



**TO: LINDA GORTON, MAYOR
URBAN COUNTY COUNCIL**

**FROM: CHARLIE LANTER, DIRECTOR
DIVISION OF GRANTS AND SPECIAL PROGRAMS**

DATE: DECEMBER 30, 2021

SUBJECT: Submission of Second AFG Grant for the Lexington Fire Department

Request: Council authorization to submit an application and accept if offered to the U.S. Department of Homeland Security under the 2021 Assistance to Firefighters Grant (AFG) Program requesting federal funding in the amount of \$600,000 to create a Fitness/Wellness and Injury Reduction Training Program.

Purpose of Request: The creation and implementation of an NFPA 1583 compliant Fitness/Wellness and Injury Reduction Training Program is considered a high priority per the 2021 AFG Notice of Funding Opportunity. This AFG priority aligns well with our current departmental needs to improve the overall mental and physical health of our membership as well as assist in the decrease of injury related modified duty and overtime. This grant will be used to fund a department wide fitness and wellness readiness assessment and a comprehensive education program to include mental health, stress management, physical fitness, nutrition, sleep hygiene, and injury prevention. In addition to the education program, the grant will be used to create a sustainable peer fitness program and implement a firefighter fitness assessment. Overall, this program will allow us to better support the health of our members and our mental and physical readiness to serve our community.

What is the cost in this budget year and future budget years? If the grant is approved, federal funds in the amount of \$600,000 will be awarded, requiring a 10% match of \$60,000.

Are the funds budgeted? A budget amendment will be completed if approved.

File Number: 023-22

Director/Commissioner: Wells/Armstrong

