#### **INVITATION TO BID**

Bid Invitation Number: #173-2012 Date of Issue: 12/05/2012

Sealed bids will be received in the office of the Division of Central Purchasing, 200 East Main Street, Lexington, Kentucky, until 2:00 PM, prevailing local time on 12/19/2012. Bids must be received by the above-mentioned date and time. Mailed bids should be sent to:

> **Division of Central Purchasing** 200 East Main Street, Rm 338 Lexington, KY 40507, (859) 258-3320

The Lexington-Fayette Urban County Government assumes no responsibility for bids that are not addressed and delivered as indicated above. Bids that are not delivered to the Division of Central Purchasing by the stated time and date will be rejected.

All bids must have the comof the envelope.	pany name and address, bid invitation nur	mber, and the commodity/service on the out
Bids are to include all shipp	ping costs to the point of delivery located	at: Various, Lexington, KY 405XX
	Yes _X_No Performance E Bid Bond (Personal checks and company checks	
	Commodity/Service	
	Charter Bus Service	
	See specifications	
be itemized and att	Check One: Met Specifications. Exceptions shall tached to bid proposal submitted.  Procurement Card Usage on-Fayette Urban County Government will ods and services and also to make payment	ll be using Procurement Cards to
Submitted by:  Bid must be signed: (original signature)	Miller Transporte  Firm 917 Third Stree  Address  LOUISVILLE Ky-  City, State & Zip  Signature of Authorized Company Re  Annete Lynch Ve  Representative's Name (Typed or printed)  502-368-5644 ext 113  Area Code - Phone - Extension	+ Road 40214 VP

The Affidavit in this bid must be completed before your firm can be considered for award of this contract.

Hertransportation.com

#### I. GREEN PROCUREMENT

#### A. ENERGY

The Lexington-Fayette Urban County Government is committed to protecting our environment and being fiscally responsible to our citizens.

The Lexington-Fayette Urban County Government mandates the use of Energy Star compliant products if they are available in the marketplace (go to <a href="www.Energystar.gov">www.Energystar.gov</a>). If these products are available, but not submitted in your pricing, your bid will be rejected as <a href="mailto:non-compliant">non-compliant</a>.

ENERGY STAR is a government program that offers businesses and consumers energy-efficient solutions, making it easy to save money while protecting the environment for future generations.

#### Key Benefits

These products use 25 to 50% less energy Reduced energy costs without compromising quality or performance Reduced air pollution because fewer fossil fuels are burned Significant return on investment Extended product life and decreased maintenance

#### **B. GREEN SEAL CERTIFIED PRODUCTS**

The Lexington-Fayette Urban County Government is also committed to using other environmentally friendly products that do not negatively impact our environment. Green Seal is a non-profit organization devoted to environmental standard setting, product certification, and public education.

Go to <u>www.Greenseal.org</u> to find available certified products. These products will have a reduced impact on the environment and on human health. The products to be used must be preapproved by the LFUCG prior to commencement of any work in any LFUCG facility. If a Green Seal product is not available, the LFUCG must provide a signed waiver to use an alternate product. Please provide information on the Green Seal products being used with your bid response.

#### C. GREEN COMMUNITY

The Lexington-Fayette Urban County Government (LFUCG) serves as a principal, along with the University of Kentucky and Fayette County Public Schools, in the Bluegrass Partnership for a Green Community. The Purchasing Team component of the Partnership collaborates on economy of scale purchasing that promotes and enhances environmental initiatives. Specifically, when applicable, each principal is interested in obtaining best value products and/or services which promote environment initiatives via solicitations and awards from the other principals.

If your company is the successful bidder on this Invitation For Bid, do you agree to extend the same product/service pricing to the other principals of the Bluegrass Partnership for a Green Community (i.e. University of Kentucky and Fayette County Schools) if requested?

Yes	 No

#### **AFFIDAVIT**

Comes the Affiant, Hynette Lynch, and after being first duly sworn under penalty of perjury as follows:
1. His/her name is Annete Lynch and he/she is the individual submitting the bid or is the authorized representative of
Miller Transportation Inc.
the entity submitting the bid (hereinafter referred to as "Bidder").
<ol> <li>Bidder will pay all taxes and fees, which are owed to the Lexington-Fayette Urban County Government at the time the bid is submitted, prior to award of the contract and will maintain a "current" status in regard to those taxes and fees during the life of the contract.</li> <li>Bidder will obtain a Lexington-Fayette Urban County Government business license, if applicable, prior to award of the contract.</li> </ol>
4. Bidder has authorized the Division of Central Purchasing to verify the above-mentioned information with the Division of Revenue and to disclose to the Urban County Council that taxes and/or fees are delinquent or that a business license has not been obtained.  5. Bidder has not knowingly violated any provision of the campaign finance laws of the Commonwealth of Kentucky within the past five (5) years and the award of a contract to the Bidder
will not violate any provision of the campaign finance laws of the Commonwealth.  6. Bidder has not knowingly violated any provision of Chapter 25 of the Lexington-
Fayette Urban County Government Code of Ordinances, known as "Ethics Act."  7. Bidder acknowledges that "knowingly" for purposes of this Affidavit means, with
respect to conduct or to circumstances described by a statute or ordinance defining an offense, that a person is aware or should have been aware that his conduct is of that nature or that the circumstance exists.
Further, Affiant sayeth naught.  Multipal
county of Jeffers on
county of Jeffers on
The foregoing instrument was subscribed, sworn to and acknowledged before me
by Annette Linch on this the 18th day
of December, 2012.
My Commission expires: Nov. 16, 2013
NOTARY PUBLIC, STATE AT LARGE
<i>J</i> = ==================================

Please refer to Section II. Bid Conditions, Item "U" prior to completing this form.

Lexington Fayette Urban County Government

Invitation To Bid: 173-2012

**Charter Bus Service** 

Submitted By: Miller Transportation Inc, Annette Lynch

Enclosed is the requested information required for Parks and Recreation Charter Bus Service bid.

#### 1. Number of buses owned by company:

- a. 41 school buses
- b. 6 nini-coaches
- c. 36 motorcoaches
- 2. Seating Capacity of buses All Miller School buses are considered 66 passenger capacity. This is 3 per bench seat.
- 3. **Total Number of Buses available to LFUCG on a given day**. Outside of "special event days", a minimum of 15 buses will be available to LFUCG, given a 2 day advanced notice.
- 4. Company procedures for obtaining background checks on employees: See attached forms "Minimum Driver Hiring Requirements" and "New Hire Procedures". All school bus drivers have the following background checks performed before they are hired:
  - a. Local check
  - b. State Check
  - c. Court Net Check
- 5. Copy of Company's Drug-Free Workplace Policy and drug testing policies: See "Miller Transportation Alcohol and Controlled Substance Program", "Procedures for Safety Managements Control" and "Safety and Compliance Summary".
- 6. Evidence of Insurability Form: See Attached.
- 7. **Pricing:** See attached form. All pricing is based on standard school bus transportation. Motorcoach and Air-Conditioned School Bus Pricing available upon request.

Please contact Annette Lynch at 859-255-2707 if any additional information is required.

Thank You for the opportunity.

Annette Lynch

Miller Transportation Inc.

#### MINIMUM DRIVER HIRING REQUIREMENTS

- 1. Applicants must be at least 25 years of age.
- Applicants must have at least 5 years U.S. Driving experience, including 2 years
  of commercial driving experience in a vehicle similar to those they would be
  operating for the company.
- 3. Motor vehicle records must not include more than 2 moving violation convictions and 1 D.O.T. recordable loss in the past 12 months. Within the past 36 months, no more than 4 moving violation convictions, or 2 preventable D.O.T. recordable losses, or in combination, no more than 2 moving violation convictions and 2 preventable D.O.T. recordable losses.

#### PROHIBITED VIOLATIONS WITHIN PAST 36 MONTHS

Driving while intoxicated by alcohol or drugs

Possession of alcohol or drugs in a motor vehicle

Refusal to submit under implied consent, or similar

Suspended license

Operating while suspended

Suspension of 30 days or more, if resulting from a moving violation

Felony using a motor vehicle

Leaving the scene of an accident

Fleeing or eluding an officer

Reckless driving

- 4. Applicants must be properly licensed and endorsed to operate our type of equipment.
- 5. Applicants must submit and have approved the following:
  - A. Application for employment
  - B. Background Checks
    - 1. Work History
    - 2. Drug and Alcohol results
    - 3. Background History
  - C. Pre Employment motor vehicle record
  - D. Road Test
  - E. Physical Examination completed by our doctor
  - F. Pre Employment Drug Screen
  - H. Complete Appropriate Class Training as required by the FMCSA
- 6. Tenured Drivers must submit and pass
  - A. Annual Motor Vehicle Records Check
  - B. Bi-annual Physical Certifications (unless medically certified for shorter period)
  - C. Required Drug and Alcohol Testing

#### 7. Driver Orientation and Training Standards

New Hires: Complete Orientation Class

Complete New Hire Training Classes

Continued In-Service Training

Tenured Drivers: Continued In-Service Training

Remedial Training When Necessary

8. Disciplinary Actions

The following areas will be monitored on every operator to maintain high quality performance and safe operation.

- 1. Motor Vehicle Records
- 2. Driver Performance
- 3. Accidents
- 4. Customer Complaints
- 5. Hours of Service (Log) Violations
- 6. Drug and Alcohol Testing
- 7. D.O.T. and Company Compliance

Disciplinary Actions will be set forth in a separate release outlining guidelines and consequences in each area.

#### Miller Trailways – Louisville, Ky. Miller Bus Service – Indianapolis, In. Safety and Compliance Release

#### New Hire Procedures for Miller Bus Service Drivers

Updated February 21, 2007

The following will outline the procedure for hiring new drivers for Miller Bus Service. This includes persons who may have worked before for us under the Miller Transportation name as this is now a new company from the former. Details will be included at the end for re-hiring drivers who have worked before for Miller Bus Service, for example summer only drivers.

1. Obtain a complete application from the applicant.

a. This MUST have each and every question asked on the application answered with a response from the applicant. This is a DOT requirement. No response is not an answer!

b. Residence history and Work History MUST go back a minimum of 10 years. Work history must include any periods of unemployment. All entries must have complete address, phone, and contact name or department as well as wage history and correct term of employment. All must be verifiable.

Interview the applicant and complete your findings on the interview area of the application. If
interested in the applicant, continue with the processing procedures below.

 Make a copy of the applicants credentials. We need copies of the Drivers License, Social Security Card, Medical Card, and Indiana School Bus Yellow Card if applicable.

4. Forward to the Safety and Compliance Director, a copy of the Complete application, Drivers License with accompanying hand written information from the license for FAX clarity purposes. Write out the First Name, Middle Initial, Last Name, along with the date of birth EXACTLY as it is shown on the license. Also include the Expiration Date on the License. You also must return with this a signed authorization form to run their MVR report.

5. Compliance office will examine the documentation and if all is in order, run the current MVR then approve or deny the applicant for further consideration of hiring. If you receive an approval of the MVR check, then take the applicant on a road test in a 47 passenger coach or School Bus if applying for School Bus Position. Complete the road test evaluation sheet from the DOT file and if applicant has passed the road test, complete the drivers card and sign.

6. If the applicant has made it this far, have them report to our company doctor and obtain a physical from them. Drivers applying for regular employment, be it full or part time, must have a current physical from our doctor. This is also when they should be sent for their drug test so there is time for results to be back by class date. Drivers hired for seasonal summer or temporary work must only have a physical that is current for hire.

7. When applicant has obtained the current physical and has provided the company with a copy of the card and long form for our records, Schedule the applicant for further training at our Indianapolis, office, with the Safety and Compliance Director. Contact the Director for arranging a class date and register with him the drivers whom you will have attending. Class will be in most cases 1 day for well qualified and experienced drivers, and one and a half to two full days for drivers new to the business or with little experience in coaches.

8. Complete a set of new hire paperwork for the applicant including the Indiana State Specific papers for Human Resources. Hold these papers until drivers complete class and return a copy of the Certificate of Training. Once these forms are returned, submit the Human Resources papers to the National Turnpike Office in Louisville.

