



# NEW SENIOR & THERAPEUTIC CENTER

URBAN COUNTY COUNCIL WORK SESSION  
AUGUST 27, 2024



**LEXINGTON**

# PROJECT TEAM

## Design team:

Architecture and Interior design: **EOP Architects**

Consultant (Design for Seniors): **Lifespan Design**

M/E/P/FP engineering: **CMTA**

Structural engineering: **Yeiser Structural**

Site design and Civil engineering: **Element Design**

## LFUCG Project Team:

Lisa Grober, Capital Project Management

Kristy Stambaugh, Aging & Disability Services

Jill Farmer, Therapeutic Recreation

Adrienne Thakur, Parks & Recreation

Monica Conrad, Parks & Recreation

Kacy Allen-Bryant, Social Services

Chris Ford, General Services

# SENIOR & THERAPEUTIC RECREATION (TR) CENTER

Space to be utilized by both senior adults and TR participants

- Maximize opportunities for both groups
- Expand fitness opportunities and classrooms for senior programming
- Provide inclusive and more accessible environment for TR programming
- Provide permanent home for TR programming

*All program space will be built with universal design principles,  
furnishings will be suitable for all populations*



# 2024 SENIOR PROGRAMMING STATS

## Fitness and Recreation Programming Greatest Demand

- 1,657 people participated in Fitness  
39,477 times
  - 1,309 average number of times equipped fitness used per month
- 1,022 people participated in Recreation  
15,756 times
- 770 people participated in Education  
2,508 times



# 2024 TR PROGRAMMING STATS

All TR Programs are in great demand, always full, with waitlist due to demand and limited staffing.

- **1,175** - Participant experiences over a broad range of programs (fitness, archery, yoga, art, music, drama, choir, dances and special events, etc.)
- **8** - Average number of people on waitlist per program ( 48 -50 programs offered per year)
- **20** - Number of different facilities used within the city to host TR programming.



# PROJECT OVERVIEW

## Budget

Professional Services:	\$ 1,440,306
Construction:	\$24,000,000
Total Project:	<hr/> \$25,440,306

## By The Numbers

26,207 Square Feet

8 Acres

201 Parking Spaces

2 Programs

1 Facility



# PROJECT LOCATION

Shillito Park





# PROJECT SITE

West Reynolds Road





# SHILLITO PARK

- Ability to expand services to the community by utilizing a current LFUCG asset
- Proven success with a park
- Vehicular access
- Access to Miracle League Field, Shillito playground, paved trails, pool, outdoor pickleball and tennis
- Provides city wide coverage
- Available green space
- Available utilities



