- d. LFUCG shall be provided at least 30 days advance written notice via certified mail, return receipt requested, in the event any of the required policies are canceled or non-renewed.
- e. Said coverage shall be written by insurers acceptable to LFUCG and shall be in a form acceptable to LFUCG. Insurance placed with insurers with a rating classification of no less than Excellent (A or A-) and a financial size category of no less than VIII, as defined by the most current Best's Key Rating Guide shall be deemed automatically acceptable.

Renewals

After insurance has been approved by LFUCG, evidence of renewal of an expiring policy must be submitted to LFUCG, and may be submitted on a manually signed renewal endorsement form. If the policy or carrier has changed, however, new evidence of coverage must be submitted in accordance with these Insurance Requirements.

Deductibles and Self-Insured Programs

IF YOU INTEND TO SUBMIT A SELF-INSURANCE PLAN IT MUST BE FORWARDED TO LEXINGTON-FAYETTE URBAN COUNTY GOVERNMENT, DIVISION OF RISK MANAGEMENT, 200 EAST MAIN STREET, LEXINGTON, KENTUCKY 40507 NO LATER THAN A MINIMUM OF FIVE (5) WORKING DAYS PRIOR TO THE RESPONSE DATE. Self-insurance

programs, deductibles, and self-insured retentions in insurance policies are subject to separate approval by Lexington-Fayette Urban County Government's Division of Risk Management, upon review of evidence of BIDDER/CONTRACTOR's financial capacity to respond to claims. Any such programs or retentions must provide LFUCG with at least the same protection from liability and defense of suits as would be afforded by first-dollar insurance coverage. If BIDDER/CONTRACTOR satisfies any portion of the insurance requirements through deductibles, self-insurance programs, or self-insured retentions, BIDDER/CONTRACTOR agrees to provide Lexington-Fayette Urban County Government, Division of Risk Management, the following data prior to the final acceptance of bid and the commencement of any work:

- a. Latest audited financial statement, including auditor's notes.
- b. Any records of any self-insured trust fund plan or policy and related accounting statements.
- c. Actuarial funding reports or retained losses.
- d. Risk Management Manual or a description of the self-insurance and risk management program.
- e. A claim loss run summary for the previous five (5) years.
- f. Self-Insured Associations will be considered.

Safety and Loss Control

CONTRACTOR shall comply with all applicable federal, state, and local safety standards related to the performance of its works or services under this Agreement and take necessary action to protect the life, health and safety and property of all of its personnel on the job site, the public, and LFUCG.

Verification of Coverage

BIDDER/CONTRACTOR agrees to furnish LFUCG with all applicable Certificates of Insurance signed by a person authorized by the insurer to bind coverage on its behalf prior to final award, and if requested, shall provide LFUCG copies of all insurance policies, including all endorsements.

Right to Review, Audit and Inspect

CONTRACTOR understands and agrees that LFUCG may review, audit and inspect any and all of its records and operations to insure compliance with these Insurance Requirements.

DEFAULT

BIDDER/CONTRACTOR understands and agrees that the failure to comply with any of these insurance, safety, or loss control provisions shall constitute default and that LFUCG may elect at its option any single remedy or penalty or any combination of remedies and penalties, as

available, including but not limited to purchasing insurance and charging BIDDER/CONTRACTOR for any such insurance premiums purchased, or suspending or terminating the work.

00470806



Lexington-Fayette Urban County Government
DEPARTMENT OF FINANCE & ADMINISTRATION

Jim Gray
Mayor

William O'Mara
Commissioner

ADDENDUM #1

Bid Number: 127-2015

Date: February 1, 2016

Subject: Fitness Equipment for Senior Citizen's Center

Please address inquiries to:
Conni Hayes, Buyer
(859) 258-3320

TO ALL PROSPECTIVE BIDDERS:

Please be advised of the following clarifications to the above referenced bid:

The purpose of this Addendum is to clarify and/or revise the requirements of the construction documents produced by EOP Architects and consultants dated January 26, 2016 for the above noted project.

E-CT Cross Trainer specification attached.