Send Drivers to classes with the DOT file you have begun on them with their road test completed
and copies of the physical paperwork, you main retain the application for your human resource
packet as the compliance office will have your FAXED copy.

- 10. Drivers will receive training on the DOT mandatory 4 hour classes, Logging, company paperwork, defensive driving, customer service, and equipment orientation. When they return to your office they will need to be given a facility orientation. Background checks will be attempted to be satisfied during their class time or as soon as possible after class is completed. They also will receive their Drug and Alcohol book and their DOT Regulation book at class.
- 11. Safety Director will issue appropriate Certificates of Training on completion and place in drivers DOT file then place all files in the company files in Louisville office for Miller Bus Service.
- 12. Drivers will be returned to Indianapolis office with appropriate certificates in hand at which time they can get their facility orientation. THEY CANNOT be scheduled for work at this point as we must await the results of the drug test and have in hand in their file before they go on the schedule.
- 13. On the drivers first day of work with the company have a statement of hours form completed and faxed immediately to the safety office. This form reports all hours worked for any other employer for the previous 7 days prior to the first day of work with us when they will begin regular logs. This is a duplicate form that has two parts on it, both must be completed and signed and one half goes to the company and the other goes in the drivers log book as his previous 7 day record. This must be in both our possessions BEFORE they get behind the wheel.

#### PREVIOUS MILLER BUS SERVICE EMPLOYEES WHO ARE RE-HIRED

These drivers would already have a DOT file on file with the company. They must be re drug tested, new MVR's run on them, and a letter must be completed on them showing what they did and/or who they worked for during the period they were not employed by us. Verify and copy their current license and physical, and conduct an update road evaluation, submit all to the Compliance office for approval before placing back on the schedule.

All drivers MUST complete training classes outlined by the federal DOT laws and the Safety Department before they drive any equipment on their own. Drivers are not yet employees of the company and do NOT receive compensation for training, as they are still qualifying to become employees.

## MILLER TRANSPORTATION

# Alcohol and Controlled Substance Program

Miller Transportation Drug and Alcohol Policy Requirements In order to have a successful drug and alcohol testing program, it is important that employees know what is expected of them. The Federal Highway Administration requires Miller Transportation to provide educational materials that explain the requirements of the alcohol and drug testing regulations, and Miller Transportation policies and procedures with respect meeting those requirements.

Alcohol and Controlled Substance Program.

Alcohol and Controlled Substance testing is required for all Commercial Driver's License (CDL) holders. All Miller Transportation personnel who must possess a CDL shall be tested for alcohol and controlled substances in accordance with this program. This program is administered by the Personnel Office. Refer any questions regarding this program to the DER, Melissa Stegall at 502-363-0609.

Alcohol levels are determined by use of an evidential breath-testing device or by blood serum, when needed. Controlled substance testing, by urine specimen, consists of tests for marijuana, cocaine, opiates, amphetamines, and phencyclidine (PCP). Specimen collection will be conducted in accordance with applicable state and federal law. The Collection procedures are designed to ensure the security and integrity of the specimen provided by each driver, and the procedures strictly follow federal chain of custody guidelines. Moreover, every reasonable effort will be made to maintain the dignity of each driver submitting a specimen for analysis in accordance with these procedures. The situations under which alcohol testing and/or controlled substance testing are conducted are pre-employment, reasonable suspicion, post-accident, and random selection. All drivers are subject to all provisions of this program for alcohol and controlled substance testing.

## Alcohol and Drug testing requirements for Drivers, Part-Time Drivers and Other Safety-Sensitive Transportation Personnel

- A. 382.103 Applicability With a few exceptions, drivers required to have a Commercial Driver's License (CDL) are subject to the controlled substance and alcohol testing rules. A CDL is required for drivers operating a vehicle in excess of 26,000 pounds GVWR, designed to carry 16 or more passengers (including the driver), or of any size, which is used in the transportation of a placardable amount of hazardous material. This extends those currently covered by the rule to include interstate and intrastate truck and motor coach operations, including those operated by Federal, State, local and tribal governments.
- B. <u>Compliance</u> An employee must be in compliance while performing safety sensitive functions. An employee is performing a SAFETY-SENSITIVE FUNCTION during any period in which he or she is actually performing, ready to perform or immediately available to perform any of the on-duty functions listed below.

Safety-Sensitive Function. Any of those on duty functions set forth in 395.2 On- Duty Time, paragraphs (1) through (7) as listed below.

(1) All time at a school, terminal, facility, or other property waiting to be dispatched, unless the driver has been relieved from duty by the dispatcher.

(2) All time inspecting equipment as required by the Federal Motor Carrier Safety Regulations (FMCSRs) or otherwise inspecting, servicing, or conditioning any commercial motor vehicle at any time.

(3) All time spent at the driving controls of a commercial motor vehicle.

(4) All time, other than driving time, spent on or in a commercial motor vehicle.

(5) All time loading or unloading a commercial motor vehicle, supervising or assisting in the loading or unloading, attending a vehicle being loaded or unloaded, and remaining in readiness to operate the vehicle.

(6) All time spent performing the driver requirements associated with an accident.

(7) All time repairing, obtaining assistance, or remaining in attendance upon a disabled vehicle.

#### C. Prohibited Alcohol and Controlled Substance Related Conduct Covered By 49 CFR, Parts 382.201 Through 382.215

The following alcohol and controlled substance-related activities are prohibited by the Federal Highway Administration's drug use and alcohol misuse rules for drivers of commercial motor vehicles.

- 1. 382.201 Reporting for duty or remaining on duty to perform safety-sensitive functions while having an alcohol concentration of 0.02 or greater.

  2. 382.204 Being on duty or operating a Commercial Motor Vehicle (CMV) while the driver possesses alcohol. This includes the possession of medicines containing alcohol (prescriptions or over the counter), unless the packaging seal is unbroken.
- 3. 382.205 Using alcohol four (4) hours prior to / or while performing safety-sensitive functions. This includes those performing inspections and work on buses.
- 4. 382.209 When required to take a post-accident alcohol test, using alcohol within eight (8) hours following the accident or prior to undergoing a post accident test, whichever comes first.
- 5. 382-211 Refusing to submit to an alcohol or controlled substance test required by post-accident, random or reasonable suspicion testing requirements.
- 6. 382.213 Reporting for duty or remaining on duty, requiring the performance of safety-sensitive functions, while the driver uses any controlled substance (except when instructed by a physician who has advised the driver that the substance does not adversely affect the driver's ability to safely operate a CMV)
- 7. 382.215 Reporting for duty, or remaining on duty, or performing a safety-sensitive function, if the driver tests positive for controlled substances.

#### D. Testing Requirements

The guidelines for the laboratory and the Medical Review Officer (MRO)- for reporting alcohol and controlled substance testing results include, but are not limited to, the following:

- Negative
- Positive
- Refusal to Test: A driver; (1) fails to provide adequate breath for testing without a valid medical explanation after he or she has received notice of the requirement for breath testing; (2) fail to provide adequate urine for controlled substance testing without a valid medical explanation after he or she has received notice of the requirement for urine testing; or (3) engages in conduct that clearly obstructs the testing process. For controlled substances testing, the MRO reports that the specimen was adulterated or substituted. Adulterated means a urine specimen is submitted that does not exhibit the physical characteristics of human urine. Substituted means a urine specimen is submitted that is not consistent with normal human urine.

Negative Dilute: A specimen with creatinine and specific gravity values that are lower than expected for human urine. Upon notification of a negative dilute controlled substance test result from the MRO, the employee shall be sent for retesting immediately without direct observation. This procedure will be followed in all testing situations.

Cancelled: If a specimen is reported by the MRO as cancelled, the employee may be sent for retesting immediately with direct observation. This procedure

will be followed in all testing situations.

An employee who tests positive for a controlled substance (other than that prescribed by a doctor) or has .02 or greater blood alcohol count or refuses to test will be immediately terminated.

1. Pre-Employment Controlled Substance Testing

This testing is given to prospective employees prior to employment in a position requiring a CDL. Prior to the first time a driver performs safety-sensitive functions (such as time spent driving a vehicle, inspecting a vehicle, loading a vehicle, or a pre-employment road test), the driver must submit to testing for controlled substances. No supervisor shall allow a driver to perform a safetysensitive function unless a controlled substance test result is received from the Medical Review Officer (MRO) indicating a verified negative result.

#### Testing Guidelines:

All documentation remains confidential.

 Upon arrival at the test site, the applicant must remain until testing is completed

 An applicant who tests positive, or refuses to test, is disqualified from further consideration.

2. Reasonable Suspicion Testing

If a supervisor observes employee behavior indicative of alcohol and /or controlled substance abuse, the supervisor must require the employee to obtain testing. The employee is relieved from safety-sensitive functions pending test results.

#### Testing Guidelines:

- The supervisor completes the Observed Behavior-Reasonable Cause Form.
- Upon notification by the supervisor, the employee shall proceed immediately to the testing site.

The supervisor transports the driver to the testing site.

- Should the need exist after MRO office hours, the employee is transported to an alternate testing site.
- Upon arrival at the testing site, the employee must remain until testing is completed or the employee is subject to immediate termination.
- All documentation remains confidential.

• The employee who tests positive, or refuses to test will be immediately terminated. The employee shall be advised by Miller Transportation of the resources available to them in evaluation and resolving problems associated with the misuse of alcohol or use of controlled substances.

Alcohol — Alcohol testing is authorized only if the observations are made during, just before, or just after the period of the work day the driver is required to be in compliance.

If a reasonable suspicion alcohol test is not administered within two (2) hours following the observations, Miller Transportation shall prepare and maintain on file a record stating the reasons the alcohol test was not administered promptly. In addition, if not administered within eight (8) hours, Miller Transportation shall cease attempts to administer the test, and shall prepare and maintain the record listed above.

Only one (1) supervisor or Miller Transportation official is required to make the observations necessary to require the controlled substance or alcohol test. The Federal Highway Administration believes requiring only one (1) supervisor or official to make a reasonable suspicion determination responds to the operational realities of motor carrier operations. The supervisor who makes the determination that reasonable suspicion exists to conduct an alcohol test shall not conduct the alcohol test, in order to preserve protection for the drivers.

### 3. <u>Post-Accident Testing for Alcohol and Controlled Substance</u>

#### For this testing regulation, an accident is:

- a fatality at the scene
- or an injury receiving medical treatment away from the scene
- a vehicle towed from the scene

#### After an accident, testing only occurs if any of the following happens:

- The accident results in the loss of life.
- The driver receives a citation for a moving traffic violation arising from an accident that involved:
  - 1) Injury requiring medical treatment away from the scene
  - 2) One or more vehicles having to be towed from the scene.

#### Testing Guidelines:

- Miller Transportation obtains a copy of the police report indicating a fatality or a copy of the citation for a moving traffic violation.
- A driver who is subject to post-accident testing must remain available, or Miller Transportation may consider the driver to have refused to test. The driver, subject to post-accident resting must refrain from consuming alcohol for eight (8) hours following the accident, or until he/she submits to an alcohol test, whichever comes first.

- Upon notification by the supervisor, the employee shall proceed immediately to the test site.
- The supervisor or authorized agent(s) transports the driver to the testing site.
- Upon arrival at the test site, the employee must remain until testing is completed, or the employee is subject to immediate termination.
- All documentation remains confidential.
- The employee who tests positive, or refuses to test, will be immediately terminated. The employee shall be advised by Miller Transportation of the resources available to them in evaluating and resolving problems associated with the misuse of alcohol or use of controlled substances.

When a required controlled substance test has not been administered within a reasonable time frame following the accident, the following action shall be taken:

Time Elapsed	Action Required
2 hours	If the driver has not submitted to an alcohol test at this time Miller Transportation shall prepare and maintain on file a record stating the reason a test was not promptly administered.
8 hours	Cease attempts to administer alcohol test and prepare and maintain record described above
32 hours	If the driver has not submitted to a controlled substance test at this time, Miller Transportation shall cease attempts to administer the test and prepare and maintain the record described above.

Important Note: Nothing in this document (or the rule itself) should be construed as to require the delay of necessary medical attention for injured people following an accident, or to prohibit a driver from leaving the scene of a accident for the period necessary to obtain assistance in responding to the accident, or to obtain assistance in responding to the accident, or to obtain necessary emergency medical care.