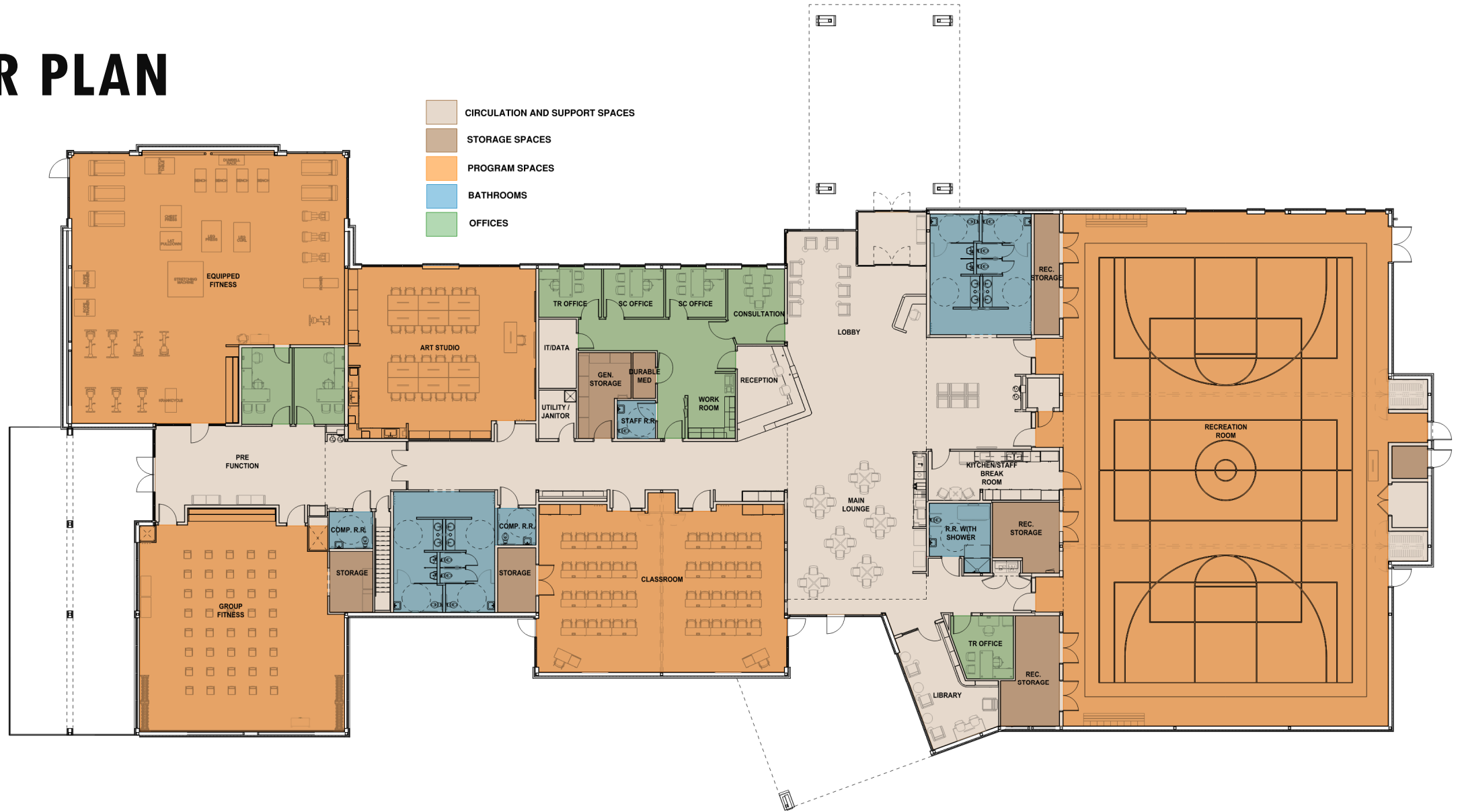


# EXTERIOR





# FLOOR PLAN



# LOBBY





# ART STUDIO



# RECREATION ROOM

- Archery
- Beat Drum Boogie
- Group Fitness
- Heavy Bag Training
- Indoor Pickleball
- Parties
- Summer Camp
- Wheelchair Sports





# CLASSROOMS

- Music
- Community Education & Resources
- Technology Assistance
- Book Clubs
- Card and game playing
- Life Skills
- Language Classes (ESL, Spanish)





# ART STUDIO

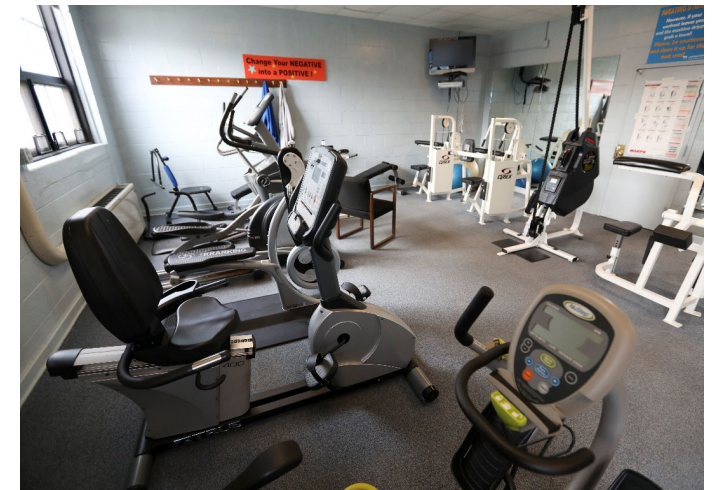
- Drawing
- Painting (Acrylic, water color, charcoal)
- Needle Crafts
- Crafts





# EQUIPPED FITNESS

- Nearly 400 square feet larger
- More space around the equipment for adaptive devices
- More Cardio equipment
- More space for stretching
- More space for free weights
- Weight Machines





# GROUP FITNESS

- Seated and Standing Classes
- Step Aerobics
- Yoga
- Tai Chi
- Balance and Fall Prevention





# PROJECT SCHEDULE

## Schedule:

- Advertisement for Bid: 9/9/2024 – 10/7/2024
- Bid Opening: 10/7/2024
- Construction: November 2024 – April 2026 (18 months)
- Ribbon Cutting: May 2026



# QUESTIONS?