

ADDENDUM
Service Agreement October, 2011
Lexington-Fayette Urban County Government and Chrysalis House

Specific use of funds:

The funds provided by LFUCG to Chrysalis House will be used to pay a majority of the salary of a Certified Alcohol and Drug Counselor specializing in the treatment of women's issues.

New admissions to Chrysalis will be met by their therapist who will lead her treatment team at the facility in which the new client will reside. All Chrysalis therapists maintain degrees and certification/licensure to provide therapeutic services or are supervised by experienced and qualified professionals while working toward certification. Thorough mental health and substance abuse assessment begins at this initial meeting and continues over the first 48 hours. Following this extensive diagnostic interview, review of medical records from previous treatment episodes, and psychological testing, mental health diagnoses are rendered if applicable. Clients will receive a minimum of weekly individual and group therapy to address mental health difficulties. Treatment for mental health disorders is fully integrated with substance abuse treatment and continues throughout residential treatment, usually 6-8 months. Within 7 days of admission, the therapist will also work with the client to develop an individualized treatment plan to address problems with substance dependence, mental disorders, and medical problems, and other difficulties. The treatment plan includes goals and objectives for resolving problems and a timeline of completion for each goal and objective. The treatment plan is reviewed monthly or as situations change.

It has been estimated that 37% of alcohol abusers and 53% of drug abusers also have at least one serious mental illness. Conversely, it has been estimated that 29% of all people diagnosed as mentally ill abuse either alcohol or drugs. At Chrysalis the incidence of co-occurring disorders is over 80% of the population served, therefore we offer the highest level of care.

Outcomes

Long Term:

- Clients receiving services will experience a reduction in relapse and recidivism.
- Clients will report improvement in physical and mental health.
- Pregnant clients will deliver healthy babies.

Short Term:

- Clients receive substance abuse and mental health services, meeting individually and in a group setting with a mental health professional.
- Pregnant clients receive pre- and post-natal care.
- Clients receive case management services, working toward improved wellness, employment, parenting, housing, and self-sufficiency.
- Clients receive frequent and random urine tests.