Miller Transportation - Shall provide drivers with necessary post-Accident information, and procedures and instructions, prior to the driver operating a commercial motor vehicle, so that drivers will be able to comply with the requirements of this rule.

The Federal Highway Administration recognizes post-accident tests conducted by Federal, State, and local officials as meeting the requirements of this rule under the following conditions:

- 1. The official must have independent authority to conduct the test.
- 2. The test must conform to Federal, State or Local requirements.
- 3. Alcohol tests require blood or breath samples.
- 4. Controlled substance test require urine samples.

4. Random Testing

The random-selection process is a computer-generated program using a scientific random function. The program requires that 50 percent of the CDL driver positions are tested annually for controlled substances and that 10 percent are tested annually for alcohol. The average number of driver positions throughout the year determines the total number established in each year's selection pool for CDL drivers.

#### Testing Guidelines:

- A scientifically random selection by computer of CDL driver for testing is conducted.
- All documentation remains confidential.
- The supervisor is notified of the selected driver to be tested for alcohol and/or controlled substances.
- The supervisor notified of the selected driver to be tested for alcohol and/or controlled substances.
- The supervisor notifies the randomly selected employee.
- In the supervisor's absence, the next-in line supervisor notifies the randomly selected employee.
- Upon notification by the supervisor, the employee shall proceed immediately to the testing site.
- Failure to comply within Miller Transportation's policy of proceeding immediately to the testing site will result in immediate termination.
- The employee must take picture identification and the Miller Transportation Testing Notification Form to the MRO and, after testing, must return the completed Testing Notification Form to the supervisor.
- Upon arrival at the testing site, the employee must remain until testing is completed, or the employee is subject to immediate discharge.
- If the employee is absent from work on the day of the random selection for testing, the supervisor documents this information and delays notification until the employee returns to work.
- An employee who test positive, or refuses to test, will be immediately terminated. The employee shall be advised by Miller Transportation of the resources with the misuse of alcohol or use of controlled substances.

Random Alcohol Testing- Random alcohol testing shall be conducted in accordance with the requirements listed below.

- 1. Miller Transportation must use a scientific method, such as a random number table which is matched with the driver's social security number.
- 2. Random alcohol testing shall be administered at a minimum annual rate of 25 percent of the average number of drivers and safety-sensitive transportation position.
- 3. Miller Transportation shall ensure that random alcohol test are unannounced and reasonably spread throughout the calendar year.
- 4. Miller Transportation shall ensure that persons selected for random alcohol tests proceed immediately to the testing site upon notification of being selected.

5. The employee shall only be tested for alcohol while the employee is performing safety-sensitive functions, immediately prior to performing or immediately after performing safety-sensitive functions.

6. In the event a person who is selected for a random alcohol test is on vacation or an extended medical absence, Miller can either select another person for testing or keep

the original selection confidential until the person returns.

Random Controlled Substance Testing-Random controlled substance testing shall be conducted in accordance with the requirements as listed below.

1. Miller Transportation must use a scientific valid method, such as a random number table, which is matched with the driver's social security number.

2. Random controlled substance testing shall be administered at a minimum annual rate of 50 percent of the average number of driver positions.

3. Miller Transportation shall ensure that random controlled substance test are unannounced and spread reasonable throughout the calendar year

- 4. Miller Transportation shall ensure that drivers selected for random controlled Substance test proceed immediately to the testing site upon notification of being selected.
- 5. In the event a person who is selected for a random controlled substance test is on vacation or an extended medical absence, Miller Transportation can either select another driver for testing or keep the original selection confidential until the driver returns.

5. Return-to-duty/Follow up:

It is Miller Transportation's policy that a positive test result for a controlled substance or alcohol will result in immediate termination. Therefore, no return to duty/follow up tests will be offered as an option.

#### E. PROCEDURES FOR THE TESTING OF ALCOHOL

Testing devices: Test must be conducted with evidential breath test devices (EBTs) approved by the National Highway Traffic Safety Administration (NHTSA).

Screening Test Procedures

- 1. Donor is asked to provide identification and sign consent line on testing form.
- 2. The test number is identified to the donor.

3. The instrument performs a "blank check" (air blank) to confirm that no alcohol is present in the EBT.

4. An individually sealed mouthpiece is opened and attached to the EBT. The employee blows into the mouthpiece until an adequate amount of breath has been obtained.

5. The test result will show on the monitor of the EBT, donor is asked to verify result and signs testing from for verification, test result is printed out of EBT and attached to all copies of the testing form.

6. If the result is under .02, the BAT records the result and no further testing is performed.

7. If the result is .02 or higher, a confirmation test is conducted.

Confirmation Test Procedures

1. The confirmation test is conducted at least 15 minutes but nor more than 30 minutes after the screening test.

2. The confirmation test must be conducted using an evidential breath testing (EBT) instrument that prints ou the results, date and time, a sequential test number, and the name and the serial number of the EBT to ensure the reliability of the results.

3. The confirmation test result determines any action taken.

4. Employees who test positive for alcohol (.02 or greater) will be immediately terminated.

Inability to provide enough breath to complete the breath test

An employee who does not provide enough breath for the test is sent to a physician for a medical evaluation. If the doctor is unable to find a medical explanation for the employee's failure to provide enough breath, the employee will be considered to have refused to take a test, which is prohibited in the FMCSA rules.

#### PROCEDURES FOR THE TESTING OF DRUGS F.

Drugs that will be tested for include: Amphetamine (Methamphetamine), Marijuana (THC), Cocaine, Opiates (Morphine and Codeine), Phencyclidine (PCP)

Summary of collection procedures

1. The donor will be asked to show the collector a photo ID (driver's license).

2. The donor will be directed to empty his or her pockets and display the items in them to ensure that no items are present which could be used to adulterate the specimen. If nothing is there that can be used to adulterate a specimen, the employee can place the items back into his or her pockets. If an item could be used to tamper a specimen, the collector must maintain it until the collection process is completed.

3. The donor will be asked to provide a urine specimen in the privacy of a

4. A "split sample" of urine is collected. In the split sample method the urine specimen is divided into tow containers. The purpose of the split sample is to allow the donor the opportunity to the the split portion (bottle b) of the specimen tested at a different certified laboratory, providing the donor with an opportunity

for a "second opinion".

NOTE: A donor must provide at least 45 ml (milliliters) of urine. Failure to provide this amount of urine within a specified time period may be considered a refusal to submit to a controlled substance test and the employee is considered to have engaged in actions prohibited by these rules. The donor will have up to 3 hours to provide the minimum amount of urine and may consume up to 40 ounces of fluids. If the donor is still unable to provide a complete sample after 3 hours, the test is stopped and the employer will send the donor for a medical evaluation to determine if there is a legitimate reason for failure to provide a speciment or

there is a refusal to submit a specimen. A report by the examining physician must be provided to the MRO for evaluation. The MRO makes the final decision as to whether this will be deemed a refusal.

5. The collector will seal the corresponding bottles of urine with a seal that is provided on the testing form in the presence of the donor. Each seal has the control number/specimen number that corresponds to the number on the rest of the form. The chain of custody must be completed and shipped with the specimen.

6. The donor will be asked to sign the completed chain of custody. This verifies the specimen bottles were sealed in the donor's presence. The donor is given a copy of the chain of custody. The specimen is then shipped to the laboratory for

testing.

**Direct Observed Collections** 

Collection of urine specimens must allow individual privacy unless one of the situations listed has occurred. If specimen collection is directly observed, the person must be of the same gender as the employee.

1. The temperature of the specimen is out of range.

2. The collection site person observes behavior that clearly indicates an attempt to alter or substitute a specimen.

3. The specimen provided was considered invalid by the laboratory and there is

not an adequate medical explanation.

4. The positive, adulterated or substituted test result was cancelled because the test of the split specimen could not be performed.

#### LABORATORY TESTING PROCEDURES G.

Every specimen is required to undergo an initial screen followed by a confirmation of all positive screen results. The screen-confirmation process utilizes highly sophisticated techniques to detect minute levels of prohibited substances in urine.

Initial Screen Test

49 CFR part 40 requires the use of immunoassay in the initial screen process.

Confirmation Test

A confirmation test is performed on all initial positive tests using gas chromatography/mass spectrometry (GCMS). All confirmations must be quantitative in their analysis, which means that the specific, scientific level of drug contained in the collected specimen must be known.

Validity Testing

This is a laboratory requirement in which there is an evaluation of the specimen to determine if it is consistent with normal human urine.

1. It is to determine if certain adulterants or foreign substances were added to the urine.

- 2. If the urine was diluted
- 3. If the specimen was substituted

#### REQUIREMENT THAT A DRIVER SUBMIT TO TESTING H. All drivers who possess a CDL and are required to be tested by 49 CFR Part 382 must submit to alcohol and controlled substance testing in accordance with Part 382.

#### WHAT CONSTITUTES A REFUSAL AND WHAT ARE THE I. CONSEQUENCES OF REFUSING?

Refusing to Submit

- 1. Fail to appear for any test (except a pre-employment test) immediately after being directed to do so.
- 2. Fail to remain at the testing site until the testing process is complete. Provided, that an employee who leaves the testing site before the testing process
- 3. Fail to provide a urine specimen for any drug test. Provided, than an employee who does not provide a urine specimen because he or she has left the testing site before the testing process commences.
- 4. In the case of a directly observed or monitored collection in a drug test, fails to permit the observation or monitoring of the driver's provision of a specimen.
- 5. Fail to provide a sufficient amount of urine when directed, and it has been determined, through a required medical evaluation, that there was no adequate medical explanation for the failure.
- 6. Fail or declines to take a second test the employer or collector has directed the driver to take.
- 7. Fail to undergo a medical examination or evaluation, as directed by the MRO as part of the verification process, or as directed by the DER under 640.193d of this title. In the case of a pre-employment drug test, the employee is deemed to have refused to test on the basis only if the pre-employment test is conducted following a contingent offer of employment.
- 8. Fail to cooperate with any part of the testing process (e.g., refuse to empty pockets when so directed by the collector, behave in a confrontational way that disrupts the collection process).
- 9. Is reported by the MRO as having a verified adulterated or substituted test result.

Consequences for refusing to submit to testing Refusing to submit to a required alcohol or drug test will result in immediate termination.

#### Consequences to Persons Engaging in Conduct Prohibited by the J. Federal Highway Administration Drug and Alcohol Misuse Rules.

Persons who are known to have engaged in prohibited behavior with regard to alcohol misuse or use of controlled substances are subject to the following consequences:

1. Employees shall not be permitted to perform safety-sensitive functions.

2. Employees shall be advised by Miller Transportation of the resources available to them in evaluating and resolving problems associated with the misuse of alcohol or use of controlled substances.

3. The employee may be evaluated by a Substance Abuse Professional (SAP) who may determine what assistance, if any, the employee needs in resolving problems associated with alcohol misuse and controlled substance use.

Medical Review Officer (MRO) K.

The Miller Transportation Medical Review Officer (MRO) is Occupational Physicians of Louisville, 100 High Rise Drive, Louisville, Kentucky 40213. 502/964-3688 The Medical Review Officer (MRO), a licensed physician (Medical Doctor or Doctor of Osteopathy), is responsible for receiving laboratory results generated by a Miller Transportation's drug testing program. The MRO shall have knowledge of substance abuse disorders, and have appropriate medical training to interpret and evaluate an individual's confirmed positive test result, together with his/her medical history and any other relevant biomedical information.

#### The responsibilities of the MRO include the following:

- Record arrival and departure times of driver
- Maintains all records accurately, confidentially and securely
- Interprets test results and communicates to Miller Transportation
- Adheres to federal, state and District requirements

Employee Notification.- Prior to verifying a "positive" result, the MRO shall make every reasonable effort to contact the employee (confidentially) and afford him/her the opportunity to discuss the test result. If after making all reasonable efforts and documenting them the MRO is unable to reach the employee directly, the MRO shall contact the Designated Employee Representative (DER) who shall direct the employee to contact the MRO as soon as possible (within 24 hours). Under split-sample collection procedures, the employee has 72 hours following notification of a positive result to request that the secondary sample be analyzed. In the event a split sample was not taken, or was of inadequate quality, the original test would be voided and the employee would not be subject to retest. While the primary sample is tested at specific thresholds for each controlled substance, the secondary (split) sample is analyzed only for the presence of controlled substances. If a negative result is reached on the secondary test, the original test results are disregarded.

