

**AFFIDAVIT**

Comes the Affiant, Carla Cesario, and after being first duly sworn, states under penalty of perjury as follows:

1. His/her name is Carla Cesario and he/she is the individual submitting the proposal or is the authorized representative of C Cesario Medical Consulting LLC, the entity submitting the proposal (hereinafter referred to as "Proposer").

2. Proposer will pay all taxes and fees, which are owed to the Lexington-Fayette Urban County Government at the time the proposal is submitted, prior to award of the contract and will maintain a "current" status in regard to those taxes and fees during the life of the contract.

3. Proposer will obtain a Lexington-Fayette Urban County Government business license, if applicable, prior to award of the contract.

4. Proposer has authorized the Division of Central Purchasing to verify the above-mentioned information with the Division of Revenue and to disclose to the Urban County Council that taxes and/or fees are delinquent or that a business license has not been obtained.

5. Proposer has not knowingly violated any provision of the campaign finance laws of the Commonwealth of Kentucky within the past five (5) years and the award of a contract to the Proposer will not violate any provision of the campaign finance laws of the Commonwealth.

6. Proposer has not knowingly violated any provision of Chapter 25 of the Lexington-Fayette Urban County Government Code of Ordinances, known as "Ethics Act."

**Continued on next page**

7. Proposer acknowledges that "knowingly" for purposes of this Affidavit means, with respect to conduct or to circumstances described by a statute or ordinance defining an offense, that a person is aware or should have been aware that his conduct is of that nature or that the circumstance exists.

Further, Affiant sayeth naught.

Carla Cesarino

STATE OF Florida

COUNTY OF Monroe

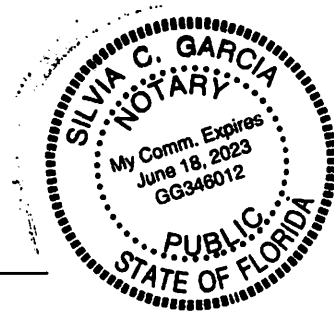
The foregoing instrument was subscribed, sworn to and acknowledged before me

by Carla P. Cesarino on this the 10th day

of June, 2022

My Commission expires: 6/18/23

Silvia C. Garcia  
NOTARY PUBLIC, STATE AT LARGE



Firm Submitting Proposal: C Cesario Medical Consulting LLC

Complete Address: 200 14th Street Key Colony Beach FL  
Street City Zip 33051

Contact Name: Carla Cesario Title: Resident

Telephone Number: 305 389 8713 Fax Number: \_\_\_\_\_

Email address: ccesariomc@gmail.com

## **GENERAL PROVISIONS**

C Cesario Medical Consulting LLC agrees to comply with all statute, rules and regulations governing safe and healthful working conditions, including Occupation Health and Safety Act of 1970, and KRS Chapter 338, and agree to notify the LFUCG in writing immediately upon detection of any unsafe and/or unhealthful working conditions at the job site. C Cesario Medical Consulting LLC agrees to indemnify, defend, and hold LFUCG harmless from all penalties, fines or other expenses arising out of C Cesario Medical Consulting LLC's alleged violation of said laws.

C Cesario Medical Consulting LLC has carefully examined the specifications, scope of work, and all provisions relating to the work to be done attached hereto. C Cesario Medical Consulting LLC understands the meaning, intent and requirements of the RFP and I agree to fulfill the requirements as stated.

C Cesario Medical Consulting LLC agrees to abide by the Equal Employment Opportunity Laws, and the Kentucky Equal Employment Opportunity Act of 1978 as set forth in the RFP #31 – 2022.

C Cesario Medical Consulting LLC is a Sole Proprietorship, with no employees, and no current plan to hire a work force, therefore the Affirmative Action Plan, and MWDBE participation goals may not applicable.

C Cesario Medical Consulting LLC acknowledges that the LFUCG is a governmental entity, and the contract validity is based upon the availability of public funding under the authority of its statutory mandate.

### **Indemnification and Hold Harmless**

C Cesario Medical Consulting LLC understands and agrees that it shall, prior to final acceptance of this proposal and the commencement of any work or services demonstrate the ability to ensure compliance with the indemnity provisions and other risk management provisions. C Cesario Medical Consulting LLC currently maintains appropriate levels of both General Liability and Professional Liability Insurance that meets the RFP required insurance guidelines. Given C Cesario Medical Consulting LLC is a Sole Proprietorship, Worker's Compensation and Employer's Liability Insurance is not currently required, or part of its Insurance Portfolio. Should Workers Compensation or Employers Insurance be a requirement, I am willing to discuss procurement of such Insurance, and will add the incremental cost at such time.

