



**TO: LINDA GORTON, MAYOR  
URBAN COUNTY COUNCIL**

**FROM: THERESA REYNOLDS, DIRECTOR  
DIVISION OF GRANTS AND SPECIAL PROGRAMS**

**DATE: AUGUST 21, 2023**

**SUBJECT: Approval of O2X Human Performance as a Sole Source Provider Contract  
for Division of Fire & Emergency Services**

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**Request:** Council authorization to approve O2X Human Performance as a sole source provider contract for the Wellness Training Program for the Division of Fire and Emergency Services at a cost not to exceed \$336,000.

**Purpose of the Request:** The Division of Fire and Emergency Services is requesting to establish O2X Human Performance as a sole source provider for the Wellness and Injury Reduction Training Program. O2X Human Performance is widely recognized as the only provider of customized human performance/wellness programs at a large scale. The unique human performance program provided by O2X is specifically designed for specialized government organizations. We are purchasing a human performance program (e.g., curriculum, books, and app) that will be used to fund a department wide fitness and wellness readiness assessment and a comprehensive education program to include mental health, stress management, physical fitness, nutrition, sleep hygiene, and injury prevention. Overall, this program will allow us to better support the health of our members and our mental and physical readiness to serve our community.

**What is the cost in this budget year and future budget years?** Estimated cost is \$336,000. No future costs are anticipated.

**Are the funds budgeted?** Yes, 3200-505701-5704-71299; FIRE\_WLLNS\_2022.

**File Number:** 0857-23

**Director/Commissioner:** Wells/Armstrong