Employee Training L.

All employees subject to this program receive materials containing an explanation of the Miller Transportation policy, the Employee Assistance Program (EAP) resources, and pertinent federal and state regulations. Each employee is required to sign for receipt of these written materials.

M. Supervisor Training

The required observations for alcohol and/or controlled substance reasonable suspicion testing shall be made by a supervisor or Miller Transportation official who is trained in accordance with the requirements listed below.

- 1. Miller must ensure persons designated to determine whether reasonable suspicion exists to require a driver to undergo alcohol or controlled substance testing receive at least 60 minutes of training on alcohol misuse and at least 60 minutes of training on controlled substance use.
- 2. The training shall cover the physical, behavioral, speech and performance indicators of probable cause misuse and use of controlled substances.
- 3. The training shall be a total of 120 minutes.

#### Definitions

Alcohol: The intoxicating agent in beverage alcohol, ethyl alcohol or other low molecular weight alcohols, including methyl and isopropyl alcohol.

Alcohol Use: The consumption of any beverage, mixture, or preparation, including any medication containing alcohol.

Breath Alcohol Technician (BAT): An individual who instructs and assists in the alcohol-testing process and operates an Evidential Breath-Testing Device (EBT)

Commercial Motor Vehicle (CMV): A motor vehicle or combination of motor vehicles used in commerce to transport passengers or property if the motor vehicle

- (1) has a gross combination weight of 26,001 or more pounds, inclusive of a tower unit with a gross vehicle weight rating of more than 10,000 pounds.
- (2) has a gross vehicle weight rating of 26,001 or more pounds.
- (3) is designed to transport 16 or more passengers, including the driver or
- (4) is of any size and is used in the transportation of hazardous materials requiring placards

Confirmation Test: For alcohol, confirmation testing means a second test, following a screening test with a result of 0.02 or greater that provides quantitative data of alcohol concentration. For controlled substances, confirmation testing means a second analytical procedure to identify the presence of a specific drug or metabolite which is independent of the screen test and which uses a different technique and chemical principle from that of the screen test in order to ensure reliability and accuracy.

**Driver:** Any person who operates a commercial motor vehicle. For the purpose of preemployment testing, the term *driver* includes a person applying to drive a commercial motor vehicle.

Employer: Any person (including the United States, a State, the a District of Columbia of a political subdivision of a State) who owns or leases a commercial motor vehicle or assigns persons to operate such a vehicle, including agents, officers, and representatives of the employer.

Evidential Breath Testing Device (EBT) A device approved by the National Highway Traffic Safety Administration (NHTSA) for the evidential testing of breath and placed on NHTSA:s "Confom-fing Product's List of Evidential Breath Measurement Devices" (CPL)

Medical Review Officer (MRO) A licensed physician (Medical Doctor of Doctor of Osteopathy) responsible for receiving laboratory results generated by an employers drug testing program who has knowledge of substance abuse disorders and has appropriate medical training to interpret and evaluate an individual's confirmed positive

test result together with his or her medical history and any other relevant biomedical information.

Performing (A Safety – Sensitive Function) Any period in which the driver is actually performing, ready to perform or immediately able to perform any safety-sensitive function.

Refusal to Submit (To and Alcohol or Controlled Substance Test) A driver; (1) fails to provide adequate breath for testing without a valid medical explanation after he or she has received notice of the requirement for breath testing; (2) fails to provide adequate urine for controlled substance testing without a valid medical explanation after he or she has received notice of the requirement for urine testing; or (3) engages in conduct that clearly obstructs the testing process

Screening Test (AKA Initial Test) In alcohol testing it means an analytical procedure to determine whether a driver may have a prohibited concentration of alcohol in his or her system. In controlled substance testing it means an immunoassay screen to eliminate "negative" urine specimens from further consideration.

Substance Abuse Professional A licensed physician (Medical Doctor or Doctor of Osteopathy) or a licensed or certified psychologist, social worker, employer assistance professional, or addiction counselor (certified by the National Association of Alcoholism and Drug Abuse Counselors Certification Commission) with knowledge of and clinical experience in the diagnosis and treatment of alcohol and controlled substance-related disorders.

"Reasonable Suspicion" is the belief that the driver has violated the alcohol or controlled substance prohibitions, based on specific, contemporaneous, articulable observations concerning the appearance, behavior, speech or body odors of the person.

Return to Duty/Follow up — It is Miller Transportation's policy that a positive test result for a controlled substance or alcohol will result in immediate termination.

Therefore, no follow up tests will be offered as an option.

## Facts about Alcohol and Drugs

With Substance-Abuse Service Providers Information

Miller Transportation Inc 7917 Old Third Street Road Louisville, Ky 40214 (502) 368-5644 - Phone (502) 363-0872 - Fax

Miller Transportation Inc 3801 West Morris Street Indianapolis, In. 46241 (317) 244-8599 - Phone (317) 244-8611 - Fax

#### FACTS ABOUT BRUGS

### OVER-THE-COUNTER DRUGS

#### ANTENINE S

Names: Antihistamines, decongestants, cough syrups, pain relievers, mouthwashes, reducing aids, sleeping aids, stimulants, alcohol, caffeine, lookables, act-alikes.

Type: Psychoactive.

Forms: Tablets, capsules, powders, solutions, sprays, chewing gum.

Combinations: Cold and cough preparations with codeine and/or alcohol, with antihistamines and decongestants or with PPA.

Mouthwash with alcohol.

Aspirin with caffeine and/or acetaminoshen.

Amphetamine (speed) look-a-like with caffeine.

PPA, ephedrine.

Quaalude (lude) look-a-like with acetamisophen or aspirin.

Cocaine (coke) look-a-like with carring aPA-ephedrine and benzocaine, indocaine, procaine or tetracaine.

Usage: Swallowed.
Injected.
Sniffed (snorted).
Legal Status: Legal.

#### WHATIFEELSLIKE

Varies from mild single trium effects to extreme combination drug effect alleriness, anxiety restless ness, confusion, dizziness puratimess, lightheaded ness, mild euphoria, driwsiness pelaxation natures, headache, hostility, deliming excitement body tension. Look-a-like amphetatione agriculum fallucination. Look-a-like cocame rushiof euphoria anviety.

#### WHAT TOOKS

To Your Mind: Stimulates of depresses central nervous system, especially respiratory center.

To Your Body: Alters heart rate, blood pressure, and breathing, interferes with control of body movements and reflex actions.

Special Characteristics: Depressant effect is intensified if antihistamines, alcohol, tranquilizers, and like drugs are combined. Nose sprays effect "nasal rebound effect" and addiction. Cold pills combined with cough syrups can double dose and side effects of all drugs. Small children are strongly affected by alcoholbased drugs. Aspining should be avoided before surgery. It interacts with various prescription drugs and can cause internal bleeding when combined with alrohol. Aspiring use for children under age 16 with chicken pox or flu cambring on Reve syndrome.

Aspirants the most common cause of accidental poisoning in children, blupholen may have side effects for those allergacto aspiran. PPA can cause blood pressure to like threatening levels.

#### HOWIT CANHURT YOU

Hyperiension inability to sleep changes in blood pressure and hear-functions. Respiratory depression, individual alternation psychological constitutions. Lightey and liver damage. Coma, voinning, weepors, ulcers, contist. Needle related infections and AIDS

#### WENTOGETHELP

PRo voutake more memoration in an aspic scaped?

☐ Isyoutework or school performance affected by your diviserse.

Diffrezon having problems with amily and brends

O Are you speading more on drugs than you can

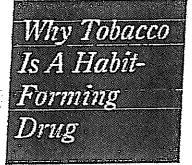
Do yourse a vanety of drug

One: yes and your common sense tells you it's time. to get smart about draigs and the restol your life.

Fact: Aspirings one of the top five drugs involved in emergency room visits for poisoning

ON THE STREET, OFF THE SHELF, OR FROM YOUR RHATTMASTY—WHEREVER YOU GET YOUR DRUGS BEWARE AND TAKE!

## NICOTINE ADDICTION



If you or anyone close to you smokes cigarettes, you are probably well aware that smoking is a habit, one that takes some effort to break. Through inhalation the chemical components of cigarettes are injected into your

lungs, your bloodstream and then your brain. Learning some of the facts about tobacco may encourage you to break the habit in order to lead a healthier life.

#### Nicotine Is Habit Forming

Nicotine, one of the main chemical components of tobacco, is a habit-forming drug that draws the smoken into both a physical and a psychological partnership with cigarettes. Once he or she has learned the mechanics of smoking—and it definitely is an acquired to nique taking conscious effort on the part of the nowces smoker—the smoker may be not prely on cigarettes to what he believes to be stimulation relaxation or stress relief. The body becomes chemically addicted to nicotine and the more one smokes; the more difficult this to quit.

#### More Chemicals

The average cigarette generally contains about & miligrams of nicotine and 15 milligrams of tar Tobacco smoke also contains as many as 4 000 other militarily occurring gases, particles, and compounds including carbon monoxide, carbon dioxide, by drogen cyainde traces of arsenic, and carcinogens.

#### Other Sources Of Nicotine

Cigarettes are considered the most tiamful form of tobacco use because cigarette smokers usually inhale deeply. But pipes and cigars hold asks of aucoines.

addiction as well. Chewing tobacco and snuff can also cause cancer, gum disease and erosion of the teeth.

#### Physical Effects

When inhaled, nicotine stimulates the central nervous system. All of the chemicals in a cigarette move to the brain through the bloodstream meight seconds causing a sharp rise in blood pressure and heart rate constricting of the blood vessels, and reducing sension my topain and stress thronic smokers often have impaired senses of taste and smell, less physical stam-

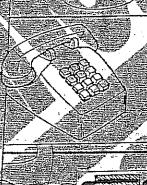
ma, and apoorer execution of motor tasks.

Smoking as among the
major causes of heart
disease and lung cancer
and sine principle cause
of chapte bronchuts and
emphysema. A smoker
skin ages and winhites
prematurely and lemale
smokers have chapter in
otherce of inistaccessful
pregnancies, shill highs
and lower-weight habites.

#### Companion Habits

As your become more, physically addreted to shoacco, you will develop so the habits that remore the role of organettes in your drawy routine. You may not even realizathis as happening. A cup of coffee may pagget a move towards a cup are the You may light up before you begin a phone conversation or before starting.

tomor before starting
yourcar These become similar to conditioned reflects
and show that the physical and the psychological go
hand in hand in promoting and furthering addiction.





Lighting up is often associated with common everyday activities such as a cup of collection assembly the phone ordinary.

COME PARATEMENT ON

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#### FACTS ABOUT DRUGS

## TRANQUILIZERS

#### WHATITIS

Names: Tranks, downers, antianxiety agents (anxiolytics), happy pills, BZDs, mood modifiers, mood elevators.

#### Minor Tranquilizers

Benzodiazepines I: Alprazolam (Xanax), chlorazepate (Tranxene), chlordiazepoxide (Librium, Novopoxide), diazepam (E.Pam, Valium, Vivol), lorazepam (Ativan), oxazepam (Serax), Vs (Valium).

Benzodiazepines II: Flurazepam (Dalmane, Novoflupam, Somnol), nitrazepam (Mogadon), lemazepam (Restoril), triazolam (Halcion).

Meprobamate: Equanil, Meprospan-400, Miltowin

Forms: Bezodianzepines I - white, creamy or yellow powder, crystalline or fine. Benzodianzepines II - white or yellow crystalline powder. Meprobarnate, white powder. Soluble in varying degrees with water and or alcohol.

Combinations: Librax (chlordiazepoxide chidrium bromide) for peptic ulcer, 21 Mep (meprobamate ASA, caffeine citrate), 282 Mep (21) Mep plus codence phosphate). When abused combined with other central nervous system depressants, especially alrohol and barbiturates.

Usage: Swallowed as capsille tablet or liquid injected into bloodstream as solution.