### **Safety and Loss Control**

C Cesario Medical Consulting LLC shall comply with all applicable federal, state, and local safety standards related to the performance of work or service under this agreement and take necessary action to protect the life health and safety and property of all of its personnel on the job site, the public, and LFUCG.

### **Verification of Coverage**

C Cesario Medical Consulting LLC agrees to furnish LFUCG with all applicable Certificates of Insurance signed by a person authorized by the insurer to bind

coverage on its behalf prior to final award, and if requested, shall provide LFUCG copies of all insurance policies, including all endorsements.

### **Right to Review Audit and Inspect**

C Cesario Medical Consulting LLC understands and agrees that LFUCG may review, audit, and inspect any and all of its records and operations to ensure compliance with Insurance Requirements.

## **GENERAL SPECIFICATIONS**

### **Company Description**

C Cesario Medical Consulting LLC was established July 6, 2015, headquartered in Miami, Florida, and is licensed in the state of Florida to provide Medical and Mental Health Audit, RFP Consultation Services, and Compliance Consulting Services.

C Cesario Medical Consulting LLC is a Sole Proprietorship.

C Cesario Medical Consulting LLC has reviewed and understands the Qualifications as listed in the RFP #31- 2022. I agree with the Scope of Service Requirements listed in the RFP for the Mental Healthcare Compliance Monitor and will comply accordingly.

### **Qualifying Experience**

C Cesario Medical Consulting LLC has extensive clinical and administrative experience spanning 32 years in the specific area of health and mental health in corrections. Carla Cesario, LICSW, CCHP background began as a mental health clinical intern in the Massachusetts Department of Corrections. I worked my way up to Regional Health Clinician, then statewide Director of Mental Health then moving on to become the Health Service Administrator of a maximum, medium, and work camp, was promoted to Regional Administrator where my functions were largely audit related, troubleshooter throughout the country for a correctional healthcare company. Promoted to Regional Vice President, Senior Vice President with oversight for 65 jails, then Chief Operating Officer. The promotions involved more supervisory and management responsibility, contract oversight, and client centered approach. In 2014 I retired then formed an independent consulting company. My educational background coupled with my extensive targeted jail mental health care experience provides me the unique ability to anticipate the audit and compliance needs of Lexington Fayette Urban County Government.

C Cesario Medical Consulting LLC currently provides consulting and audit services to ten (10) jail contracts, and one (1) juvenile detention facility. The counties that I have contracts with utilize five (5) different correctional health care companies, and community FQHC programs. This significant working knowledge of correctional companies provides me with a window into to their company's mission, management philosophy, staffing capabilities, operational approach, and policies and procedures. My ability to define and review and compare best practices in the industry is unsurpassed by most correctional health care consultants.

I also hold CCHP certification by National Commission on Correctional Health Care (NCCHC), firsthand, and vast experience with American Correctional Association (ACA), and Federal Prison Rape Elimination Act (PREA). This national accreditation standards knowledge will enable me to have a sharp, keen eye towards ensuring that contract compliance measures are implemented and encompass all of your mental health accreditation needs and standards.

I enclosed my CV for your review and consideration, which highlights my professional work experience. Having personally held the majority of the operational leadership roles within a correctional healthcare company, I am perfectly positioned to understand what specific protocols and procedures need to be in place to facilitate and maintain a successful contract. I will use these competency skills on behalf of the Fayette-Lexington Urban County Division of Community Corrections to ensure the auditing and consulting process is one that meets quality assurance, inclusive of applicable standards, and one that will lead to cost effective solutions, and contract stability.

Additionally, my ongoing consulting and auditing professional relationship with a multitude of Counties throughout the United States affords me access to comparative historical data and current practices. These Counties who work with five (5) different correctional health care companies provides me with extensive comparative data analytics in order to determine Best Practices to promote and facilitate paradigm shifts in order to improve quality of care metrics, while increasing cost effectiveness. Being the medical consultant for Lexington Fayette Division of Community Corrections, who is on site quarterly, provides me firsthand, current knowledge of the administrative and operational functions within the jail facilities. Knowing the historical operational program, and guidelines as well as the obstacles and impediments, promotes discussion for resolution that meets standards, and is attainable. The ability to also provide consultation services for the mental health contract is optimal to be able to provide comprehensive clinical service delivery models.

C Cesario Medical Consulting LLC sole member is Ms. Carla Cesario, who has over 32 years of managerial, clinical, operational, and progressive supervisory experience in the specific area of developing best practices, managing, and facilitating correctional healthcare contracts, monitoring contract performance, executing provider contracts, and subcontracts throughout the United States. Of importance is my particular experience in the jail market. C Cesario Medical Consulting LLC currently provides contract monitoring and auditing and consultation services in eleven (11) facilities in five (5) states.