1.0 FITNESS EQUIPMENT DRAWINGS

- 1.1 Sheet FE1.0 – Label FT-01: Replace “wired for 900mhz” in Design Criteria with “integrated MYE 900mhz wireless audio receiver”.
- 1.2 Sheet FE1.0 – Label FT-02: Change model name to “E-CT Cross Trainer” and model number to “E-CT”.
- 1.3 Sheet FE1.0 – Label FT-02: Replace the Design Criteria with the following:
 - 1.3.1 Pre-wired for E Series Personal Viewing Screen entertainment system, 8 user-specific workout programs, 20 intensity levels, Polar telemetry heart rate monitoring, personal fan, LED display, Soft Trac pedals, Weight capacity: 350 pounds, integrated MYE 900mhz wireless audio receiver, AC adapter as needed
- 1.4 Sheet FE1.0 – Label FT-04: Change Manufacturer to “York”, change Model Name to “2-Tier Tray Dumbell Rack”, change Model Number to “69128”, change Design Criteria to “Accommodates 10 pairs to dumbells”, change Warranty to “5 years”

- 1.5 Sheet FE1.0 – Label FT-14: Change Manufacturer to "SPRI", change Model Name to "Deluxe Rubber Dumbbells".
- 1.6 Sheet FE1.0 – Label FT-15: Change Manufacturer to "SPRI", change Model Name to "Deluxe Vinyl Dumbbells"

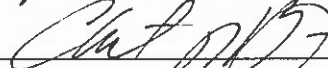


Todd Slatin, Director
Division of Central Purchasing

All other terms and conditions of the Bid and specifications are unchanged. This letter should be signed, attached to and become a part of your Bid.

COMPANY NAME: 123 wellness Inc

ADDRESS: 618 St Joseph Ln Park Hills KY 40364

SIGNATURE OF BIDDER: 

*Chris Bigman
Director of Sales -*

618 St. Joseph Ln
 Park Hills, KY 41011

Rep	Date	Quote #
CB	2/3/2016	6232

Name / Address
LFUCG Conni Hayes 200 E Main St 3rd Floor Government Center Lexington KY 40507

Ship To
New Senior Center

Item	Description	Qty	List Price	Your Price	Total
ST - E-TRx	Star Trac E-TRx Commercial Treadmill	3		4,575.00	13,725.00
ST - E-CT	Star Trac E-CT Cardio Trainer (elliptical)	2		3,395.00	6,790.00
Freeweights	Infight Fitness 2 Tier Tray Style DB Rack: Holds 10 prs of dbs 5007-2	1		410.00	410.00
HO - CF-3160	Hoist CF Flat/Incline Bench	1		515.00	515.00
HO - CF-3165	Hoist CF Super Flat-Incline Decline Bench	1		580.00	580.00
ST - 9LA-S330...	Star Trac Impact LNL Lat Pulldown	1		2,625.00	2,625.00
Misc	Marpo VLT Rope Trainer	1		3,195.00	3,195.00
ST - 9LA-S430...	Star Trac Impact LNL Chest Press	1		2,625.00	2,625.00
NuStep - T4r	NuStep Recumbent T4r	2		3,895.00	7,790.00
TR - SD-012R	Troy 8-sided rubber encased dumbbell with chrome steel contoured handle. 12lb	2		14.95	29.90
TR - SD-015R	Troy 8-sided rubber encased dumbbell with chrome steel contoured handle, 15lbs	2		18.70	37.40
TR - SD-020R	Troy 8-sided Rubber Encased Dumbbell w/Chrome Steel Contoured Handle, 20lb	2		24.90	49.80
TR - SD-025R	Troy 8-sided Rubber Encased Dumbbell w/Chrome Steel Contoured Handle, 25lb	2		31.15	62.30
TR - SD-030R	Troy 8-sided Rubber Encased Dumbbell w/Chrome Steel Contoured Handle, 30lb	2		37.40	74.80
TR - GTD-002	Troy Neoprene covered aerobic dumbbell with ERGO handle - black, 2lb	2		2.05	4.10
TR - GTD-003	Troy Neoprene covered aerobic dumbbell with ERGO handle - black, 3lb	2		3.10	6.20
TR - GTD-005	Troy Neoprene covered aerobic dumbbell with ERGO handle - black, 5lb	2		5.20	10.40

Terms and Conditions

1. Deposit: 50% deposit and approved P.O.# with order
2. Purchase Order: If applicable, a copy of the signed P.O. is required
3. Payment: Balance due on receipt.
4. Delivery and Assembly: Delivery and Assembly are computed to be performed during regular business hours on the requested date. Special requests or date changes may require additional fees.
5. Returns: Items listed on this proposal are special order and returns are subject to a minimum 25% restocking charge plus actual return freight charges. In-bound freight, delivery and installation charges are not reimbursable.
6. Clerical errors are subject to correction.
7. This equipment proposal is valid for thirty (30) days.
8. All balances over 15 days will accrue late payment penalty of 1.5% per month.