Legal Status: Legal as manufactured and prescribed

Other Forms: Major trangenizers are used unmanage ing psychiatric illness. Unlike minor trangenizers, their effects do not mirror secative/hypnolic drugs. Combined with alcohol and other depressants. now ever, side effects are intensibled.

#### WHATITEELSLIKE

Relaxation and calmness. (mild euphona with diazepam, more intense with meprobanize) drowsiness fatigue, hostility, dizziness, depression blurred and

double vision, confusion, memory loss, hallucinations,

#### 

To Your Mind: Activates specific brain receptors.

To Your Body: Interferes with control of movements.

Special Characteristics: Diazepam is often substituted for methaquaione (unces, 714s. Quaainde), when sold of the street Small amounts of alcohol can be fethal when interacting with benzodiazepines. Heroin addicts and recovering alcoholics use Diazepam to achieve mild intoxication. Benzodiazepines can alleviate sideschects of withdrawal non-order drug abuse.

#### HOW IT CAN HURT YOU

Pack of coordination. After ed. speech, confusion coma. Withdrawal effects. The more altered speech, rapid heart rate, blood pressure drop, headache. Mood swings, tension, nightmares, nausea, rashi loss of sexual timeton, aparty, increased toxic effects in combination with other CNS depressandings.

Death from effects of combinations of tranguilizers and other drugs such as alcohol, or from disving unde he influence.

#### WHENTO GETHER

O Dowou find thard to cope without a pill?

ndsvour work or school performance affected by

Are you having problems with family and traends
The you use awanety of drings

One vest and your common sense tells you it's times to get smart about drugs and the rest of your life.

Fact Tranquilizers are the most widely prescribed psychotherapeutic agents in the world, and are most involved in suicide attempts and accidental overdoses.

C 1949 PARLAY INTERNATION

w S

ON THE STREET, OFF THE SHELF, OR FROM YOUR EHARMERS YOU WIND STREET, OFF THE SHELF, OR FROM YOUR EHARMERS YOUR BRUSS SEWARE AND TAKE CARE

## MARIJUANA

#### WHATES

Names: Cannabis sativa, hashish, hashish oil, marijuana, Mary Jane, Acapulco Gold, ace, bhang, Colombian, ganja, grass, hemp, Indian, Jamaican, jive, joint, Mexican, Maui wowie, Panama red, Panama Gold, pot, reefer, ragweed, sativa, sinse, tea, Thai sticks, weed, roach, hash, hash oil, honey oil, weed oil.

Type: Hallucinogen.

Forms: Grey-green to green-brown dry leaf, resinfoil leaf oil.

Combinations: With PCP, "supergrass, killer weed"; with opium, "O.J."; with heroing atombomb," "A-bomb."

Usage: Inhaling by smoking a joint bong or pine.
May be cooked or baked in foods and calen.

Legal Status: Illegal.

Other Forms: The primers thought of the cannabis; Tetrahydrocannabinol (Fir), is administered in gelatin capsules for medical research lesting of nausea treatment related local confer of emotherapy, glaucoma, epilepsy and musclesspasmore to multiple sclerosis or spinal cord multiple.

#### WHAT IT FEELS LIKE

Feelings of contentment and relaxation may be accompanied by loss of inhabition bouts of langhter. continuous talking, increased sensitivity to indicated visual effects, increased sensitivity of touch, small taste and movement. Company disconentation, recent memory loss, reduced attention span, lack of balance and stability, loss of musclessiving the shaking, anxiety, and paranoia may occur with lugher dosages.

#### WHATTOOES

To Your Mind: Distorts perception of reality.

To Your Body: Increases heart rate, lowers blood pressure, limits control of movement.

#### HOWIT CAN HURT YOL

Hearthelated elects. Asthma, bronchits, damage to respiratory system and ussue. Reddening of eyes, changeon sex drive indentitive. Changes urbody temperature mailly matters. Slowed reaction time. Delucions, panic linxic usychoos, activation of latent of the phrema which image continue indefinitely standard to the phrema which image continue indefinitely standard to the permanent brain damage.

Death of selfand others due to driving under the influence, especially when combined with alcohol-lependence control with alcohol-lependence control with alcohol-lependence control with alcohol-lependence control with a psychological crav-

Unborn children of mothers who user zamabis made velop consernal delects or expensione delayed levelopment after burth

#### WHEN TO GETHELP

a Bo you think about how and when you re going to smol cagain.

O Dowoù worrydro manjuarias available?

Dissyour job or school performance affected?

Dosour spend more and more money on Pot?

Have you be enstopped for driving under the influence?

ence?

One Mest and your common sense tells you it stime to get small about drugs and the rest of your life.

FactoCannabisas the most abused psychoactive drug assendents, after a cohol

THE PLEASE OF THE PROPERTY.

## MALLUCINOGENS

#### PULLATES

Names: Camabis (THC, marijuana), LSD (lysergic acid diethylamide, blotter, tile, windowpane, acid), peyote (mescaline), MDA (methylenedioxyamphetamine), MDMA (XTC, ecstasy, Adam), PCP (phencyclidine), PMA (paramethoxyamphetamine, death drug). STP (DOM), TMA (trimethoxyamphetamine), psilocybin (magic mushroom, shroom), fly agaric mushroom (amanita muscaria), atropine alkaloids, DMT (dimethyltryptamine) harmaline, ketamine.

Type: Hallucinogens, psychotomiimetic, psychedelic Forms: Natural plant derivations, partial and total synthetics as powders, solutions, pills, vapors.

Usage: Sniffed (snorted), injected into bloods ream (mainlining), muscle or under skin (stan popping) smoked, swallowed, applied to membrane surfaces, cooked into foods, chewed.

Legal Status: Illegal except for fice is considered and medical applications and ritualitise of peyote by the Native American Church.

Other Forms: Ketamine isamected as anesthere Atropinic alkaloids control spasms, gastromiesunal problems, salivary and lung secretions parkinsoniso dilate pupils for eye examination brokens.

#### WHATTIFEELSLIKE

Unpredictable alterations of mood, though and Dispredictable afterations formood, thought almost perceptions of time, space, and self. Produces wird distortions of all senses ranging from extreme excite ment and joy to absolute ferror in the same session and varying from session be session. Sensory experiences combine so that whaters heard is also seen. Initial episodes are often negative, a "bad trap" Depending upon drug, episodes last from minutes for days, effects from hours to weeks.

#### 

To Your Mind: Disrupts and of dissociates mental processes.

To Your Body: Disrupts systems variously from altered heart rate to convulsions.

Special Characteristics: All drugs in this category produce unpredictable effects. Risk is increased by deliberate mislabeling.

#### FOW TO GANGULAT YOU

Manyallegally manufactured hallicanogens are sold. on the street as substitute diags, creating unpredict and able of the buvers. Effects are individual to each user Psycinc and physical reactions are not predict able Depression campe mild or severe Psychesis car sast formonths of Jas Bracks can recurrent time. Pear ican resultitomeconvulsions poisonous dose

levels, bizan eaccidents and murder, suicides driving under the influence statal effects of substitution of Alterated manutachine of finings, lethal effects of the combinations of onless

Thorn children of mothers who take hallucing gens maybe aborted born with abnormalines for experience delayer development.

#### WHEN TO GETTIES

The you think about now and when you're going to a viscellallucinogen sagain.

a syour work of school performance affecte

Are you having problems with family and friend

Areyon spending more on drugs than you can

Do you also use other drugs

One ves and your common sense tells you it's time to get smart about drives and the rest of your life.

Face AP hallúcinogens produce unpredictabl egañve effects.

ON THE STREET, OFF THE SHELF, OR FROM YOUR PRINTMACES WHEREVER YOU GET YOUR DRUGS—BEWARE AND TAKE

## SPEED/AMPHETAMNES

#### THATTIS

Names: Amphetamine, speed, methamphetamine, bennies, black beauties, copilots, crystal, dexies, eve openers, lid poppers, meth, pep pills, uppers, wake-ups, Dexedrine, Desoxyn.

Type: Central nervous system stimulant. .

Forms: White crystalline powder, soluble in water, slightly soluble in alcohol. (Methamphetamine is freely soluble in water and alcohol.) Off-white to yellow coarse powder, crystals, and chunks. Capsules or tablets of various colors.

Combinations: With barbiturates, "goofballs with methamphetamine or cocaine and herem. speed balls" with LSD and PCP.

Usage: Swallowed (capsules, tables Injected into bloodstream (solution). Sniffed (powder), "snorted.

Legal Status: Illegal except for licensed medical treatment of narcolepsy childhood behavior disc ders, parkinsonism, epilepsy in potensive states

#### WHAT IN SEELS WEEK

Rush of pleasure similar sooreasm opeles incshock (after injection). Reduced appetrie. Increased demaness, euphoria, excitement of early sower Aftered sex drive. Restlessness dizzmess, confusion depression depression. sion, irritability. Parafiora distorted per visions.

#### ANTITO ES

To Your Mind: Oversumulates central nerrous system.

To Your Body: Increases hear mate, breathing rates Effects irregular heartbeak and breathing. Dry mouth, foul taste, diarrhea. Appeure suppression. Retraction of gurn tissue. Impotence. Increased arine outputs.

fainting, sweating, fever, convulsions, coma, hemorrhage.

Special Characteristics: Methamphetamine "run" of three to five days produces euphoria replaced by agitation on second day, along with frightening visual. images and exhaustion. Amphetamine "run" psychosis may bring on uncontrollable violent behavior similar to paranoid schizophrenia

Chromesleep problemsmervousness Nutritional denciency skinkrasti high bloodpressures Paranoia. chrome ampheramine psychosis decreased emotional control severe depression. Needle related peparitis, onleed on Acquired Introduce Deficiency Syndrome 144195), collapsed and blocked blood vessels over-

Death from stillede induced by psychic depression collapse of blood vessels in brain heart railure,
extreme slever violent accidents and murders
Dependence arises from a derance and cross-toler

ance, and taking additional drug to stop with drawal effects, risking return of asychosis

Dowou use speed regularly?

Teo von dink about how and when your e-going to

Ms your workor school performance affected by vourdrug use?

De you spend more on speed than you can afford:

Do you used by a ddivinio amphetamines of the west and your common sense lells you it sing to get smarr about daily sand the restol your life.

Fact Speed asers reach aplateau where no pleasure aspossible.

ON THE STREET, OFF THE SHELF, OR FROM YOUR PARMAGY WHEREVERY OUGENYOUR ORDES SEWARE

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#### BAGIS ABOUL

## ERO

#### 國小川人里中国

Names: Heroin, dust, "H," horse, junk, smack, shit, scag, Méxican mud, China white, black tar.

Type: Semisynthetic narcotic pain killer, opiate.

Forms: Fine, white crystalline powder, water soluble and bitter tasting.

Combinations: With amphetamines, "bombitas" with cocaine, "dynamite," "speedball," "whizbang" with marijuana, "atom bomb," "A-bomb,"

Usage: Injected (water solution) into bloodstream "mainlining."

Under skin, skin popping, or into musee. Sniffing (powder), "snorting."

Smoking (vapor), "chasing the dragon,

Swallowing (powder wrapped in issue of bre

Legal Status: Illegal in U.S. for all use stegal in. countries for extreme cancersor other pain and regulated maintenance of addicated use

#### ENLIST DE SET EN LINE

An immediate, powerful of astructush following peacefulness, lack of pain combant lenung to disc ness (a nod), inactivity and bilitate concept age small pupils, droopy eyelds thated vision, slowed breathing, nausea and vonitage lack of appetite constipation, reduced sexuance micreased unpaint itching or burning on skindow body lemperature. sweating.

#### 到小年7月1月1月1日

To Your Mind: Metabolizesanto morphine and depresses central nervous system symposessing pain sensation and relieving anxiety

To Your Body: Affects both gastrointestinal and respiratory systems, causing consupation and slow breathing.

Special Characteristics: Repeatedurse develops

tolerance to nausea and vomiting. Then, tolerance to desired effects also develops, requiring increased dosage.