- **Lexington Fayette, Lexington, KY**
- Charlotte County Jail, Punta Gorda, FL
- Collier County Jail, Naples, FL
- Louisville Metro Detention, KY

- Mobile County, AL
- Monroe County, FL
- Will County Adult Detention, IL
- River Valley Juvenile Detention, Will County, IL
- St. Lucie County, FL
- Santa Ana Police Dept, CA
- Indian River County, FL

### **Summary of Duties and Responsibilities**

Guarantee the performance of all of the below functions required of a consultant, including reporting, decision-making, change management, and evaluation of key performance measures of the vendor's contract:

- Identify and share with the Director of Corrections, or designee specific efficiencies and best practices that seek to improve inmate mental health services and increase cost effectiveness of the mental health services contract.
- Ensure onsite review and compliance checks on the operational and clinical activity being accounted for, the effectiveness and efficiency of operations activity, proper staffing ratios, and financial audits.
- Review the quality, and compliance of local and national guidelines for mental health standards in jails. Provide feedback and recommendations based on 32 years in correctional health and mental health recognizing market trends and best practices.
- Validate and ensure training and educational requirements are being adhered to.
- Monitor and review the comprehensive discharge planning program.

### **Objectives**

**Among the various results to be achieved by your mental health care provider, these are the key objectives:**

Managers' skills are sufficient for them to lead a mental health care staff both operationally and administratively and behaviors are directed at delivering compliance to the mental health care contract and all of its terms and conditions.

Accountabilities are clear, and there is no role confusion at the clinical services level.

Communication flow between the mental health care provider, the client, and C Cesario Medical Consultant is clear, rational, and collegial.

Obstacles presented by systems, procedures and culture are identified and removed as appropriate.

## **Methodologies**

In order to meet objectives, my consulting firm will facilitate and provide oversight to the governance structure; facilitate and participate in MAC meetings, assist jails senior leadership to set timelines and milestones, and gather resources as necessary for committees to be effective. Achieving the objectives would include, but not be limited to, the following activities:

Monitor the mental health vendor's provider network to ensure the taxpayers benefit from strategic coordination and management of mental healthcare services, not only within the facilities, but also within the community. Review and analyze pharmaceutical cost reports to ensure the mental health care vendor is accessing optimal rate structure and formulary management.

Ensure that the Scope of Services in the mental healthcare provider's contract are adhered to and complied with on all levels i.e., medical records, pharmacy management review, including MAR review, and compliance with industry standards for timely ordering, and delivering of medication.

Audit Mental Health, and Psychiatry/Mid-level practitioner sick call, routine appointments, emergency services, and positive results for fourteen (14) day Mental Health History to determine they are timely and effective, and also meet the applicable standards.

Audit and review that the health care services contractual personnel requirements are being adhered to. Calculate performance penalty rate structure where in indicated. Ensure healthcare staff have necessary credentials to perform specific roles.

Evaluate Continuous Quality Improvement Indicators and Plan. Measure against compliance metrics with local and national accreditation models.

Identify and contribute subject matter expert support through a collaborative process with the senior leadership team.

Estimate the financial impact and ROI of potential strategies, including project specific expenses.



Group facilitation where needed, to include observation and feedback with recommendations on how to improve processes and outcomes.

### **Term**

The Annual Cost for Audit Services is \$14,575. The annual price is inclusive of quarterly site visits, report and unlimited consultation, correspondence, and phone calls throughout the contract term. Should the County exercise their option to renew, the annual price increase is 10% each contract year.

In closing, if C Cesario Medical Consulting LLC is selected as your Mental Healthcare Contract Compliance Monitor, the Lexington Fayette Urban County Division of Community Corrections will benefit from my targeted experience in the correctional healthcare market specifically, county jails, spanning over several decades. C Cesario Medical Consulting has a significant presence in the correctional comprehensive health care monitoring and consulting market in five states with an ADP of approximately 17,000 inmates.

Together, we will measure improvement strategies, compare data analytics, with the goal of improved mental health care initiatives while reducing the cost burden to taxpayers. My extensive experience has enabled me to quickly identify and assess the effectiveness of the programs and initiatives to ensure they are promoted and adhered to, in order to achieve health care quality, and cost effectiveness.

I look forward to the opportunity to meet with you to answer any additional clarifying questions, and hope that I am afforded the opportunity to expand my current scope of service to include Mental Healthcare Compliance Monitor scope of work.