Acceptance of Proposal

These products and prices are satisfactory and hereby accepted. I am authorized to order the above equipment with full understanding of the Terms and Conditions.

Authorized Signature _____

Date of Acceptance _____

 P.O. # _____ Requested Delivery Date _____
 (This does not guarantee delivery date.)

Total

Phone #	Fax #	E-mail	Web Site
859-312-9063	859-491-2696	chris@123wellnessinc.com	www.123wellnessinc.com

618 St. Joseph Ln
 Park Hills. KY 41011

Rep	Date	Quote #
CB	2/3/2016	6232

Name / Address
LFUCG Conni Hayes 200 E Main St 3rd Floor Government Center Lexington KY 40507

Ship To
New Senior Center

Item	Description	Qty	List Price	Your Price	Total
TR - GTD-006	Troy Neoprene covered aerobic dumbbell with ERGO handle - black, 6lb	2		6.20	12.40
TR - GTD-008	Troy Neoprene covered aerobic dumbbell with ERGO handle - black, 8lb	2		8.30	16.60
ST - 9LA-S330...	Star Trac Impact LNL Vertical Row	1		2,580.00	2,580.00
ELIV - ZZRW...	Elivate Body Sport Weight Bar 15 lbs	1		29.40	29.40
ELIV - ZZRW...	Elivate Body Sport Weight Bar 18 lbs.	1		38.55	38.55
ELIV - ZZRW...	Elivate Body Sport Weighted Bar 24 lbs.	1		48.65	48.65
ELIV - ZZRW...	Elivate Body Sport Weighted Bar 30 lbs	1		57.85	57.85
SPRI - RBR12	SPRI 12 Ball PVC Rack	2		205.00	410.00
SPRI - 07-71018	SPRI Wall Mounted Mat Rack - Holds 10 Mats	2		16.15	32.30
SPRI	SPRI Premium Weight Rack 07-70348	1		205.00	205.00
SPRI - MED-R...	SPRI 5 Ball Xerball (Medicine Ball) Rack	1		104.50	104.50
SPRI - Rack-T...	SPRI Steel Tubing Tree	1		64.70	64.70
Misc	Clinton Double Entry Storage Rack #5115	2		875.00	1,750.00
ST - 9IL-D200...	Star Trac Instinct Dual Adjustable Pulley	1		2,464.00	2,464.00
ST - 9IL-D200...	Star Trac Instinct Dual Adjustable Pulley	1		2,464.00	2,464.00
ST - 9LA-S130...	Star Trac Impact LNL Seated Leg Press	1		3,995.00	3,995.00
Misc	Clinton SPACE SAVING FOLDING MAT PLATFORM CLI-243-47	1		750.00	750.00
Freight	Freight & Installation 8-10 Week Lead Time on the Marpo VLT 3-6 Week Lead Time on Rest of Product from Receipt of PO.	1		3,400.00	3,400.00

Terms and Conditions

1. Deposit: 50% deposit and approved P.O.# with order
2. Purchase Order: If applicable, a copy of the signed P.O. is required
3. Payment: Balance due on receipt.
4. Delivery and Assembly: Delivery and Assembly are computed to be performed during regular business hours on the requested date. Special requests or date changes may require additional fees.
5. Returns: Items listed on this proposal are special order and returns are subject to a minimum 25% restocking charge plus actual return freight charges. In-bound freight, delivery and installation charges are not reimbursable.
6. Clerical errors are subject to correction.
7. This equipment proposal is valid for thirty (30) days.
8. All balances over 15 days will accrue late payment penalty of 1.5% per month.

Acceptance of Proposal

These products and prices are satisfactory and hereby accepted. I am authorized to order the above equipment with full understanding of the Terms and Conditions.

Authorized Signature _____

Date of Acceptance _____

 P.O. # _____ Requested Delivery Date _____
 (This does not guarantee delivery date.)

Total
\$56,952.85

Phone #	Fax #	E-mail	Web Site
859-312-9063	859-491-2696	chris@123wellnessinc.com	www.123wellnessinc.com