Drowsiness may progress to come the grand reaching and cardiac avest Slowed breathing may lead to oxygen stavation and brandamage heedle mection may cause collapsed

prameamage A eedicunicuon may cause collapsed yeins tetanus, hepabus endocardans of "cquired Inmune Denerally Syndiamic (AIDS)

Death esults from or cross which orings on lung and freat complications overdose canal subtrom, purchase of impure and on impredictable succeedings.

Begin lune manufactures and on impredictable succeedings. neroin intrequently and indow doses. The tolerance whichdevelops causes promession to higher dosess
Fear of white and alcreates dependence and selfWithdrawal and abstinence reduce for exceptor only,
brief pendids

Psychological dependence can be proicinged and such drawai untradepression anniety in a lindio slee ackor appendence session anniety in a lindio slee ackor appendence stees mess and craving one the drawatking of the comments of the commen

#### WHEN THE GETT HERE

- O Doyou think about how and when you're going to usemerolangam?
- els for work or school pedermance elected by your ding use 3
- Are you having pindle as kith camily a Do you pendinore on her one than you can anot
- One vest and your common sense is all a 2kes to know estime to get smart about he foing and the rest

act=01all=muai-dnips=

-WHEREVER OU GET YOUR DRUGS - SE WARE AND TAKE CA ON THE STREET, OFF THE SHELF, OR FROM YOUR THARMAC





## Substance-Abuse Service Providers

Jefferson County, Kentucky Elizabethtown, Kentucky Louisville, Kentucky



#### **SUNDAYS**

Left Hand Traditions E-Z Duz It Club 1939 Lower Hunters Trace 8:30 a.m.

Metro Traditions Group Token III Club 4014 Dutchmans Lane 9 a.m.

Sunday Morning Discussion York Towers Second and York Streets 9 a.m.

Horse Shoe Floyd County Token Club 506 Pearl Street New Albany, IN 10:30 a.m.

Shaky Table E-Z Duz It Club 1939 Lower Hunters Trace 10:30 a.m.

Corydon, IN Next Step Bldg. 1200 Maple Street 10:30 a.m.

Sunday Breakfast Group NS Holiday Inn 1041 Zom Avenue 9 a.m. (Breakfast) Meeting: 10:30 a.m.

Tee Pee Group Jeffersonville Token Club 511 Indiana Avenue Jeffersonville, IN 11 a.m.

Applegate Lane Group 5700 Applegate Lane 11 a.m.

Greater Falls City Group Token III Club 4014 Dutchmans Lane 11 a.m. Ice House 1400 South Shelby Street 11 a.m.

Mustard Seed (Breakfast Meeting) 3705 Bells Lane 11 a.m.

Happy Hour (Men's)
The Healing Place
1000 West Market Street
12 noon

Happy Hour (Women's) (NS) The Healing Place 1607 West Broadway 12 noon

Shawnee Group (NS) Old St. Columba 3514 West Market Street 4 p.m.

We Are Never Alone (NS)
Token III Club
4014 Dutchmans Lane
4 p.m.

Hoperully Open (NS) Musicians Hall 1436 Bardstown Road 430 p.m.

Mogogram Group Pipeon Reost 5700 Applegment and B p.m

Group 192 Grescent Hall United Mertie Greschurch 2017 Solitri Peterson Avenue

Frankly Open Musicians Hall
1436 Bardstöwn Re

Hand of Hone Group

Our EadVol Consolation Church
1080 T Decing Road
6 p.m.

12 Step 1939 Lower Hunters Trace 6 p.m.

Happy Joyous Female (Women Third Lutheran Church 1864 Frankfort Avenue Sp.nt Mall Group

Mail Group Token III Club 4014 Dutchinans Land 6:30 p.m nday Nite AA (NS)
St. Francis in the Fields Episcopal Church
6710 Wolf Pen Branch Road
7 p.m.

UBU Bethany Church (NS) 3938 Southern Parkway 7 p.m.

Mid-City Liberty House (Basement) 531 East Liberty Street 7 p.m.

AA Literature Study Group 1126 South Sixth Street 7 p.m.

Metro Eminence Public Library

Eminence KS
7 p.mi (Winter months)
8 p.m. (Summer months)

Simply AA Group
51 Indiana Avenue
Jeffersonville, IN:
750 p.m.

Sc Albert the Great Group (Calc 1405 Techny Lane

Teort Hill Fellowship Tee House 400 South Shelby Street 7-30 page

Mi. Washington Group (NS) Umiced Methodist Grarch Mr. Washington, KY 7,30 p.m.

Sinday, Nite BB Bapjust Hospfial East Care Unit 4000 Kreste Way 7:30, p.m.

Fellowship Group St. Bernard's Catholic Church 7500: Tangelo Drive

12 & 12 Group

St. Augustine Church

Comer of Chestnu and Locust Street and Locust S

Henryville Group SE Francis Catholic Church Cornec of Highway 160 and 31 W Henryville, IV 8 pui

Northside Floyd County Token Club 506 Pearl Street New Albany IN Shively Group St. Helen's Catholic Church 4005 Dixie Highway

Don't Do It Alone Group Pigeon Roost 5700 Applegate Lane 8 p.m.

Corydon Group Formerly American Legion Hall 1200 Maple Street Corydon, IN 8 p.m.

Big Book Study Group Token III Club 4014 Dutchmans Lane 8 p.m.

Footprints Care Center 3705 Bells Lane 8 p.m.

We Need It Baptist Tabernacle 2854 West Market Street 8 p.m.

No Name Group (NS) Holy Spirit Catholic Church 3345 Lexington Road 8:15 p.m. Newcomer (same location) 8:15 p.m.

K.I.S.S. Jeffersonville Token Club 511 Indiana Street Jeffersonville, IN 10 p.m.

#### MONDAYS

Gratitude Group Token III Club 4041 Dutchmans Lane 7:30 a.m.

Monday Morning Token Club 511 Indiana Avenue Jeffersonville, IN 10:30 a.m.

Serenity Floyd County Token Club 506 Pearl Street New Albany, IN 10:30 a.m.

Courage to Change Immaculate Heart of Mary Church 34th and Chauncey Streets 10:30 a.m.

Fresh Start Newcomer Pigeon Roost 5700 Applegate Lanes 10:30 a.m.

Baxter Avenue Group (NS) Advent Episcopal Church. 901 Baxter Avenue 10:30

Ice House 1400 South Shelby Sheet 10:30 a.m.

Suzette's Monday Morning Ladies Group Token III 4014 Dutchmans Lane 11 a.m.

Lunch Bunch Jeffersonville Token Club 511 Indiana Avenue Jeffersonville, IN 12 noon

Shelby Street BB Ice House 1400 South Shelby Street

Brown Bag (NS) Epiphany, All-Purpose Bldg 914, Old Hamods Creek Road

Lers Get Serious E-Z Diz E Giuds 939 Lower Hunters

Happy Happy Women 1807 West Broadway

Нарру Неит Мен 1000 West Broadway

Monday at One 12-2-12 Study Group Token III Glub. 4014 Dutchmans Lane

Accessible Group, BB Cosmopolitan Bidg, Room I 981 South Third Street 4.p.m.

Grapevine Groups Token III Club 4014 Durchmans Eane 7 5.p.m. Grapevine Group (NS) Holy Spint Oynt Bldg. 3345 Eexington Road

ffee House Twice Told (Back Room) 1604 Bardstown Road 6 p.m.

Solutions (NS) James Lee Church 1741 Frankfort Avenue бр.т.

Matt Talbot Talbot House 520 West St. Catherine Street б р.т.

I've Been There Women's Group 1939 Lower Hunters Trace 6:30 p.m.

Hope for Healing (NS 1607 West Broadway 6:30 p.m The Healing Places

1020 West Market Suc 630pm

Ladies' Nite Out Pigeon Roost 5700 Applegate Lane

Bine Chip Group (NS)
Chipt Church (rear)
Brecking dge Street and Barret Avenue 730 p.m.

Stop in Buechel Group Buechel Presbyterian Chur 4032 Bardstown Road 7.30 pm ...

Library Discussion Group. Floyd County Token Club. 506 Péan Street. E. New Albany, IN.

New Beginnings Group (19 IADAC 500 Preston Street 7.30 p.m.

Monday Nite 12:Step Group St. James Episcopal Church Third and Main Streets Shelbyville, KY 8 p.m.

Minors Lane Group (NS Minors Lane Bapust Church 8500 Minors Lane:

Monday Nite (Men's) Pigeon Roost (downstairs 6106 Price Lane

How We Do It Step Token III Club 4014 Dutchmans Lane 5:30 p.m.

Coming Alive Token Club 511 Indiana Avenue Jeffersonville, IN 5:30 p.m.

12 & 12 Ice House 1400 South Shelby Street 6 p.m.

Self-Will Run Riot Group Christ United Methodist Church 4514 Brownsboro Road 6 p.m.

Second Street BB York Towers Second and York Streets 6:30 p.m.

Surrender Group (Women's) St. Paul Episcopal Church 219 East 11th Street New Albany, fN 6 p.m:

Newcomer
Token III Club
4014 Dutchmans Lanc
6:30 p.m.

Double Talk (NS) Clifton Heights Baptist Church 2917 Cleveland Boulevard 7 p.m.

Stain Glass Calvary Lutheran Church 1838 Bardstown Road 7 p.m.

YMCA 4th Floor 10th and Chestnut Streets 7 p.m.

Look to this Day Group Our Lady of Lourdes Church 510 Breckenridge Lane 7:30 p.m.

Tangelo Group (NS)
St. Bernard's School (rear)
7501 Tangelo Drive
7:30 p.m.

Churchill Group Holy Name Church (Café) Fourth and Heywood Streets 7:30 p.m. Henryville Group
St. Francis Church
Hszg 160 and 31 W
Henryville TN
7:30 pm

Top of the Hill CARM AS Peace Gents 2020 Newburg Road 7:30 p.m.

Taylorsville Group:
All Saints Titreb
Main Cross Street
Taylorsville, KY
7:30 p.m.

Lime Kiln Group (NS) The Temple 5101 Brownsboro Road 7:30 p.m.

Grace Group
Grace Lutheran Church
452 26th and Bank Streets
8 p.m.

U-Turn Grgûp (NS)
St. Afoysius Chûrch
307 phun Succe
Shepherdsyne, KY
8 p.m.

Central Groups
St. Matthews Chilicip
607 East St. Catherine Street
80 m

Next Sien Blogs 1200 Mapie Streets Convion INS

Tuesday Nite Token Group 5 H Indiana Avenue Jeffetsonville IIN 8 p.m.

Beargrass Discussion Group token III Glob 4014 Dutchmans Lane 8 p.m.

Henry County Group Eminence Methodist Church \$24 North Main Streets Eminence, KY

Palmyra Lellowship Group Critisade:Bldg: Workshop Palmyra IN

Progress Group
Salem United Church of Christ
3408 Newburg Road!
8 p.m.

orthside Floyd County Token Club 117 East Main Street New Albany, IN 8 p.m.

We Have Hope Fort Hill Ice House 1400 South Sheiby Street 8 p.m.

Brownsboro Group (NS) Second Presbyterian Church 3701 Brownsboro Road 8 p.m.

St. Thomas Study Group St. Thomas Episcopal Church 9616 Westport Road

Cherokee Road (NS)
Highland Presoyierian Church
Highland Avenue and Cherokee Road

froquois Group Troquois Presovienau Church 970 Palatka Road

28 pm >

St Matthews Group
St Matthews Bpiscopal Church
370 Norm Hubbards Lane
8000

Subirban (Men's)
Trimin (High School Community Aris in)
40.11 Shelbyville Foad
On North Sherrin Avenue)

Valley Station Group St. Paul's Chorch (Carc) 6901 Dixie Highway 8 p.n.

Macyville Group
Pigeon Rooss
5760 Applegate Lane

Better Days (convent basement) 1934 Alfresco Place: 8 p.m.

Sober Today Group

Big Book Study
St James Church
Highway 146
LaGrange and Maple Avenues (como

Crayford County Life Pathway Bldg Carefree, IN 8 p.m.

3.p.m.

Camp Taylor Group Saffur Center 3938 Poplar Level Road 8 p.m.

Dupout 12 & 12 Group Token III Club 4014 Dutchmans Lane 8 p.m.

Wednesday Nite Group Pigeon Roost 5700 Applegate Lane 8 p.m.

Goldsmith Lane Discussion Group (Men only) St. Pius Catholic Church School (Limited Smoking) 3521 Goldsmith Lane 8 p.m.

Center Group (NS) 1319 Missouri Avenue Jeffersonville, IN 8 p.m.

LaGrange Group (NS)
LaGrange Christian Church
214 North First Street
LaGrange; KY
8 p.m.

Middletown Singles
St. Luke's Episcopal Church
1206 Maple Lane
Anchorage, KY
8 p.m.

Crums Lane Group Shively United Methodist Church 3107 Crums Lane 8 p.m.

Sister Ignatia Group (NS) Calvary Episcopal Church 821 South Fourth Street 8 p.m.

Portland Group St. Cecilia Church (Bingo Hall) 25th and Slevin Streets 8 p.m.

Ice House 1400 South Shelby Street 8 p.m.

Downfown Group
Our Lady of Perpetual Help Church (Basement)
1722 Scheller Lane
New Albany, IN
8 p.m.

Campbellsburg City Hall Hwy. 421 Campbellsburg, KY 8 p.m. Bellringers Care Center
3705 Bells Line
8 p.m.

3705 Bells Lane
8 pm

Mt. Sant Francis Group
Basement of Youth Blde
Mt. St. Francis My
8 p.m.

Charlestown foroup.
St. Michael School
Monroe and Pink Streets (Come).
Charlestown, IN
8 p.m.

Over The Hump BB 12 & 12 Fill Street Baptist Church 24th and Cedar Streets 8 p.m.

Carrion Light
Hillview City Hall (Downstairs)
298 Prairie Drive
8 p.m.

Give Array Group Towness Clubs 175 North Math Spect Scoushing IV 8 pm.

Miracle on Market Wayside Christian Mission (Cale 822 East Market Street

#### THURSDAYS

Mary Hall Newcomer (Womens) 2 4014 Dnichmans Lane 9 30 a.m.

Chairman's Choice Next Step.Bldg 1200 Manle Street Conydon IN

BB Sluide B-Z Duz InClub 1939 Lower Hunters Trace 10 a.m.

Been There Done That Group Hoyd County Token Club 506 Pearl Street New Albany, IN 10:30 a.m.

Eampton Group Lampton Baptist Church Fourth and Breckinnidge Streets 10:30 2:m2 rvivor Group Pigeon Roost 5700 Applegate Lane 10:30 a.m.

Ice House 1400 South Shelby Street 10:30 a.m.

Mary Hall Group (Women) Token III Club 4014 Dutchmans Lane 10:45 a.m.

Campus Group (U of L) (NS) Interfaith Center 12 noon

Lunch Bunch
Jeffersonville Token Club
511 Indiana Avenue
Jeffersonville IN.
12 noon

Tet's Get Serious

E.Z.Duz-li Club

6605 Eower Hunters Frace

12 noon

Happy Hour (Women's) (N 1607 West Broadway Jameon

Happy Hour (Men's) (NS 2000 West Market Street (Zaoon

Thursday Afternoon BB Study Group IN
Toker Hi Club
4(H2 Dittermans Lane

Think Before You Drink
Token Club

Suf Indiana Avenue

Jeffersonville, IN

5:30 p.m.

Dr. Onimon BB Study Group Southeast Christian Church 920 Blankenbaker Road

Early Thursday Group Second Presbyterian Church 3701 Biownipero Road 6.p.m.

12:8:12 Twice Told Coffeehouse (Back room 1:604 Bardstown Road 6:pm

12 & 12 Book Study Group.
Pigeon Roost
6106 Price Lane

12 & 12 Floyd County Token Club 506 Pearl Street New Albany, IN 10:30 a.m.

Women's Luncheon Group (Bring sandwich) St. Marthew Episcopal Church 330 North Hubbards Lane 11:30 a.m.

Ladies' Step Group (NS) St. Thomas Church 9616 Westport Road 12 noon

T.G.LF.
Token III Club
4014 Dutchmans Lane
12 noon

VA Irregular Discussion Token Club 506 Pearl Street New Albany, IN 12 noon

Basement Group New Höpe Church 1228 South Jackson Street 12 noon

Lunch Bunch Group Jeffersonville Token Club 511 Indiana Avenuc Jeffersonville, IN 12 noon

Let's Get Serious E-Z Duz It Club 6605 Lower Hunter's Trace 12 noon

Happy Hour (Women's) (NS) 1607 West Broadway 12 noon

Happy Hour (Men's) (NS) 1000 West Market Street 12 noon

Corydon Next Step Bldg. Maple Street Corydon, IN 2 p.m.

Live & Let Live Step Group Token III Club 4014 Dutchmans Lane 4 p.m.

T.G.LF.
Token Club
511 Indiana Avenue
Jeffersonville, IN
5 p.m.

St. Mark's Group
Ice House

1400 South Shelby Street

5:30 p.m

12 Steps for Better Liging Group (NS)

12 Steps for Better Living Group (NS Holy Spirit School 322 Centrops Land 6 p.m.

Newcomer:
Highland Presbytenan Unurch
1011 Cherokets Road 2
6:30 p.m.

Newcomer (NS) Token III Club 4014 Dutchmans Lane 6:30 p.m.

Hope for Healing (NS) 1607 West Broadway 6:30 p.m.

Principles in All Our Affairs (NS)
St Matthews Omied Methodist Church and Browns Lane
7 n.m.

Pride Fair ness Campaign Bldg 2263 Frankfori Avenue 7 p.m.

GOO (NS)
Furs Baptist Chincipof Jeffersoniow
10000-Wallerson Irail
Jeffersoniowo ICV
7 p.m.

Newcomers Group (1953)
St. Mathews: Episcopal Chir 330 Noith Hubbards Lance

Alcoholics Only, James Lee Church 1741 Frankfon Avenue 330 p.m.

Speak Basy Group (NS)
Ascension Litheran Church
13725 Shelbynthe Road
7:30 p.m.

Sunset Group
Serenity House
204 Sunset Avenue
Glarksville, IN
7, 30 p.m.

riday Nie Live Group Springdale Gruidi 7812 US: 722016 Brownsboro (toad Mary's Discussion Group Floyd County Token Club 506 Pearl Street New Albany, IN 8 p.m.

You and Us Group St. Helen's Church 4005 Dixie Highway 8 p.m.

Carie Run Group Parkview Methodist Church 2020 Garrs Lane 8 p.m.

Lytle Street Presbyterian Church (Basement) 3200 Portland Avenue 8 p.m.

Friday Family Discussion 4014 Dutchmans Lane 8 p.m.

Highland Peace Group Highland Presbyten an Church 1011 Cherokee, Road

Okolona Group (NS) St. Rith's Church 8769 Presion Highway 8 p.m.

Stepping Stores Group Gare Center 3705 Bells Line 8 p.m.

Gateway Group V Galvary Entheran Church 1838-Bardstown Road

36th Street Group
Acaica Church
3514 West Market Street

Celler: Dweller's Group Baptist Church (next to post office) Eminence KY 8 p.m.

Center Group 207 Lists Streets Jefreisonville IN 8 p.m?

Corndon Group
Formedy American Legion Hall
Maple Street
Corydon IN
8 p.m

11th Step Group St. Paul United Methodist Church, Room 12 2000 Douglass Boulevard 8 p.m.

Sellersburg Group (NS) Library 430 North Indiana, Highway 31 Sellersburg, IN 8 p.m.

Colony Way Group Token III Club 4014 Dutchmans Lane 8 p.m.

Northside Floyd County Token Club (Upstairs) . 506 Pearl Street New Albany, IN 8 p.m.

Ice House 1400 South Shelby Street 8 p.m.

Why Not Group Jeffersonville Token Club 511 Indiana Avenue Jeffersonville, IN 8 p.m.

Miller Lane Group Main Street (Above Post Office) Bedford, KY 8 p.m.

Sobriety First
St. Albans Episcopal Church (Baseme 9004 Beulah Church Road 8 p.m.

Corydon '
Next Step Bldg.
1200 Maple Street
Corydon, IN
8 p.m.

We Care Care Center 3705 Bells Lane 8 p.m.

30th & Market Group (NS) Baptist Tabernacle 2854 West Market Street 8 p.m.

Pewee Valley Group Pewee Valley Presbyterian Church 119 Central Avenue Pewee Valley, KY 8 p.m.

Afterglow Group Musicians Hall 1436 Bardstown Road 10:30 p.m. We Came Together Group NSE Pigeon Repost \$400 Applegated and 10 30 p.m.

Agape Group Token H. Club 401 Duiching Lane 10:30 p.m.s.

a EGOTICS

SUNDAYS

Spiritual Not Religious Gröup (Seasonal) Chemkee Park at Hogan's Fountain Jucy to Pavilion)

Seremiyom Sunday (NS))-Grace Hope Peesbyle nan-Church Clay and Breckenings Speets 150 p.m.

Omanusetticid Resprection Academy 4505 Boptan Level Road 6 p.m. 3

Miracle on 22nd Street
Hurblett rample A M.B. Zaon Church
Will West letterson Street
7 pags

The NA Meeting (NS)
Grace Immanuel Church
1612 Story Avenue
30 p.m.

Walkin' & Talkin' Recovery 4909 Indian Trail Community Baphst Christi Amoex 8 pm 1900e Sweet Home Wext Step Bides

Home-Sweet-Home Next Step Bidge 1200 Maple Road Corydon, IN 5:30 p.m. other Chance Group Henderson House 715 Main Street Shelbyville, KY 7:30 p.m.

New Beginnings Jane Todd Hospital Hospital Hill Greensburg, KY 7:30 p.m.

MONDAYS

Restored to Sanity Pleasant View Baptist Church 2600 Virginia Avenue 11:30 a.m.

Caring Thru:Sharing (NS)
Bardstown Read Fresbyterian Church
1792 Bardstown Road
12:0000

Faith Group (NS)2-TADAG Caletonae 600 South Breston Sucet. 7 30 pm.

Serenity Group CARIIAS Peace Cente 2020 Newburg Road

Againspall Odds NS) Trigand Muhammad Ali Boulevare 730 pm.

Boint of Freedom
Salvation Army, Social Services Bldg. Armex
803 South Brook Street

Serichfield, Kennicky Seniot Citizens Bldg Old Hospital Market Sirec Eerichfield, KY

Dope or Us Noken Club 501-Bearl Street New Albany, IN

TUESDAYS

Gratefully Dedicated (NS)
Zion Bapist Church
2260 West Multanimad Ali Bouleyard
12 noons

Saturday Night Live (NS) Greater Good Hope Baptist Church 1100 South 26th Street 7:30 p.m.

Step Up Group (NS) The Healing Place 1000 West Market Street 8 p.m.

Take It E-Z E-Z Doz It Club 1939 Lower Hunters Trace 8 p.m.

Basic Meeting (NS) Salvation Army 311 East Main Street (E.S.T.) 7:30 p.m.



# Al-Anon Family Groups for Families and Friends of Alcoholics

4400 Bishop Lane, Suite 104 Louisville, KY 40218 Telephone: (502) 458-1234

Office Hours: Closed holidays and Monday-Thursday, 10 a.m. to 4 Friday, 10 a.m. to 1 p.m. Summer-Beeper keeps office always

Purpose: Helping families and frien alcoholics

Service Area: Southern Indiana, Louis and Jefferson, Oldham, Shelby, Bullitt, and Henry counties in Kentucky

Services: We provide information such a lists of Al-Anon mailings and speaker lists. Al-Anon publications are for sale and distribution. Volunteers are available to share their experience, strength, and hope to solve common problems.

Eligibility: Relatives and friends of alcoholics whose lives have been affected by someone else's drinking

Watterson Expressway: Al-Anon meetings are held throughout the service an

Transportation: All Anon vides not provide transportation. Members officer share transportation.

# LLC

4520 Bardstown Road Louisville, KY Telephone: (502) 452-1551 Fax: (502) 452-1531

# Aponte and Associates, Inc.

Joseph F. Aponte, Ph.D. Catherine E. Aponte, M.A. Medical Arts Building 1169 Eastern Parkway, Snite 22 Louisville, KY40217 Telephone: (502) 456-5797

Office Hours: By appointment, evenings and Sanndayappointments are available

Purpose: General practice of psychology with special experience with substance abuse and a faintles obsubstance abusers marital therapy

ervice Areas Southern Indiana; Comsyille area ervices: Esychological testing and yidhal therapy family therapy group therapy consultations are

Eligibility Oper

# Baptist Hospital East/ Chemical Dependency Program

4000 Kresge Way Enrisville, KY 4020 Telephone: (502) 896 Access Center: 896-7105 (24 hours

Hours & Lin 10 Japin: for hospit 24 hours for Access Center line 11.

Assessment only for adolescents

Free concerned-persons group (three sessions are available. Call for further information.

### Bridgehaven

1423 South Fourth Street Louisville, KY 40208 Telephone: (502) 637-1454

Office Hours: 8:30 a.m. to 4:30 p.m.

Purpose: Psychological rehabilitation

Service Area: Seven county area, Southern

Services: Psychological rehabilitation; partial hospitalization; medication review; outpatient, group, and individual psychotherapy

Eligibility: Major mental illness, not a danger re-self-or others not actively abusing substances

Transportation: Bus

Fees: Insurance/Sliding scale is based on ability to pay

How to Apply: Call Director of Admissions ai4502) 637 1454

# Charter Hospital of Louisville

Eoursville, K.Y. 40207 Telephone: (502) 896-0495

Office Hours, 22 hours a da

Purpose: Provide to a continuum of substance abuse/dual diagnosis services

Service Area: Kentiicky and Southern Indian

ervices: Inpatient detexification and rehabilitation, partial hospitalization, individual and group outpatient the apy 3 month after care program; free initial assessments and family program; AA/MA mvolvement, multidisciplinary treatment team phsists of psychiatrist, purses, psychologists, ertified addiction therapists, activity therapist, dietitian, social workers, and family therapist, codependency services available on cinpatient and outpatient basis.

Accessibility: Disabled accessible

Transportation: Provided by chent; however Charren will provide transportation for energency situations

Fees Variable rates, contact the office

How to Apply: Contact intake office (502) 896-0495

# Rehabilitation and Recovery, Inc.

1169 Eastern Parkway Medical Arts Building, Suite 1138 Louisville, KY 40217 Telephone: (502) 451-3932

Office Hours: Monday through Friday, 9 a.m. to 5:30 p.m.; Saturday, 9 a.m. to 4 p.m. Telephone is answered 24 hours a day.

Purpose: Psychiatric evaluations; substanceabuse evaluations; and counseling for adults, adolescents, and families.

Services: Drug/Alcohol recovery groups; individual sessions; education; family dynamics; communications, job-search; career planning; and anger-management groups

Staff: Certified alcohol and drug counselors, psychiatrists, social workers, certified criminal justice specialist, communication specialists, and other professionals within our Daus and Associates Organization

Eligibility: All persons

Accessibility: Disabled-on TARC, Transit line-unlimited parking

Fees: Call for more information; a sliding-fee scale is available.

How to Apply: Call 451-3900 for an appointment. Ask for James Armstrong, G

# Riffe Counseling and Consulting Services

106 Fairmeade Road Louisville, KY 40207 Telephone: (502) 895-9095 Contact: Dr. David Riffe

Office Hours: 10 a.m. to 10 p.m. Monday through Friday

Purpose: To provide counseling (spi in anger management and domestic and training workshops

Services: Alcohol/Drug abuse (adult all child), family, individual, and marital counseling. Groups: parenting, adolescent conduct disorder, adjustment reaction, domestic violence

Eligibiltiy: Private pay or third-party reimbursement; Children, adolescents, adults, and families

Transportation: On bus line

Fees: Call for exact information.

How to Apply: Call (502) 895-9095.

# John P. Sohau Therapy Services

1169 Eastern Factory
Medical Aris Building, Suite 335 Medical Arts Building, Suite 3338, Lonisville, K V. 40247, Telephone: 45021 458, 8548, Office Hours: 7330 a.m. 203 p.m. Purpose Mamagg-family individual substance abuse therapy.

Eligibility. All persons by appointment

Accessibility: Disabled for transit line

Transportation: Plenty of free parking

Fees: \$65

How to Apply: Call for an appointment.

# Dr. Donald T. Stokes and Associates, Inc.

1941 Bishop Lainer Stites Louisville, KY 40218 Telephone: (502) 459-6675

Office Hours B.a.m. to 4130 jum.

24 hours a day

Purpose Counseling in chemical dependence

Services Assessment intervention, counsing for families, individuals, groups; atterfor individual chemic and other family members

Eligibility Adolescents and adu

Toressibility. Picabled accession

How to Apply: Call for an appointment.

#### Patrick Whelan

1238 E. Broadway Louisville, KY 40204 Telephone: (502) 584-07 (812) 967-4199

EOffice Hours; By appointment 24 hours a day

Services: Individual and group counseling for adults and adolescepts, specializing its chemical dependency and its effects on the family

Fee: Call for more information.

How to Apply: Call for an appointment.

# fferson County Public Schools

Employee Assistance Program Department of Business Affairs/Benefits Unit 3332 Newburg Road Louisville, KY 40218 Telephone: (502) 485-3436

Office Hours: 8 a.m. to 5 p.m.

Purpose: Assist employees with problems that may be affecting their ability to do their job effectively, including alcohol and substance abuse

Service Area: All employees of Jefferson County Public Schools

Services. Confidential referral to outside counseling agencies under contract with the District

Fees: None for first threewisits; subsequent visus may require health-insurance coordination.

How to Apply Call the Business Affairs Office at 485 3168 of the Benefits Unit at 485-3436 and ask to speak lo an EAP intake Your signature below indicates that you have received a copy of Miller Transportation's Drug and Alcohol Policy and a list of Substance Abuse Service Providers.

Signature	
515mmm	
Print Name	٠.
Date	-

# PROCEDURES FOR SAFETY MANAGEMENT CONTROL

Beginning with the primary employment of a driver, required background checks for employment and safety are checked and drivers must have a current physical and are sent for a pre-employment physical. After the basic paperwork is done, all drivers must attend an orientation class for the company regarding policies and procedures, as well as orientation to our equipment. As outlined in accordance with the DOT regulations, our drivers have instruction both in classroom and in the field in Whistle Blowing, Hours of Service, Nutrition and drug awareness, and driver qualifications. All also sit for classes in the Smith System of Safe Driving, Defensive Driving Techniques, Passenger service and safety, and Log Book Procedures. In addition they then spend at a minimum of three training runs with other regularly employed seasoned drivers, before they go out on their own. This process is recorded with the Safety Director and upon completion, each is issued a certificate and a driver release form is filed with the dispatcher for the driver to get regularly dispatched.

Regular annual driver license checks are done on all drivers, mechanics, and wash personnel as well as al are included in the random drug pool. On top all Management personnel have been trained in Drug Awareness and monitor all employees. Miller does incorporate a drug and alcohol policy and program that is in accordance to and or stricter than federal requirements.

Randomly the Safety department pulls drivers to inspect their logs and paperwork as well as verifying that all current information on the driver is up to date to the best of their knowledge. The in house safety department, to insure that policies and procedures for driving, pick-up and drop-off of groups, on time service, and equipment appearance and safety are maintained, also performs Field checks and monitoring. A full disciplinary action program is in place to reprimand operators whom are not in compliance.

We have enclosed additional attachments to further outline the above procedures.

# Safety And Compliance Summary

Miller Transportation Bus Service Safety and Compliance is maintained and overseen by Miller Transportation Inc of Louisville, Kentucky. Along with an on-sight person in Indianapolis to carry on daily monitoring of scheduling, activities, and drivers log verification; Miller Transportation Bus Service utilizes the services of the Miller Transportation Inc. Safety Program for Driver Qualification, Training, and Accident Investigation. Policies adopted and enforced by Miller Transportation Inc have also been adopted for Miller Transportation Bus Service.

Miller Transportation Inc. Safety Department's Safety Manager oversees the Safe, reliable, Clean, Courteous and on-time service to our customers. Further, all Operators, Office Staff, Service, and Maintenance Personnel are charged with the responsibility of insuring the safety of passengers, employees, property, and those coming in contact with the system. The Safety Manager is authorized and directed to develop, implement, and administer a comprehensive and coordinated Safety and Training Program to prevent, control, and resolve unsafe conditions, which may occur. This authority includes the right to stop any operation immediately, which the Safety Manager feels is unsafe. It is employees's responsibility to fully cooperate with the Safety Manager and provide them with any requested information to assist in any investigation that is being conducted.

A program has been set in place along with the cooperation of the company's insurance carrier, which sets details of Minimum Driver Hiring Requirements. This outline is available for review at any time and includes items such as minimum age requirements, Driving Record Checks, Background checks, Physical Examinations, Pre Employment Drug Tests, and Training Requirements for New Hire Drivers as well as Tenured Drivers. All Operators are monitored for performance and safety on a regular basis for Motor Vehicle Records, Driver Performance, Accidents, Customer Complaints, Log Violations, Drug and Alcohol Testing, and Company and D.O.T. Compliance.

EVIDENCE OF INSURABILITY
LEXINGTON-FAYETTE URBAN COUNTY GOVERNMENT PROJECT
(Use separate form for each Agency or Brokerage agreeing to provide coverage)

Names Insured: Miller Transportation,	inspectation, Inc			Employee ID:	
Address: 7917 Old Third St Rd	St Rd			Phone: <u>800 · 544 · 2383</u>	44.2383
Lowisville, Ky	40a14				
Project to be insured: Charty Bus Service	r Bus Service	A COLOR OF THE COL			
In lieu of obtaining certificates of insurance at this time, the undersigned agrees to provide the above Named Insured with the minimum coverage listed below. These are outlined in the Insurance and Risk Management of Part V (Special Conditions), including all requirements, and conditions:	ance at this time, the undersigned agret $V$ (Special Conditions), including	rees to provide the above Named In all requirements, and conditions:	ssured with the minimum coverage	listed below. These	are outlined in the
Coverage	Minimum Limits and Policy Requirements	Linits Provided To Insured	Name of Insurer	A.M. Best's	Best's
CGL	\$3,000,000/per occ. \$5,000,000 aggregate	\$5,000,000 / 000.	Protective	,	A +
AUTO	\$5,000,000/per occ.		Protective		A+
WC	Statuatory w/endorsement for Employer's Liability for \$500,000/ per occ.	\$ 2,000,000	KESA		
The Risk Management Provisions Insurance and Indemnification required provisions, statements regarding insurance requirements, and the undersigned agrees to abide by all provisions for the coverage's checked above unless stated otherwise when submitting.  CARCLUS Miller	ance and Indemnification required ps stated otherwise when submitting.	provisions, statements regarding ins	urance requirements, and the under $CARCV_{DD}$ $M_{i}$	ndersigned agrees to abi	de by all provisions
kerage	Sure-Line Services, Inc.		d Repre	ative	
Street Address 7917 CIA 7	7917 Old Third St Rd		The Contract of the Contract o	W	
City Lowisville Telephone Number	State Zin	Zip	Authorized Signature	IN SO	Son Son
NOTE: Authorized signatures may be the agent's if agent has placed insurance through an agency agreement with the insurer. If insurance is brokered, authorized signature must be that of authorized representative of insurer.	the agent's if agent has placed insura	ince through an agency agreement v	vith the insurer. If insurance is brok	cered, authorized sig	nature must be that
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		LOUISVILLE, KY 40214		INSURER D:			
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# **Lexington Parks and Recreation**

# **School Bus price List**

### Bid Invitation 173-2012

# All trips originating from Lexington, KY and up to 8 hours of service. Price is per bus.

Destination	Price for Up to 8 Hours of Service
Carter Caves	\$605
Cincinnati (not Kings Island)	\$560
Frankfort	\$425
Georgetown	\$390
Kings Island	\$625
KY Down Under	\$650
Local Lexington	\$360
Extra pick-up	\$30
Extra stop	\$20
Louisville	\$560
Natural Bridge	\$475
Newport, KY	\$560
Nicholasville	\$390
Shakertown	\$425

Camp Kearney		
Full Day	\$412	
AM only	\$320	
½ day	\$370	